



# Centennial Projects

## How 2 Guide

### **TITLE: Blood**

### **Centennial Project Area if applicable: Health**

### **Synopsis of Project:**

This project has two elements:

- 1) To encourage all Lions to support their local community through giving Blood.
- 2) To encourage all Lions Clubs to support their local Blood Bikes. A volunteer service that provides the vital transport service for Blood products around the hospitals and too and from the Air Ambulances.

### **How 2 Guide:**

#### Give Blood

I am sure that many Lions around the MD give Blood and Blood products on a regular basis. This is a vital community service, but we do not have any idea how much support is actually offered by lions. The first part of this project is to ask all clubs to record via MyLCI how many pints of Blood are donated in the year by their club members.

#### Support your local Blood Bikes

I suspect many of you may not know that the movement of Blood and Blood products between the central Blood stores and hospitals and the provision of Blood to Air Ambulances is carried out by an unusual charity that covers the majority of the UK. The National Association of Blood Bikes (NABB) are all volunteers who use their own bikes and give their time freely to transport blood and other medical items that are urgently needed when a patient's life is at risk. (I am sure you will agree this is a very Lions approach). The huge advantage of transporting these items in this way is that they are readily available out of hours and are rarely delayed in traffic. As well as saving lives they also save the NHS a lot of money.

In 2010, just one NABB member group made 2500 deliveries and travelled over 100,000 miles at a cost of around £25,000- all of which was paid for by charitable donations.

A number of Districts/Zones and clubs already support the Blood Bikes also known as Blood Runners, Freewheelers, Whiteknights, Bloodfast ,or Serv in various part of the country.

I hope this will encourage you all to support your local Blood Bikes, either through donations or via direct support with your time. Not all areas have a Blood Bikes service so maybe your club could be the catalyst in forming one!

To measure support for this project when inputting information into MyLCi certainly put in the number of volunteer hours if applicable, but if you make a donation to them covert each £10 given into one pint of Blood, so we can add the number of pints to the Blood donated by members.

### **Key Contacts and links:**

Contact and coverage details can be found via the NABB website.

<http://www.thenabb.org.uk/>

District Officer Contact: PCC Phil Robinson Email: Lionphil.robinson@gmail.com



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