

LION

AUTUMN 2019



ILFRACOMBE AND
IRONBRIDGE & SEVERN
GORGE LIONS SHARE
THEIR BEST PRACTICE
FUNDRAISING TIPS

SEE PAGE 8

INTRODUCING OUR NEW INTERNATIONAL PRESIDENT

Dr Jung-Yul Choi

SEE PAGES 12 AND 14

THE LIFESAVING
MESSAGE IN A BOTTLE
SCHEME

SEE PAGE 38



WOKINGHAM LION
CHIARA EVANS,
AND HER EVEREST
ADVENTURE

SEE PAGE 24



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PRESIDENT'S MESSAGE



Let all our lights brighten the darkness

Greetings Lions!

It is my great pleasure to address the Lion community for the first time as your International President.

As we enter a new Lion year I have high hopes for us. My focus during my presidency is on fostering diversity in service. After all, there are more than 1.4 million Lions around the world, and each of us is unique. And every one matters. This means that we have to do more than just recognise what makes us different. We have to embrace it.

There is a path I walk in my hometown of Busan, South Korea. I wake up early, before sunrise and walk. It clears my head and it's good for my spirit. I particularly enjoy watching the change from darkness to light. When I begin the day I am in the dark. As I walk, my mind clears and the sky brightens. Over the course of that walk, how I see the world is, literally, transformed.

“Only by looking at things clearly in the light of day can we hope to find common ground”

It's always interesting to see something from another vantage point. Whether it's in a new light or from someone else's perspective. Often, you see things you couldn't see before. Let your fellow Lions and your community be the sun. Let them shine light on what you may not have seen. You may not agree with how they see things, but only by looking at things clearly in the light of day can we hope to find common ground.

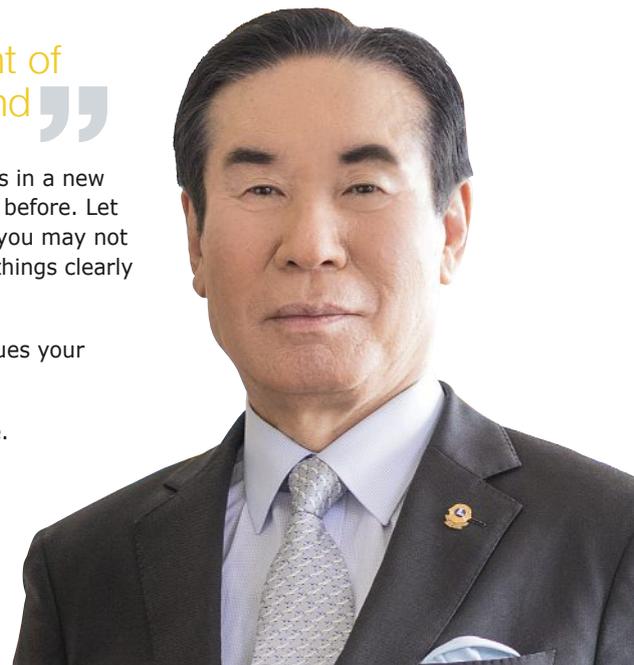
And perhaps among all those points of view you'll be able to see solutions to issues your community faces that you hadn't been able to see before.

I truly believe that by embracing diversity we will grow – as Lions and as people.

Here's to the beginning of a new year of serving through diversity.

Sincerely,

Dr Jung-Yul Choi
International President, Lions Clubs International



WE SERVE

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“To empower volunteers to Serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions Clubs.”



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COVER STORY
DR JUNG-YUL CHOI IS OUR NEW
INTERNATIONAL PRESIDENT
SEE PAGES 12 AND 14

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INTERESTED IN BECOMING A LIONS MEMBER? FIND OUT MORE AT:

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EDITORIAL



HELLO AGAIN

We have a jam-packed issue for you again – so settle back and take an armchair tour around the UK, visiting Clubs from the Welsh coast to Norfolk and from Cornwall to – well I was going to say Inverness, but the most northern Club we feature in this issue is in Cumbria. Why is that then? Come on Scotland Lions, let's hear what you're up to...

In other news, read about some new UK Lions' health-related projects – the Lions' Brain Tumour Research project on page 9, the vision screening project 'ChildSight' on page 30 and LIBRA's 'Going for Gold' fundraising campaign which aims to raise £300,000 by the end of 2024.

Fundraising gets more and more challenging these days – especially given our concerns over our economy in general so on page 8, we show you how two Clubs pull in every single penny they can and their ideas are easily transferable to your own Club. You're welcome!

LIFESKILLS WEBSITE



Lions MD 105 Lifeskills, known as 'Lions Lifeskills' has just launched its new website: www.lionslifefskills.co.uk with social media accounts: <https://www.facebook.com/LionsLifeskills> and <https://twitter.com/LionsLifeskills>

Lions Lifeskills develops and provides high quality, practical publications for professionals working with children and young people in education, such as schools and colleges and those working in informal youth work settings.

THE MOST ADVENTUROUS LION OF ALL

Now then, my challenge to all Clubs to find our most adventurous Lion – well, the one we feature on page 24 has risen to the highest of heights, excuse the pun but it will all become clear when you read it!

We know that no Lion could ever be described as a 'shrinking violet' and we are convinced there must be some more mountaineers, cave divers, balloonists and extreme ironers amongst our family, so who is the most adventurous Lion in your Club. Email me at nicky@warnersgroup.co.uk and they could appear in the next issue.

YOUR POTATO STARCH MAGAZINE WRAPPER

Just to remind you, your potato starch magazine wrapper should not be put with your plastic recycling. It is **not plastic** – but it is **100 percent degradable** so should go in the normal household waste bin, your food waste bin if you have one, or your compost heap.

Nicky Rogers
Lion editor



NEW MEMBERS



The Pride of Lions

Lions respond where there is a need and there is power in numbers, so we are delighted to welcome our new members who have joined between April and June 2019.

DISTRICT 105 A

Banbury

Richard Walford

Bedford

Nigel Nurse and Paul Graf

Edgware

Vinod Raval

Fairlop

Neshwar Lakhan

Friern Barnet Centennial

Nilesh Shah

Greenford Willow Tree

Divya Patel and Hetal Desai

Hayes & Harlington

Atmakur Goud

London Acton

Joginder Arora and Zakia Sharif

London Central Host

Berkay Ozdogu

London Westminster

Achille Marte

Milton Keynes Central

Naj Qureshi, Umar Khalil

Southall

Darminder Chadha, Manjinder Dhanda and Sukie Dhanda

Sudbury

Jital Patel, Ketan Patel, Nainesh Patel, Prashant Patel, Rajenkumar Thakkar, Rohit Fogla, Satish Pandey and Sunilkumar Patel

Tring

Angelo Ferraro

Winslow

Andrew Crossey

TOTAL NEW MEMBERS 28

DISTRICT 105 C

Bradford Central

David Algar, Gulzeb Wasti and Shama Wasti

Bridlington

Linda Conning

Castleford & Pontefract District

Jacqueline Hartless

Denby Dale District

Jan Stevenson, Andrew Scott, David Absolon, Jane Humphrey and Richard Alderson

Driffield District

Karen Winter

Featherstone

Joan Bancroft

Garforth & District

Sarah Warriner

Haltemprice

Gautam Dave

Holderness

Jean Graham and Sandra Bedforth

Hornsea District

Paul Milne

Keighley

Harry Ambler

Knaresborough

Jeremy Crow

Maltby Rother Valley

Dominic Regan

Morley & District

Mary Smyth

Pocklington District

Anthony Clark, Jackie Evans and James Pink

Thorne Rural

Paul Richardson

Tickhill & District

Beverley Fear and Sonia Armstrong

Wetherby District

Derek Stone, Glynis Frith and Philip Roston

TOTAL NEW MEMBERS 30

DISTRICT 105 D

Alton

John Partridge

Crofton

Gillian Kendall, Laraine Benbow and Neil Benbow

Eastleigh

Charles Lewry and Philip Heller

Fleet

Jacqui Morris

Havant

Robert Thompson

Henley on Thames

Marion Tagger

Hook-Odiham

Mark Hazell and Michael Cumber

Maidenhead

Edward Exler

Meon Valley

Brian Edwards

Newbury

Christopher Ferguson

Petersfield

Clive Hutton

Poole

Davina Callas

Swanwick

Jacqui Freemantle

Warmminster

Carol Blaszkiv and Geoffrey Blaszkiv

Westbury

Jenny Houghton, Joanne Bolwell, Martin Houghton and Tracy Sheppard

Woodley & Earley

Glenda Kennedy and Michael Kennedy

Woolmer Forest

Alan Murray and Janet Bates

TOTAL NEW MEMBERS 27

DISTRICT 105 E

Bourne

Amanda Nightingale, Gail Josh, Jillian Collar and Steve Kettle

Caistor & District

Stephanie Duprat

Derby

Pete Marris and Stephanie Marris

Edwinstowe & The Dukeries

Albert Rhodes and Andy Chick

Glanford & Lindsey

Joseph Haigh

Grimsby Cleethorpes

Paul Teanby

Isle of Axholme

Jake Stockwell

Lincoln

Sharon Holt

Loughborough

Mike Harrison

Louth District

Andrew Mackenzie and Stephen Gardner

North Notts

Geoffrey Hughes and Michael James

Rutland

Paul Harris

Southwell & District

Alastair Murray, Nicholas Parr and Roger Vaughan

Woodhall Spa

Caroline Chapman

TOTAL NEW MEMBERS 23

DISTRICT 105 M

Balsall Common

Christine Hornsby and Nick Clark

Birmingham Acocks Green

Maria Langford and Simon Atkins

Birmingham Chinatown

David Yates

Corby & District

Mike Taylor

Coventry Godiva

Mano Patnaik

Coventry Leofric

Clive Parker-Skelhon

Droitwich

Rachel McCafferty and Stuart McCafferty

Harborough Twenty

Liz Walsh

Malvern Hills

Craig MacBeth

Rushden & District

Joyce Dangerfield

Sandwell

Roop Sinha and Shibani Nagda

Shakespeare

Barry Shakespeare, Christine Williams and Christopher Williams

Shirley

Carl Miller

Solihull

Ioli Kynigov

Wellingborough & District

Julia Heathcote

TOTAL NEW MEMBERS 21

DISTRICT 105 W**Chippenham**

Barbara Hearn

Chipping Sodbury

Roger Cannon

Frome

Adam Kotyrba, Michael Bishop and William Button

Gower & Llwchwr Estuary

Margaret Delve, Morena Resurreccion

Hereford

Gill Tudor

Kington

Georgina Goodwin

Lechlade & District

Martin Elsender

Ross on Wye

Christopher Kirkham-Sandy

Swansea

Kathryn Lacey

TOTAL NEW MEMBERS 12

DISTRICT 105 BN**Blackburn**

Janice Calder

Bury

Katie Knight

Keswick

Caroline Price-Smith, Kevin Hodgson and Liam Maxwell

Prestwich

Austin Mbawa and Gloria Mapuranga

Warrington

Liam Horrigan

Whalley & District

Chris Peel, Michele Stones and Syed Uddin

Windermere & Ambleside

Christopher Young

TOTAL NEW MEMBERS 21

DISTRICT 105 BS**Burntwood**

Ian Rouse

Cannock

Iva Ruseva

Congleton

Giancarlo Schraner and Maria Schraner

Crewe

David Holstead

Ironbridge-Severn Gorge

Martin Lang

Llanrwst

Ann Williams, Brian White, Elizabeth Jayne Vickers, Gerri Bayley, Jonathan Youd, Ken Williams, Martin Parry and Maureen Parry

Nantwich

Elizabeth Lovell, Jacqueline Stringer, Kelly Hancock, Matthew Lovell and Sarah Bradley

Stone

Paul Warman

Wirral

Alec Ward and Glyn Benyon

TOTAL NEW MEMBERS 22

DISTRICT 105 EA**Acle & Brundall**

Claire Webster Thomas and Glyndwr Thomas

Billericay

John Glover

Brentwood

Ciaran White

Bungay Area

Amanda Pearce, Ian Brown, Luana Osborne, Michele Pearce and Zara Dyer

Clacton on Sea

Elizabeth Pomroy

East Anglia Centennial 00 Champions

Kiera Byland, Michelle Harper and Sue Farrington Smith

King's Lynn

Ian Gutteridge and Stella Gutteridge

Littleport

Genevieve Batty, Sean Cooper and Simon McCallum

Stowmarket & District

Simon Gibbs

Witham & District

Jim Litton

Wroxham & Hoveton

Kelle Wallace and Paul Wallace

TOTAL NEW MEMBERS 22

DISTRICT 105 NE**Aberdeen**

Shamit Sinha and Uche Iloka

Aberdeen Bon Accord

Mhairi Dunn

Consett

Jack Simons and Paul Jarman

Dalbeattie & District

Brian McGinily and Catherine Clark

Dumfries

Belinda Thomson

Filey

Ann Tyndall

Scarborough

Angie Kershaw

Teesdale District

Kirsty Guy

TOTAL NEW MEMBERS 11

DISTRICT 105 SE**Adur East**

David Sluys

Bexhill on Sea

Ben Field, Susan Taylor

Bognor Regis

Peter Conlon

Burgess Hill District

John Todd and Suzanne Todd

Chanctonbury

Peter Smith

Cranleigh & District

Robert Hamilton

Dartford

Ellenor Palmer and Sourin Saila

Eastbourne

Betty Stephens and Robert Francis

Farnham

Michael Hodge

Folkestone

Jacque Ravenscroft and Lesley Hughes

Gravesend District

Leslie Miller

Haywards Heath

William Balicki

Littlehampton District

Tracey Harriman

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Lesley Howes

Sevenoaks

Paul Mitchell

Southbourne West Sussex

Michael Donnelly and Pamela Morgan

Tenterden

Monica Janssens, Paul Darnell, Robin Draper and Stephen Woodman

Uckfield District

Karen Bedwell

TOTAL NEW MEMBERS 27

DISTRICT 105 SW**Bodmin**

Mark-Allan Pilgrim

Callington

Rosemaria Coakley

Cheddar Vale

Ashley Gwinn

Ifracombe Devon

Ruth Hardy

Looe

Mansell Ahmed

Okehampton

Richard Potter and Stuart Tolley

Roche

Steven Gregory

Tavistock

Jeffrey Moody

Truro

Christopher Yexley

Wadebridge

Robyn Harris

TOTAL NEW MEMBERS 11

WHAT ONE OF OUR LIONS SAYS

Lion Stuart Young RN is a member of Coventry Leofric Lions Club. We asked him why he joined and why he loves being a Lion.

"I joined after visiting my parents in Cyprus. My dad is a member of the Limassol Coeur De Lion Lions Club and they had a diabetic and health screening event in a village in the Troodos Mountains, he needed an extra pair of hands so my husband, Martyn, and I went along and supported them. I am a Registered Nurse and the impact that this small group of volunteers had on the lives of the people in the village inspired me to look into Lionism in the UK.

"I did some research online and found my Club to be active on both Facebook and twitter – the information was up-to-date and showed members of the Club serving and fundraising to help local causes.

"I went along to a couple of meetings and saw first-hand what a difference the Club is making in the local community with Feeding the Hungry, supporting Coventry Resource Centre for the Blind and fundraising for many good causes across Coventry and Warwickshire.

"I hope I bring a fresh pair of eyes and enthusiasm to enhance the work of my amazing Club, I am keen to serve my local community practically as well as raising funds and I am looking forward to living up to our motto #WeServe."

WHAT'S YOUR LION STORY?

If, like Stuart, your life has been enriched by Lionism, let us know and we could publish your story. Email the editor at: nickyr@warnersgroup.co.uk



Sharing good practice

In the Summer 2019 issue of *Lion*, we asked you to share your tips to help us all serve our communities even better. Here, we hear some enterprising ideas from two Clubs, Ilfracombe, and Ironbridge & Severn Gorge Lions, that you might be able to snaffle.

Ilfracombe Lions

Ilfracombe Lions Club organises a Lions' Den-type event, loosely based on the TV show *Dragons' Den*. They have an application form (which includes the criteria they apply to award grants) on their website and invite individuals and organisations to apply for support via a social media campaign.

Once the deadline has been reached, each application is studied and those that don't fit their criteria are politely rejected. The remainder are invited to an evening Lions' Den event where they pitch their ideas to a panel of Lions, stating what funding they need.

Every applicant that reaches this stage will get some funding, not always as much as they want but that is inevitable given the budget constraints. This year Ilfracombe Lions donated £6,500 at the event, getting very good publicity out of it – word spreads rapidly and the number of applicants increases year on year.

Ilfracombe Lion, John Forsdike, said: "I would recommend this format to other Clubs as it is easy to set up, it's a good way for organisations to mix and it doesn't prevent the Club donating in the usual way for the rest of the year."

Ironbridge & Severn Gorge Lions

Ironbridge & Severn Gorge Lions work on the 'something for nothing' principal.

Lion John Marsh explains: "Historically, our fundraising activities have involved a good deal of physical effort – typically, long days spent erecting and dismantling gazebos at summer fetes or tramping the streets with the Santa sleigh. More recently, against the background of a steadily aging membership, we have looked for ways of supplementing our income from sources which require little or no physical effort – ideally fundraising that can be achieved from the comfort of an armchair.

"We are now in the third year of this approach and it is very clearly producing results. We still attend the fetes and fun days and we still rattle our bucket at Christmas, but a very significant proportion of our income is now generated from 'armchair effort'."

This is how do they do it

1. Gift Aid on donations at events. By issuing pre-printed Gift Aid envelopes they secure a 25 percent bonus from HMRC on donations. So, the £2,800 they collected at a recent prostate cancer screening event became £3,500 with no additional effort.

2. Gift Aid on bucket collections. Pre-printed envelopes are not appropriate in all situations and they still collect a significant amount as coins in buckets. Fortunately, the current Gift Aid rules allow them to claim the 25 percent HMRC bonus on the first £8,000 of donations in this category. So, £8,000 of these small donations becomes £10,000 in the Club's charity account.
3. Lottery grants to help fund the Club's prostate screening events. They have now had a lottery grant for **each of** their last three screening events – a total of £23,212.
4. 'Give as you Live', a scheme under which on-line stores (currently over 6,000 of them) donate a small percentage of the on-line purchase price to the purchaser's chosen charity. Ironbridge & Severn Gorge Lions members have raised more than £400 by this means so far and they are now encouraging their local community to use the scheme with the Club as the selected charity.
5. Participation as a charity in the local council lottery. Individuals pay a weekly subscription of £1 and 50 percent of that sum goes directly to their nominated charity. So far, the Club has 20 subscriptions producing an effort-free income of £520 per year.
6. Securing selection as a 'local cause' by the local Co-op store. Customers have the opportunity to have one percent of their expenditure on Co-op branded food products to the Club's charitable trust. So far, at the halfway point in the year, this has raised around £500.

Lion John continues: "Given the difficult recruitment conditions that most of us face, we are convinced of the need to find new and more efficient ways of raising the funds needed to maintain our community service activities. To this end, we will be looking for ways of extending the approaches outlined above and we would welcome suggestions and advice based on the experience of other Clubs."

For more information or advice please contact Lion Colin Thompson, Secretary Ironbridge and Severn Gorge Lions, email cthompson@bcs.org.uk telephone **07970 417497**

SHARE YOUR CLUB'S TIPS

Share your Club's tricks of the trade and help us all raise more money to improve our service, just email the *Lion* editor at:

nicky@warnersgroup.co.uk



Working together to find a cure for brain tumours

We're delighted to announce a new, four-year partnership with Brain Tumour Research.

Brain tumours kill more children and adults under the age of 40 than any other cancer.

At the Convention in Swansea, Lions Clubs were challenged to raise funds in their local communities over the next four years in aid of Brain Tumour Research (BTR).

The aim is to raise an amazing £1 million!

At the end of the partnership, a laboratory in one of BTR's dedicated centres will be named after Lions Clubs International. This creates a legacy that recognises Lions' contribution to improving the lives of brain tumour patients and their families.

Several Lions Clubs around the UK have already helped BTR through the sale of pin badges, donations and fundraisers.

In May, the Lions BTR team visited the Queen Mary University of London BTR Research Laboratory to learn about its pioneering work into glioblastoma multiforme, one of the most common and aggressive forms of primary brain tumour in adults.

The team hopes that every Club will get involved each year and help raise a game-changing amount of money to help fund the fight and help find a cure for brain tumours. ■



WISH LIST

In 2020 we plan to hold a charity ball in the Birmingham area for local businesses. To maximise the profits we need your help with any of the following items:

- Venue (to hold x500)
- Table decorations
- General decorations
- Entertainment
- Raffle prizes (bottles), and
- Silent auction prizes

If you can help, please contact the Lions Brain Tumour Research Lead, Fran Stary

franstary@lionsclubs.co.uk



PICTURED: Members of the Lions Brain Tumour Research Team at the Queen Mary University Brain Tumour Research Lab, London. (L-R) Fran Stary, Sarah Holey, May Leeder, Phil Nathan and Geoff Leeder



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SWANSEA CONVENTION



The Lord Mayor of Swansea, Councillor David Phillips and the Lions of Swansea Bay host committee welcomed Lions and guests to the Multiple District Convention 2019 in May at the beautiful Brangwyn Guildhall in Swansea.

PICTURED: Swansea Bay Lions hosted the 2019 Convention

In her address, the International President, Gudrun Yngvadottir, challenged Lions to reach beyond the horizon, reminding us that we have entered our second century of service. We have a big responsibility to serve our communities for another 100 years under our five global service areas: diabetes, vision, hunger, environment and childhood cancer.

The 'New Voices Initiative' was introduced to increase membership, promote gender parity and diversity and seek to increase the number of women, young adults and under-represented populations within our association.

Focusing on retaining our current members and keeping them engaged, IP Gudrun said that we should make

our meetings fun and give members equal opportunities to serve as leaders and identify new areas for growth with new markets such as speciality clubs.

INSPIRATIONAL SPEAKERS

There were many inspiring presentations given at Convention including Lion Fran Stary, the lead on the Brain Tumour Research project (see the article on page 9 of this issue).

Kiera Byland told her story of growing up with a learning disability, but in 2015, she achieved three gold medals for Great Britain in the Special Olympics and now inspires others to achieve their dreams.

Farzin Farzaneh, Professor of Molecular Medicine at King's College Hospital spoke about the haematology team who are developing new life saving and life improving treatments. With the support of LIBRA and Lions they create and trial new treatments for a variety of blood conditions.

Leo Chanel Vigille spoke of the work of Fairlop Leos Club. One of the projects they had initiated was to provide rucksacks filled with resources for children and young people who had lost everything following the Grenfell Tower Disaster.

Lion Caroline Macdonald spoke on the Lions Youth Symposium (for those new to Lions) which was fun, interactive and informative. Caroline asked us to give new Lions the opportunity to run events and learn from them, remember – we learn more from failures than successes.

Sienna Castellon, the 2019 Young Ambassador spoke about the challenges she faces having Asperger's, dyslexia, dyspraxia and ADHD, and of the Neurodiversity Celebration Week which she has established to encourage better understanding, acceptance and inclusion.

Convention 2020 will be held next May at Stoke Rochford Hall near Grantham, Lincolnshire.

PICTURED: A packed hall at Convention



PICTURED: Behind the scenes!



Lions peace poster and essay competition



The peace poster competition and the essay competition strive to encourage young people between the ages of 11-13 to express their own personal vision of peace.

The young artists are free to use a variety of mediums and often, the finished work portrays their life-experiences and culture.

The Peace Poster MD Officers, District Officers and Clubs work tirelessly to promote both the art competition and the essay competition to their own communities and every year, we are delighted that every single District produces a winning entry, which then go on to the next round of judging.

After local judging, entries go through district judging at Lions HQ in Birmingham in November, then multiple district and international judging. At the international level, judges from the art, peace, youth, education and media communities select one overall prize winner and then the merit award winners.

The essay competition is aimed at young people with visual impairment who may find creating a poster difficult. However, the words of peace can be just as powerful.

The theme for both competitions this year is 'Journey of Peace'. All winning District entries must arrive at MDHQ by 29th November 2019 at the latest.

If you need any other information, please contact MDHQ at mdhq@lionsclubs.co.uk

PICTURED: The 2018 winning peace poster, sponsored by Petersfield Lions Club

PICTURED: 2018 Peace poster entry from District A

PICTURED: 2018 Peace poster entry from District BN

PICTURED: 2018 Peace poster entry from District C

PICTURED: 2018 Peace poster entry from District E

PICTURED: 2018 Peace poster entry from District EA

PICTURED: 2018 Peace poster entry from District M

PICTURED: 2018 Peace poster entry from District NE

PICTURED: 2018 Peace poster entry from District SE

PICTURED: 2018 Peace poster entry from District SW

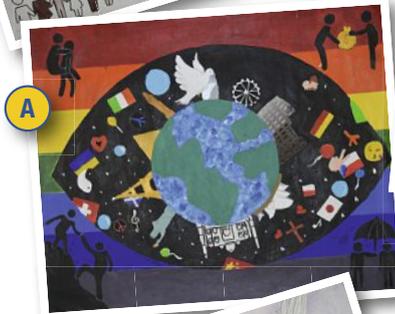
PICTURED: 2018 Peace poster entry from District W



C



D



A



NE



BN



SW



M



W



E



SE



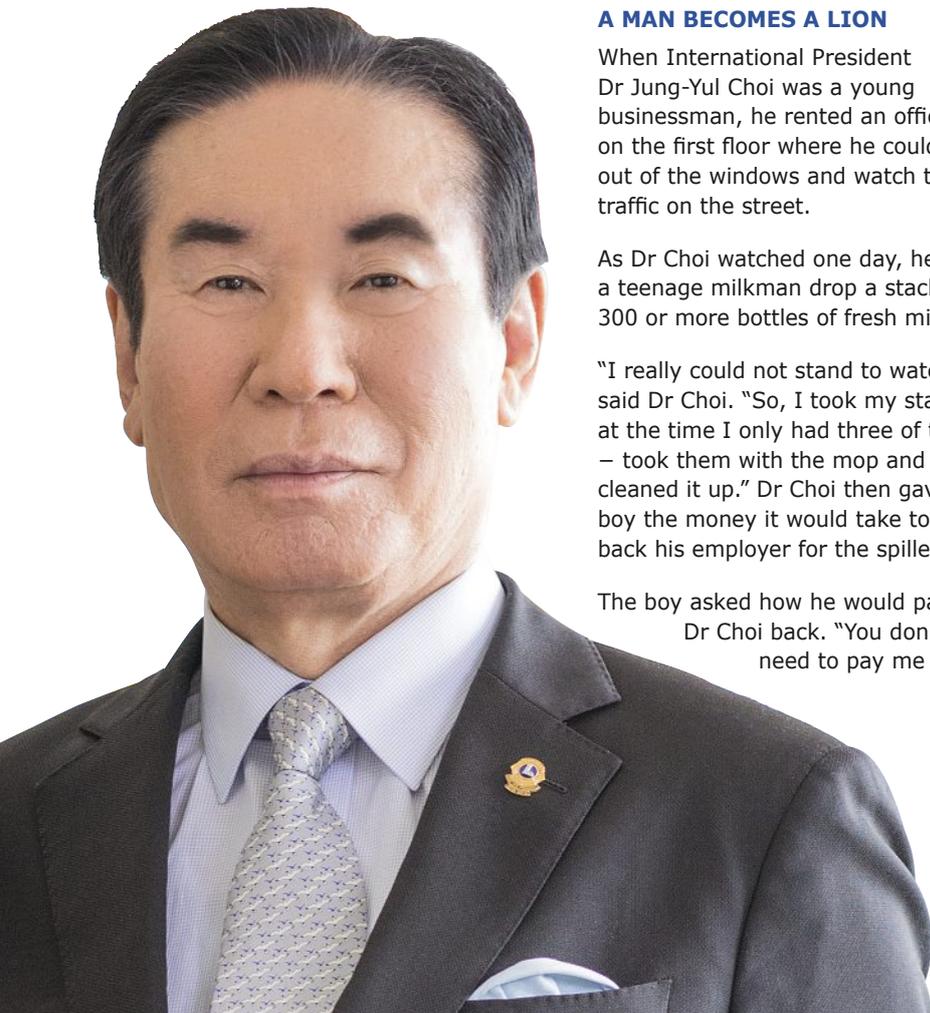
EA

Since the competition began, more than four million young people from 100 countries worldwide have participated, creating a piece of art or an essay on the idea of peace.



A duty to give back

International President, Dr Choi, reveals a life that shaped him to serve. By Erin Kasdin



A MAN BECOMES A LION

When International President Dr Jung-Yul Choi was a young businessman, he rented an office on the first floor where he could see out of the windows and watch the traffic on the street.

As Dr Choi watched one day, he saw a teenage milkman drop a stack of 300 or more bottles of fresh milk.

"I really could not stand to watch it," said Dr Choi. "So, I took my staff – at the time I only had three of them – took them with the mop and we cleaned it up." Dr Choi then gave the boy the money it would take to pay back his employer for the spilled milk.

The boy asked how he would pay Dr Choi back. "You don't need to pay me back

directly," Dr Choi told him. "You work hard, make more money, and then when you encounter someone in a crisis, you pay *him* back. Not me."

People often talk of the day they joined Lions and the moment when they became a Lion. It's recognising the difference between being a member and belonging. The difference between something you do and someone you are.

"That was my moment," said Dr Choi. "I started thinking, 'serving, it's so important. It makes me so happy.'"

DON'T BE ORDINARY

Dr Choi wasn't always in a position to make a difference the way he did for that young boy. He grew up in the port city of Busan, in the Republic of Korea. His father passed away before he was one year old, and his mother struggled to support him and his three sisters. World War II was raging and Korea was occupied by Japan. When WWII ended, the Korean War followed quickly on its heels. "It was difficult," says Dr Choi. "We were hungry. As a country, we were suffering."

His mother instilled the belief in him that if he worked harder than ordinary



people, he could become successful. He could become extraordinary.

LOVE AT FIRST SIGHT

On his way to becoming extraordinary, a young Dr Choi was walking across campus when he passed a girl he had never seen before, walking with another woman that he did know. "At first I just passed them by," he says. "But then I backed up. I thought, 'I really like her.' So I said, 'Hey.'" She agreed to a cup of coffee and it was after that first date that Dr Choi told her he would marry her.

She wasn't so sure.

"She thought I was a crazy man," he says. But five years later they married.

After decades of marriage, their bond is still strong. "She's the most beautiful girl, still today," he says.

The couple had five children together – four daughters and one son – and have two granddaughters. "How can I describe what it's like to have children?" he says. "Sometimes it's more important than my life, I will tell you."

WORK HARDER. STUDY HARDER

As a young man, Dr Choi made it his goal to become financially successful so that his family wouldn't struggle again.

He studied horticulture at college, but his real break came from the proficiency he'd gained in English. "At the time, the U.S. Military had 40,000

troops in Korea," says Dr Choi. "So, they needed interpreters."

Dr Choi served a U.S. general and became a lieutenant interpreter after graduating. When he retired from the Army, his English skills made him an attractive candidate for many international companies. After just a year and half at an export company, he decided to start his own business.

It was 1973 and at the time, Busan was exporting 85 percent of the world's athletic shoes. Dr Choi became one of the main exporters. And after a time, he achieved his goal of financial success.

FACING A NEW CHALLENGE

What would he do for the rest of his life?

Dr Choi spent many years serving in various capacities. He was the vice president of his college alumni association and spent more than 12 years as director of the sports association bureau, which oversees amateur sports in Korea. Dr Choi and his wife, Seong-Bok Yang, are avid golfers.

Though it wasn't customary for women in Korea to play at the time, Dr Choi enjoyed it so much that he bought his wife a set of clubs for her 40th birthday. She soon became much better than him. "She beats me, she's so good," says Dr Choi.

But eventually, everything took a backseat to Lions.

SERVING AS A KIND OF RELIGION

Dr Choi remembers his club helping an orphanage many years ago. They visited the small, isolated island where it was located and spoke with the children and the people running the facility. They saw that they were in need of sporting equipment and other items to give the children ways to learn and play and grow.

The club organised a large equipment and toy drive. "We asked our members to bring the things their children or grandchildren no longer played with. We told them soccer balls, volley balls, guitars – whatever they were not using!"

The children at the orphanage were very happy with the gifts and the Busan Club began holding monthly meetings in the newly stocked library. The Lions played soccer with the children. Their wives made chicken ginseng soup.

"I remember, it was a very meaningful service project for me," says Dr Choi.

When Korea was struggling as a nation, Dr Choi remembers receiving aid packages of corn and milk powders from the U.S and other countries. "We were served when we were so hungry," he says. "Now it's our turn to give back."

Today, his work with Lions is his life. "I don't have a religion," he says. "Being a Lion is my religion." ■



We Serve Through Diversity

Creating harmony through service with 103rd
International President, Dr. Jung-Yul Choi

As a Lion for over 40 years, International President Choi leads by example. His career and life have been defined by a passionate work ethic, along with a dedication to bridging differences, connecting people and embracing diversity to create harmony for all.

"If you work harder than you're expected to, extraordinary results will not be far behind."



Lions Clubs International

The Many Ways We Serve

This Year's Global Priorities



Specialty Clubs

While Lions serve a wide range of needs in their communities, more and more clubs are forming around a specific area of interest, a single cause or common background. Specialty clubs allow people to join a community that is specific to their situation and interests—growing membership and helping our organization do even greater good. See the difference at lionsclubs.org/en/SpecialtyClubs.

Members of all Ages

Our members represent every culture, background and generation. This year, we can strengthen our clubs—for today and tomorrow—by inviting young people and seniors to join us in service. This multi-generational approach is critical to unifying people, leveraging skills and experience, and making clubs a welcoming place for all. Strengthen your membership at lionsclubs.org/en/InviteMembers.

Global Causes

Our new global causes give Lions around the world new opportunities to unite so we can address some of the most pressing issues facing humanity. This year, we're encouraging all clubs to expand their service and use the resources available to them to make an even bigger difference in their communities. Find your cause at lionsclubs.org/en/GlobalCauses.

Service Journey

Learn, Discover, Act, Celebrate. These are the four steps of our new Service Journey, a comprehensive way for Lions to increase their service impact through access to resources supporting our global causes. Start your journey at lionsclubs.org/en/ServiceJourney.

Supporting Our Foundation

Campaign 100 is a three-year effort by Lions Clubs International Foundation to raise \$US300 million, with the goal of empowering the service of Lions around the world. As we enter the second year of the campaign, we want to keep our momentum going by encouraging everyone to give what they can. Together, we can bring long-term change and lasting hope to the communities that need us most. Support our Foundation at lcif.org/en/Donate.

Read the full program at lionsclubs.org





Lions Clubs International

MD105 British Isles

257 Alcester Road South, Kings Heath
Birmingham, B14 6DT
T 0121 441 4544
W www.lionsclubs.co.uk

69th Annual Convention - Official Convention Call

In accordance with Article IV of the MD Constitution, the Council of Governors hereby issue the **Official Call** for the **Convention** of the Multiple District for the year **2019-2020** which will be held in **Grantham**, Lincolnshire, on the **2nd and 3rd May 2020**.

Any Clubs or Districts wishing to submit **Resolution(s)** for consideration at the said Convention, must submit them, in writing, to be received by the closing date of **Tuesday 31st December 2019** to the Appointed Officer:

MD105 Constitutions, Nominations and Resolutions Officer
Lion Trevor Kell
19 The Avenue, South Milford, Leeds. LS25 5BB
Email: trevorkell@hotmail.com

Notification of **Resolutions** from Clubs **MUST** be accompanied by:

1. The written agreement of a Club, other than the proposing Club, to second the same
- & 2. The relevant extract from the minutes of each Club Meeting at which it was agreed that the resolution be submitted/seconded. Notification of **Resolutions** from Districts **MUST** be accompanied by the relevant extract from the minutes of the District Cabinet Meeting at which it was agreed the Resolution be submitted.

Please note that it is the responsibility of the Club or District submitting a Resolution to ensure that the Notification has actually been received by the Appointed Officer on or before the closing date stated above.

Resolutions accepted for debate at Convention are expected to be circulated to Clubs and Districts by Multiple District Headquarters on, or before, Friday 31st January 2020 (this may be done electronically).

Any Club or District wishing to submit an amendment to any of the Resolutions shall submit same to the Appointed Officer at the above address to be received on or before **Friday 13th March 2020**. Such **Amendments** from a Club **MUST** be accompanied by:
1. The written agreement of a Club, other than the proposing Club, to second the same
& 2. The relevant extract from the minutes of each Club Meeting at which it was agreed that the amendment be submitted/seconded.

Notification of **Amendments** from Districts **MUST** be accompanied by the relevant extract from the minutes of the District Cabinet Meeting at which it was agreed the Amendment be submitted.

Signed on behalf of the Council of Governors.

Lions Clubs International – MD 105 British Isles
Chairman of the Council of Governors 2019-20

#LionsGetInvolved





Coventry Leofric Lions and the Hedgehog Hospital

The Barnacle Hedgehog Rescue Centre in Warwickshire had been looking for a new shelter to house their patients and aid their recovery, so Coventry Leofric Lions agreed to buy a hospital shed from their charitable funds and saved the charity further expense by building it for them.

Hedgehogs are in decline in the United Kingdom and they need all the help they can get.

← PICTURED: Helping hedgehogs

The Bottesford Friendly Garden (BFG)

Over the past few months the Poacher Line Community rail partnership and Bee Friendly Trust have worked together with the Vale of Belvoir Lions Club, local residents, East Midlands Trains and Network Rail to transform a derelict piece of land next to Bottesford train station into a new community garden, the Bottesford Friendly Garden (BFG).

Funded by the Poacher Line CRP and the Bee Friendly Trust, the area has been transformed to a garden with plants, fruit trees and places to sit. It is also a safe haven for wildlife, with a bug hotel and pond.

The BFG was opened in June by Emma, the Duchess of Rutland. (Lion Emma is an Honorary Lion with the Vale of Belvoir Lions). She said: "The garden is a key part of the community and is right on beat with what is happening in society now with the environment."

As well as providing much needed 'muscle power' during the project, Vale of Belvoir Lions donated a four-seater bench made entirely from recycled material (mostly CD cases).

One club member has also become an official 'station adopter' and will help to continue the work that has been started by contributing to the development of the garden over the coming years.



→ PICTURED: Some of the Beaver Cub Scouts from Bottesford with Lion Emma, Duchess of Rutland



PICTURED: Bottesford before...



PICTURED: ...and after

Bexhill Lions Club against litter

Bexhill Lions joined members of the Bexhill Environmental Group (BEG) on an April Saturday for a litter pick on the Downs. Before the spring clean began, Vice President, Simon Edwards, gave everyone hi-viz vests featuring both BEG and Bexhill Lions logos, bag hoops, gloves and grabbers.

Fully armed, the group set about the task finding waste all over the area, often in difficult to get at places. They collected all sorts of rubbish; drink cans, bottles, food

containers, a tent, plastic bags, clothing, a motorcycle seat and a road cone.

Simon said: "April is Lions' Environmental Awareness Month and we wanted to do something positive to support BEG. They do a great job in the constant battle against plastic and litter that not only harms the environment but also makes our green open spaces and beaches less attractive to the community."



Coventry Leofric Lions 24th Walkathon

Coventry Leofric Lions hosted their 24th Coventry Walkathon in War Memorial Park on a gloriously sunny Sunday afternoon in the early summer.

Some 200 walkers took part and many of them dressed up for the event – there were many characters from Harry Potter, Little Red Riding Hood, Goldilocks and the three bears as well as Lord and Lady Godiva. They even had an astronaut with a rocket and planet.

Residents from across Coventry were entertained by the Coventry Girl Crew who performed some street dances before the Lord Mayor of Coventry and BBC Coventry and Warwickshire presenter, Vic Minett, started the walkathon. The Coventry Corps of Drums followed the walkers on the first lap while playing marching tunes.

Coventry Leofric Lions expect the event to have raised more than £8,000 for local good causes and charities.

PICTURED: The Coventry Leofric Lions 24th Walkathon raised more than £8,000 >>



PICTURED: Lion Norman's seat at Folly Gate

Remembering Lion Norman Cleave

Yvonne Cleave, unveiled a plaque on a seat presented to the community of Folly Gate in memory of her husband, Lion Norman Cleave. Lion Norman had lived in the village of Folly Gate all his life and had been a member of Okehampton and District Lions Club for 32 years, until he passed away on 11th May 2018.

Welcome to Ammanford!

Ammanford Lions Club were delighted to welcome International President, Gudrun Yngvadottir and her husband, while they were in the area for the Multiple District Convention last May.

Their visit began at Ammanford Station on the Heart of Wales line, one of the Club's two adopted stations, where they were joined by Geraint Morgan, Customer Services Manager from Transport for Wales and Professor Andrea Liggins, who has been working with our Club on a bee adoption scheme.

Lion Gudrun cut the ribbon on a new bench to commemorate 50 years of Ammanford Lions Club and pupils from Saron Primary School with their headteacher, Mrs Eastern, explained how they have helped to improve the station with their lovely painted mural in the waiting shelter, the insect homes and their posters discouraging litter.



PICTURED: Gudrun Yngvadottir with President of Ammanford Lions, Rhian Thomas, District 105W Governor, Sally Marsh and pupils of Saron Primary School on the new bench celebrating 50 years of Ammanford Lions



Clacton Lions Centennial Challenge – finished at last

Clacton Lions legacy project, a nurses’ room at Hope@Trinity, has been completed. The Trinity Church at Clacton already provided support for local vulnerable and homeless people, but there were major plans to improve this service to include new facilities, especially the nurse’s room, which was funded by Clacton Lions.

This was part of a major refurbishment and another £1 million had to be secured by Hope@Trinity before work could begin. After various ‘challenges’ during the works it was finally finished in May this year. As this project spanned three presidencies, all three Presidents unveiled the Clacton Lions Nurses Room plaque.



PICTURED: Clacton Presidents unveiling the Clacton Lions Nurses Room plaque



PICTURED: Incoming Warwick President, Tamara Friedrich, with Vice President, Hannah Johnson

Girl power in Warwick

Warwick Lions’ incoming President, Tamara Friedrich, has been with the Club for three years.

She grew up in a family dedicated to volunteering – both her father and grandfather were Lions – and she has set out ambitious plans for her year in office. One of her goals is to draw in children, grandchildren, friends, neighbours and colleagues to demonstrate the work that Lions do and hopefully, boost membership.

The Club’s Vice President, Hannah Johnson, has been a member for just over a year now.

Cleethorpes Lions’ half century celebrations

Grimsby Cleethorpes Lions Club celebrated half a century of fun, friendship and fundraising last April.

A full weekend of activities included a meal of ‘the best fish and chips in the world’ on the pier at Cleethorpes, a coach trip to Tattershall Castle and afternoon tea in Horncastle.

At the Charter Ball on the Saturday evening, District Governor, Steve Scall, presented long service awards to several members.

Over the years, some fundraising events have been particularly memorable, such as the Family Fun Days at Market Rasen Racecourse in the early 70s, when so many people attended that the town became gridlocked. One year Harry Secombe was a special guest and professional snooker events were organised at The Beachcomber where Steve Davis, Alex Higgins, Jimmy White and Dennis Taylor played.

Tetbury Lions mark the end of WWI

To mark the 100th anniversary of the end of the First World War, Tetbury Lions, commissioned a bench in a dedicated act of remembrance. It was designed and made by Cherington Forge and placed on Millennium Green.

PICTURED: Tetbury Lions and their remembrance bench >>





Swaffham sausage experts

Swaffham and District Lions held a sausage quiz night at the Station Pub in Swaffham. Devised by Lions David and Bobbie Elsom, the unusual quiz involved tasting 21 different sausages and recording the ingredients on a score sheet. The sausages were supplied by Johnsons of Oldhurst in Huntingdon and were cooked by Jim Luff, the landlord of The Station. The pork sausages came in a variety of flavours, ranging from Guinness to chillies and Marmite to black pudding. The winners of the quiz were Rod and Eileen Goddard with eight correct answers; they were awarded the beautiful golden sausage trophy.



PICTURED: (L-R) Rod Goddard, David Elsom and Eileen Goddard



PICTURED: Rod and Eileen Goddard's beautiful golden sausage trophy



PICTURED: Presenting the sleeping bags to the Soup-Run

Bags of help for homeless people in Plymouth

At their recent business meeting, Plymouth Lions answered a plea from the Soup-Run volunteers for sleeping bags for local homeless people, and agreed unanimously to buy as many as they could locally for a given sum.

Nineteen bags were bought and presented by Plymouth Lions Vice President, Lion George Poad and Lion Phil Greenwood to Hilary Knight, Dawn Stiles, Norma Fry, Martha Paisi and Mandy Lauchlan of the Soup-Run.

Lions to the rescue!

Following the Storm Desmond floods of Christmas 2015/2016, Lion Esther Clements of Whitehaven Lions Club, learned that the search and rescue teams had lost much of their equipment during the disaster. She contacted her District Governor, who in turn, met with the various rescue organisations along with members of his Disaster Committee. A general appeal for flood relief had already gone out locally and nationally, and thousands of people were helped by the Lions with things such as industrial dehumidifiers and household items but it was clear that the search and rescue organisations needed vital equipment if they were to become an effective responder to future disasters and emergencies.

Following talks with the Mountain Rescue Association, which represents rescue teams in Lancashire and Cumbria, a project was agreed to provide two water incident trailers, one for the Bowland Pennine Mountain Rescue Team and another for the Lake District Search and Mountain Rescue Association. The cost of the trailers and equipment came to £65,000, all of which was raised by the Lions Clubs of District BN.

The trailers are held in central locations for major flooding incident responses and available to all teams throughout the whole of the British Isles. Recently, the two trailers were on show at Newby Bridge along with water rescue teams to demonstrate how the equipment will be used.



PICTURED: One of the two water incident trailers, funded by the Lions Clubs of District BN



More plates please!



PICTURED: Birchwood Lions with volunteers from The Table

When Birchwood Lions heard that a Warrington voluntary Community Food Cafe project known as 'The Table' was in need of a commercial dishwasher they came to the rescue. The local initiative was designed to help lonely, isolated and elderly people as well as those in need of company and a good meal. It had been so successful that the volunteers were struggling to keep up with dishwashing – as fast as plates were emptied they were needed again!

The Lions provided and installed a suitable appliance that had been carefully selected by Lion Ken Whibley, former executive chef to the Prime Minister at Chequers.

Bletchley big knitters

Lions Club of Bletchley donated 200 knitted hats to Age UK in Leighton Buzzard as part of the 'Big Knit'. The hats were handed over to Christine Henry, who has been a volunteer at the shop for 20 years.

Lions were asked to knit tiny woollen hats, which get placed on bottles of Innocent smoothies. The Age UK target for this year is to knit 650,000 hats because for each smoothie sold, Age UK receives 25p, this money helps to provide blankets, hot meals, heating advice and to generally care for older people.



PICTURED: Handing over some of the hats to Christine Henry, a volunteer at the Age UK shop

All the fun of the fair

For more than 20 years now, David Rowlands has opened his fair for two hours for disadvantaged and disabled children from across West Cornwall. The rides are run at a slower pace and the music turned down so that no one is frightened.

The Lions Clubs of Zone A (Camborne/Redruth, Hayle, Helston, Penzance and Truro) organise this wonderful event each year with the Rowlands family and ensure that everyone gets an ice cream.

To honour this magnificent gesture, the Lions presented David Rowlands with the Melvin Jones Fellowship Award recently for his outstanding community service.



PICTURED: Honouring David Rowlands for his outstanding community service

Broadcaster opens Southam fete

Held again at the Bowling Green in May, crowds came in their hundreds to support the Southam fete, which was opened by Tom Heap, the BBC Countryfile presenter.

Tom thanked Southam Lions for their work in the local community and, in particular, the 'Graham Fulford Prostate Cancer Charity' which Lions are supporting this year.

More than £1,000 was raised on the day.



PICTURED: (L-R) Countryfile presenter, Tom Heap with Lion Peter Guy



Lions Sight Savers Trust: saving sight and transforming lives

A big thank you from everyone at Sightsavers!

In October 2018, Trustees of the Lions Sight Savers Trust, Patrick Hamblin and David Firth, visited India (at their own expense) and saw for themselves the enormous difference that Sightsavers' eye care work is having on the lives of thousands of children and adults in Bhopal.

A particular highlight was their visit to one of the government schools for girls where they were able to observe school eye screenings and sight tests as part of Sightsavers' School Eye Health programme.

The programme trains teachers to carry out basic eye examinations and refer the pupils with vision problems on to a team of trained optometrists for further checks.

During the day, a large number of the girls were told they'd need glasses to correct their long- or short-sightedness. By allowing them to choose the colour and shape of their frames themselves it means the girls will be excited about their glasses and are more likely to wear them.

For more complicated cases such as cataracts, pupils are referred to the local eye hospital where they can receive further tests and surgery if needed.

The school Principal, Dr Usha Khare, explained how much the programme was needed as some pupils had been struggling to read the blackboard and were falling behind at school. It is so important for children who experience eye problems to get the treatment they so desperately need so they do not fall behind in class and miss out on their education.

THE CHANGE WE HAVE SEEN

With the support of Lions, we have been able to transform the futures of these young girls. Since receiving their glasses, the girls had started to flourish in class. This shows the enormous impact that something as simple as a pair of glasses can have on helping children to fulfil their potential at school.

OUR HISTORY TOGETHER

Over the past 40 years, Lions Clubs across the UK have been supporting Sightsavers to help stop thousands of people across Africa and Asia from going blind. An incredible £3.9million has been donated from Lions clubs during this time – we are hugely grateful for your amazing support.

This year, Lions Clubs helped raise awareness of Sightsavers' eye care



PICTURED: One of the pupils having her eyes checked by the optometrist

work by supporting their UK Aid Match appeal, which ran from 15th February to 15th May 2019 and saw the UK government match donations pound for pound during this period, with the matched funds raised going to restore, save and protect people's sight in Tanzania.

THE DONATION

During the three months of this appeal, Lions Clubs gave an incredible £50,000 in donations through the Lions Sight Savers Trust, matched by the UK government, this meant Lions donations are worth an incredible £100,000 – which could fund 3,333 adult sight-restoring cataract surgeries. We have been completely blown away by your very generous support so far this year!



PICTURED: Principal, Dr Usha Khare with the Lions

THANK YOU
Thank you to all the Lions Clubs across the UK for your incredible support of Sightsavers' work – the difference this makes in the lives of thousands of children and adults is immeasurable.

If you organise trips for Lions Club members make sure you visit **Britain's biggest** exhibition for group holidays, short breaks and visits *it's completely free!*



FREE Bacon Butty
for morning arrivals before 11am*

It's quick and easy to register online to visit Britain's biggest group travel show, with celebrity guests, a wide range of destinations and attractions, including specialist exhibitors and top class seminars. With free parking available and excellent road and rail links.

Listen to expert celebrity speakers for free...



Kate Humble



Simon Calder



Julie Peasgood

Come and see **Kate Humble**, **Simon Calder** and **Julie Peasgood** for **FREE** in the seminar theatre which is available to all visitors - don't miss it!

FREE COACH ROUTES ARE NOW AVAILABLE. VISIT WWW.GROUPTRAVELSHOW.COM/COACH-TRANSPORT FOR FULL DETAILS

When: 10th October 2019

Where: Marshall Arena, Stadium MK, Milton Keynes

w: www.grouptravelshow.com/register t: 0843 178 1281



Adventure challenge

In the Spring issue of Lion magazine, we threw out a challenge to all Clubs. While the Lion magazine committee loves receiving stories of your fundraising, activities and events to publish, we are wondering where the really adventurous Lions are.

We know that no Lion could ever be described as a 'shrinking violet' and we are convinced there must be some mountaineers, cave divers, balloonists and cross-channel swimmers amongst our family, so who is the most adventurous Lion in your Club? Well here's the second one we've found – she's Chiara Evans, of Wokingham Lions Club.

In April, Chiara hiked to the Everest Base Camp to raise money for Myeloma UK. She trained hard to achieve her goal and this her story.

Why did you want to do this hike?

Everest has traditionally been the ultimate goal for mountaineers and the trek to Everest Base Camp is an iconic one. I wanted to do something that pushed me way out of my comfort zone, and to show my son, Henry, that even though I was very scared of the challenge, it didn't stop me from going ahead with it. I am petrified of flying and dislike the cold (being Brazilian) so I knew I'd be completely out of my depth.

How did you prepare physically for the trek?

I did high-intensity interval training four times a week and walked everywhere. I bought a high-altitude training mask and a weighted vest that I wore when I walked and exercised. I was

very careful with my diet and cut out all coffee and alcohol. I also did hill walking – but not quite as much as I would have liked.

How did you organise your trip?

My neighbour has led expeditions to Everest Base Camp in previous years and used to work for a climbing/mountaineering company called Jagged Globe. I signed up for the trip online, then met up with some of my group in Sheffield.

Why did you choose Myeloma UK as your charity?

I believe research into finding a cure for all types of cancer is vital. Having raised funds for other cancer charities in previous years, I chose this one in particular because my father-in-law was diagnosed with it recently. Sadly, we lost my mother-in-law to another type of blood cancer only five years ago.

What was the best part about the experience?

Nepal is a phenomenal place to visit. The people are so warm and welcoming, happy, content and ever so polite. The best part was the experience of meeting and making life-long friends and the scenery was spectacular! Being able to see with one's own eyes what others would only see in photos,



documentaries or films was truly amazing. The photos I took do not do justice to the beauty of this place.

And the worst part?

The worst part was all the waiting around for our flights to and from Nepal, especially when you don't like flying. Because the main flight to Lukla (one of the world's most dangerous airports) relies on the weather, there are often very long delays. Also, we were so tired and some of us were ill, that it made reaching Base Camp not as enjoyable as we had imagined it to be...that was very difficult to process.

How did the experience compare to your expectations?

The experience more than exceeded my expectations!

Knowing what you know now, would you do it again?

The trek was extraordinary and I met some incredible people throughout my journey, but having reached Base Camp and achieved what I set out to achieve, I wouldn't do the same trek again. I would, however, love to return to Nepal as it is a beautiful country and there are so many stunning hikes to be done. I would love my husband and son to see with their own eyes how remarkable Nepal really is.



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Bletchley Lions and Rock Chorus

On Saturday 27th April, the Lions Club of Bletchley and the five choirs of Rock Chorus joined forces for their ninth annual concert at The Venue MK. There were more than 100 singers on stage, plus soloist, India Foskett and singing coach, Lauren Field. The concert raised more than £4,000 for Lions charities and Playlist For Life, a UK music and dementia charity.

Playlist For Life uses the music of a person's life to keep them connected to themselves and their loved ones throughout their dementia. The charity helps to provide the information, tools and training people need to build their own playlist and listen to it in the most effective way.

Blooming marvellous!

Gardeners looking forward to the summer months in the garden flocked to Ruislip Lions plant sale recently.

Over the years this event has been in many local gardeners' diaries; some probably preparing for the Hillingdon in Bloom Show, a local high-profile borough event that promotes all that is beautiful, environmentally positive and delicious in the form of edible plants.

This year the Ruislip Lions Plant Sale attracted many sponsors – the owners of a local business sponsored the 5,000 flyers, Ruislip Rugby Club donated use of their car park, Waitrose and Starbucks donated coffee and cakes (plus community staff to man the coffee pot) and the Duke of Edinburgh students gave their time to help customers move boxes groaning under the weight of bedding plants, shrubs and home grown vegetable plants.

Ruislip Lions made a £2,900 profit from the event to support local charities.



PICTURED: Ruislip Lions plant sale

Clacton Lions shout out at the silent auction

The Little Bentley Hall Waterways and Garden Show is held every three years and last year, Clacton Lions were asked to run a silent auction at the event with Kelvedon Rotary Club. Neither club had undertaken anything like this before, but after nine months the clubs had got 101 lots to auction.

These ranged from a £10 voucher to a re-conditioned red telephone box, which sold for £3,100. The Silent Auction raised an amazing £13,600.



PICTURED: This phone box went for £3,100 at the silent auction



PICTURED: Kettering & District Lions raised an 'eggcellent' amount of money from their giant Easter egg raffle – a fantastic £3,496!



£1,000 raised for Cornwall Hospice Care

The Lions Club of St. Austell give £1,000 to Cornwall Hospice Care, raised by their 2019 Easter egg raffle.

Jane Appleton, Community Fundraiser of Cornwall Hospice Care, said: "We are so grateful for the generous donation from the Lions Club of St Austell. This donation will fund over 50 hours of nursing care, which shows why support from groups like the Lions is so important. It costs over £5.12m to run our services each year and with very limited funding from the NHS we really do rely on the support and generosity of our local community."

Rugeley Lions help fund CyberKnife

Rugeley Lions have raised £1,000 for a local charity, the Stan Bowley Trust, which is raising money to fund a CyberKnife, a robotic radiotherapy system that can deliver radiation to patients with pinpoint accuracy.

£3,000 each to two charities

Profits from this Wokingham Lions May Fayre event were donated to two local charities; Me2 Club and Home-Start Wokingham District.

Tess Eagles, manager at Me2 Club, said: "This fantastic donation of £3,000 will enable six more local children with additional needs to join in with a weekly, mainstream leisure activity. Families will also receive approximately 285 hours of valuable respite. We would not be able to survive without donations such as this."

Emma Roberts, scheme manager, Home-Start Wokingham District, said: "This vital donation will enable us to train more volunteers to support families with young children, helping to reduce isolation, provide encouragement and advice and a listening ear."

York Lions to the rescue

The York Rescue Boat charity was set up recently after several people drowned in the River Ouse and the Foss. The crew are all volunteers and York Lions presented them with a cheque for £2,000 at Haxby Carnival in the summer.

Thank you to all Lions on behalf of Marie Curie

Lions MD 105 British Isles were nominated and presented with a fundraising excellence award for their 'Outstanding Commitment to Marie Curie'.

Lions Clubs have raised £71,293 in the Great Daffodil Appeal this year with 118 local Lions Clubs involved either collecting or placing boxes within their own communities. The money raised will provide 3,565 hours of hands-on nursing care in a persons' own home or in a Marie Curie Hospice.

This brings the total raised to a staggering £910,047 over the seven years of the partnership and will pay for 45,502 hours of hands-on nursing care.



PICTURED: Receiving the Outstanding Commitment to Marie Curie award on behalf of all Lions, were Lions Peter Burnett, Mandy Broadbent and Andy Pemberton



Kenilworth Lions Dream Scheme Awards

As part of its programme to mark its 50th anniversary, Kenilworth Lions held a special meeting in June to present Dream Scheme awards to 12 local groups and organisations.

The Dream Scheme was launched at the beginning of the year to reach out to individuals and groups who might not have sought funding support from Lions in the past. Since the Dream Scheme was launched, 23 awards of up to £1,000 have been made, with a total value of £18,520.

During 2018/19, the Club will have made donations totalling more than £50,000.

Gordon Henderson, President of Kenilworth Lions Club, said: "It was inspiring to hear how the money donated by Lions will be put to great use. The Club is deeply grateful to the residents of Kenilworth and beyond for their unfailing generosity in supporting our fundraising activities over the year, without them, none of this would be possible."

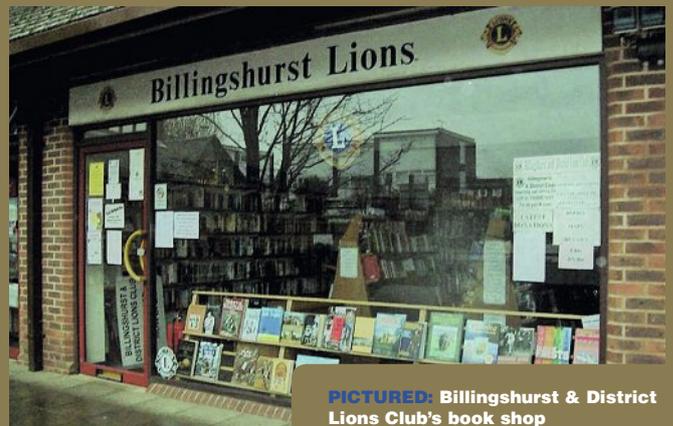


◀ PICTURED: Kenilworth Lions Dream Scheme award winners

Billingshurst's book bonanza

Billingshurst & District Lions Club raised more than £30,000 in 2018 from its Christmas door-to-door collection, a charity golf day and especially by its second hand bookshop in Jengers Mead, Billingshurst,

Last year the club visited 10 primary schools in their district and gave each pupil a free book (around 2,000 books). This year they are visiting all 13 pre-schools in the area to give all those children a free book too.



PICTURED: Billingshurst & District Lions Club's book shop



PICTURED: ELHAP's new minibus, partly funded by Fairlop Lions

All aboard!

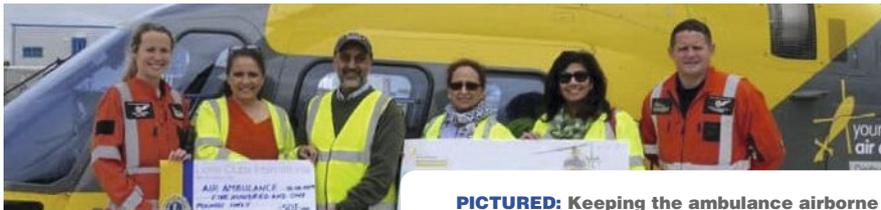
Members of Fairlop Lions Club attended Every Life Has a Purpose (ELHAP), in Woodford Green in June for the presentation of a new minibus. ELHAP is a charity that provides adventure play opportunities to disabled and disadvantaged children, young people and adults.

Their previous minibus was in desperate need of replacement and Fairlop Lions have donated £5,500 towards the new one, which will now enable the children and adults to enjoy their trips.



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Coventry cheques



PICTURED: Keeping the ambulance airborne

The Lions Club of Coventry Godiva are proud to support their amazing air ambulance, which gets no government funding. On Wednesday 26th June they presented the service with a cheque for £501.

FUNDING PIONEERING ENT RESEARCH AND EQUIPMENT

The Club gave a cheque for £5001 (pictured right) to the University Hospitals Coventry and Warwickshire

Charity (UHCW) for their Ear, Nose and Throat (ENT) department. This takes the total donation to the charity by the Club to more than £30,000.

The latest donation will help fund pioneering research, in collaboration with the University of Warwick, into artificial intelligence for predicting the development of malignancy in patients with pre-cancerous lesions of the voice box. It will also go towards developing

state-of-the-art surgical technology for managing patients with hoarseness.

Mr Shashi Prasad, consultant ENT/head and neck surgeon said: "The donation will facilitate personalised-management (tailored to individual patients) with voice problems due to impaired function of the nerves of the voice box, and abnormalities of the lining of the voice box.

"This will play a very important role in establishing UHCW as a centre of excellence providing world-class care to the community."



Busy Bury Lions

Bury Lions donated £200 worth of gloves, hats and scarves and sleeping bags to Bury Homelessness Group recently, to help local homeless people stay warm and dry on cold and rainy nights.

SCOUTS

Bury Lions also helped St Peters Scout Group to attend NORJAM, the Scouting Jamboree where scouts from across the regions got together to have eight days of fun and to gain new friendships, skills and relationships.

GRACIE'S PLACE

Club members volunteered at the 'One Great Day' in June to raise funds for the local Forget Me Not Children's Hospice (Gracie's Place) and Great Ormond Street Children's Hospital.

Bury Lions were going to host a swim-a-thon for Gracie's Place but because of a disappointing number of entries they had to have a re-think. Two groups had already got teams together and had collected their sponsorship money for the event, but instead of just handing the money over, the children decided to run around the local playing fields for a full hour in the pouring rain, not once complaining about the weather but cheering each other on. A few weeks later, Bury Lions President Alan Wilde, Lions Duncan Lees, Jacqueline Sorfleet and Katie Sorfleet and Forget Me Not volunteer, Angie Wild, all attended a cheque presentation evening at the local baths, and gave each swimmer a certificate. The swim teams, aged from six to 18, raised £440.

What great swimmers look like!

Pupils from Kilby School took part in the Oadby & Wigston Lions sponsored swim to raise money for their school and the Lions charity fund.



PICTURED: Kilby School swimmers with their medals and trophies



CPR/defibrillator training sessions in Windsor

On Wednesday 10th April more than 80 local residents and employees attended two Windsor Community Defibrillator Partnership (WCDP) CPR/defibrillator training sessions in the Guildhall.

The 90-minute training sessions were designed to teach members of the public how to respond should they find a person unconscious and covered the possible symptoms, contacting the emergency services, carrying out cardiopulmonary resuscitation (CPR) and the use of a defibrillator.

The training session was led by State Registered Paramedic, Dick Tracey, who, following his early retirement as a senior manager at South Central Ambulance Service, has dedicated his time to training community groups on how to use defibrillators safely.



PICTURED: WCDP Defibrillator Training Session

The 'Partnership' was formed in 2016 by a small group of representatives from local organisations, which included Windsor Lions, with the aim to purchase and maintain strategically placed lifesaving equipment for the town and have currently installed and registered 11 defibrillators with the NHS.

New Milton Lions' PSA testing event

The Lions Club of New Milton, in conjunction with Prostate Cancer Support Organisation (PCaSO), staged their first prostate cancer awareness event last March at the local community centre. Some 300 men had tests to measure the level of PSA (Prostate Specific Antigen) in their blood.

Prostate cancer kills around 11,800 men in the UK each year and around 47,000 new cases are diagnosed annually. Although men over the age of 50 are entitled to have a free PSA test on the NHS many do not ask for it and at the moment there is no national screening programme.

LIMITATIONS OF THE PSA TEST

PSA is a protein made by the prostate gland, which naturally leaks out into the bloodstream. As men age, the size of the prostate gland will gradually enlarge and the amount of PSA produced increase. Normal levels of PSA present in the bloodstream therefore increase with age. Vigorous exercise and other activities can also raise PSA levels in the short-term.

The PSA test is not, in itself, a test to diagnose cancer but it is currently the best method of identifying an increased risk of prostate cancer in men without symptoms and it can lead to the early indication of cancer at a potentially curable stage before symptoms appear.

However, three out of four men with raised PSA levels do not have cancer, leading to what is termed a false positive result. Abnormally high PSA levels may be due to several causes other than cancer including a normal enlargement

of the prostate, a urinary infection or inflammation of the gland (known as prostatitis).

Where abnormally high PSA levels are detected by the blood test, further medical examination will be required before cancer could be diagnosed including a digital rectal examination by a GP and possibly referral to a consultant urologist who, these days, will probably recommend an mp (multi-parametric) MRI scan and then, if necessary, a biopsy. This new scanning system can identify if there is prostate cancer present and also its location which has reduced over-diagnosis and over-treatment from 12 percent to four percent.

The PSA test may also lead to a false negative result in around 15 percent of men registering normal levels of PSA. This is because some rare forms of prostate cancer do not raise the PSA level. This can also be verified by an mp MRI scan.

HOLDING THE EVENT

As neighbouring Reading Lions Club had staged similar events in the past, New Milton Lions contacted them for advice and were very grateful for the helpful information that they provided. Bournemouth Lions made New Milton Lions aware of PCaSO, the charity operating in the south of England that helps other organisations to hold PSA testing events by providing the medical resources needed.

PCaSO provided qualified phlebotomists and the specialist medical equipment needed to carry out the blood tests,



Healthy Schools London celebration

Lions in District SE with District A have brought their support for Healthy Schools London programme to a close after seven years, celebrating with the London schools receiving their Gold and Silver Awards at the Mayor of London's City Hall Celebration in June.

The day was presented by the Deputy Mayor for Education and Childcare, Joanne McCartney, with Leon Taylor, a diving Olympic medallist, Elaine Wylie MBE, founder of the Daily Mile and Paul Lindley OBE Chair of London's Obesity Task Force.

Lions Lifeskills wrote our 'Health and Wellbeing DVD' specifically for this programme, which is now available to schools and Clubs – every primary school entering the Bronze Award has received a copy. During the course of the programme, District SE and A financed resources and this support was supplemented by the provision of our bereavement resources, 'Life Changes' 1 and 2, funded by the MD Foundation, and principally distributed in areas affected by terrorism and the Grenfell Tower fire disaster.

Alison Stafford, head of the Healthy Schools London programme, thanked Lions for their support which she said was "beyond their wildest expectations".



PICTURED: David Skinner SE Lifeskills officer and Lion Abhnash Bains with Alison Stafford, Natalie Walker and Gemma Rodgers of the Healthy Schools London Team

access to a NHS laboratory to analyse results and a consultant urologist to notify men of their test results.

PCaSO bore the costs of all of this and asked only that they be allowed to place collection boxes at the venue on the day of testing. New Milton Lions' role was to identify, hire and pay for a suitable venue, publicise the event, provide a small number of people to deal with routine administration on the day, including managing people flow and provide refreshments for those attending the event.

PCaSO advised New Milton Lions that they would need three rooms for the event to allow for registration and form filling, viewing of a short film about prostate cancer and the PSA test and to take blood samples.

The event was publicised three to four weeks before it happened in wide range of local newspapers and community magazines and some 2,000 leaflets were circulated to local businesses and shops in and around New Milton. Posters were put up in prominent places around the town. The Club used PCaSO materials to publicise the event and these included both Lions and PCaSO logos to underline the working partnership. Finally, a few days before the event, further publicity was gained through a brief interview on BBC Radio Solent.

OVERALL RESULTS

All men tested were expected to receive their results within seven to 10 working days of the event. Each man would have received one of three types of letter, written by the consultant urologist, depending on his personal results. Those men with normal results would have received a green letter while those men with borderline results received an

amber letter advising them to contact their GP to arrange for a follow-up PSA test. Men with abnormal results were sent a red letter advising them that there may be a cause for concern (though not necessarily) and that they should see their GP who may wish to examine them further or refer them for further investigation.

Of the 300 men tested in New Milton, 22 men received red letters while 12 men received 'amber' letters. This represented an overall combined result of 11.3 percent which PCaSO advised was slightly higher than average. While the exact reasons for this are unclear it may be that the demographics of the local population were a contributory factor.

The high level of attendance suggests that the Club met a clear need for this service in their community. All available appointments rapidly filled following the start of the publicity campaign (and several unexpected drop ins on the day were fitted in). Within the limitations of the PSA test 34 men were able to take steps to tackle a potential threat to their health that may otherwise have gone undetected for some time.

On a more pragmatic level, the event also helped to raise the profile of Lions in the community. And it was an extremely cost effective exercise. Thanks to the partnership with PCaSO, the financial cost to New Milton Lions Club was minimal and there was no need to seek sponsorship to fund the event. In recognition of this fact, and of The Club's gratitude for their help, they donated £1,000 to PCaSO to help them to continue their good work.

Given the perceived demand locally, New Milton Lions are already in early discussions with PCaSO about staging a similar event next year.



ChildSight UK – UK Lions vision screening project

Many Lions from across MD 105 will have heard about the exciting new service project, ChildSight UK that is starting to take shape.



Lion Stuart Young RN, the MD105 GST – Vision Screening Lead, explains this eye screening programme for young people under the age of 16 that can detect many sight-related health issues. These range from the need for glasses, to stigmas and even complex optical conditions that may require further interventions.

At present, some five-year-old children in reception classes have a basic eye-screening test in school or an assessment via software to detect if they can see an object or picture. This testing does not examine the child's eye – our screening does and helps to understand if what they were looking at is focused, fuzzy, off centre, or not seen properly at all.

Approximately 45 percent of children do not have an eye examination during their early years of development and many go years without seeing an optician. The purpose of our screening is to support schools and the NHS screening to endeavour to get as many children screened as possible.

It has been established that some 13 percent of young people under the age of 11 have an undiagnosed vision problem, this can lead to underperformance in concentration, reading, engagement in lessons and learning.

STRICT SCREENING PROCEDURE

We have now completed three trials, screened 670 young people and issued 73 referral letters, meaning that 10.9 percent of all those screened needed further assessment by qualified healthcare professionals.

The initial feedback from these schools has been very positive and a number of young people referred to the optician are under complex medical investigations



and many are now wearing glasses for the first time.

The Multiple District Global Service Team under the leadership of Lion Stuart Young RN are currently compiling a report, role descriptors, process document and training plan to ensure that every Lion in every Club across MD 105 is delivering the screening in the same way, which is essential for both the project and Lions reputation with the public in the UK.

No screening session should be carried out unless the training team have signed off the Lions as competent.

TRAINING PROGRAMME

Development of this project continues and includes training in the use of the cameras, discussions with appropriate national health bodies and importantly, our Council of Governors will be looking at this project in the coming months. Once fully approved

we will be negotiating on camera purchases and rolling out a training programme to every district.

This is a great opportunity for Lions Clubs to engage with their local community and schools, and to raise awareness of one of our five core service activities.

We would like to challenge every UK Lion to become a Knight Of The Blind!





Lions Recycling for Sight programme

Liskeard Lions support the LCI Recycling for Sight programme and President Garf Cole and his wife, Lion Jean, have been placing collection boxes for old pairs of glasses in surgeries and opticians in Liskeard since 2013.

Lion Jean said: "We all spend a lot of money on our eye care and we keep

our old spectacles, 'just in case'. But by donating the pairs we don't need, we [help to] ensure sight for others."

Since they started counting, Garf and Jean have collected almost 60,000 pairs of glasses.

But silver linings sometimes have the occasional cloud – while enthusiastically



PICTURED: Jean and Garf Cole searching (in vain) for Garf's new glasses

sorting out spectacles recently, Jean inadvertently included Garf's new prescription set in a very large box ready for despatch. His replacement glasses are on order, as he has absolutely no chance of finding his original pair.

Llandudno Lions help to fund cancer research



During the Lions Club of Llandudno's May business meeting, Club President, Lion Graham Shimmin presented a cheque for £1,000 to Dr Christopher Staples of North West Cancer Research Institute within the School of Medical Sciences, Bangor. Dr Staples received the cheque on behalf of Cancer Research Wales.

PICTURED: Llandudno Club President, Lion Graham Shimmin with Dr Christopher Staples

Dr Staples said: "My area of research is DNA repair. Cancer cells divide uncontrollably – all our cells, including cancer cells, must copy their genome before they can divide and during this complex process the DNA must be protected." Dr Staples' laboratory is researching how cancer cells protect their DNA while it is being copied, to try and identify ways to target tumours.

Blankets for babies

For the past six months, members of Long Stratton Lions Club have been knitting and crocheting baby blankets for the neo-natal intensive care unit at the Norfolk and Norwich University Hospital.

The blankets can only be issued once because the hospital is not allowed to wash them, but when the baby goes home, their blanket goes with them.

PICTURED: (L-R) Baby blankets lovingly knitted by Long Stratton Lions



Hereford Lions solve scanner problem



PICTURED: Keith Martin hands over the scanner to the medical team (l to r) Carina Allaway, Angie Morris, Jayne Taylor, Keith Martin and Mehmood Akhtar

Hereford Lions Club has bought a £9,000 bladder scanner for the urology department at the city's county hospital after Lion Keith Martin made several visits to the department as a patient only to be told that the scanner was out of action. He was told the unit was desperate for a new scanner, but NHS funds were not available. When the Club heard Keith's story, his fellow members decided to pay for a new scanner.

The Club has also donated £10,000 towards the cost of replacing the prostate cancer sample testing machine, which was also on the blink, and has donated £5,000 to create a special delivery suite for families who lose a baby at birth, giving them privacy to grieve.



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District 105 C supports the LCI childhood cancer project

Successful treatment of childhood cancer in developed countries is as high as 80 percent these days, but in the developing world they are as low as 10 percent.

The World Child Cancer Organisation works to improve this and in 2012 they contacted the Regional Paediatric Oncology unit in Leeds to ask if they would give professional training and guidance to the medical teams in Cameroon, West Africa.

Approximately 1,000 Cameroon children are expected to develop cancer each year, but until Leeds became involved there was little or no knowledge of how to diagnose or treat them, because of a lack of appropriately trained health care

professionals. So the team in Leeds has provided specialist training to a lead local paediatrician, and consequently, the survival rates for easily treated tumours has gone from zero to 60 percent.

Since District 105C Lions became involved in September 2018, they have been raising funds to support World Child Cancer and the Leeds team in their ongoing programme. £4,540 has been transferred recently to World Child Cancer (and this will be doubled by the Government's initiative to support their cause). This will help to support costs for 120 children receiving cancer treatment for one year.

Clubs collaborate to support hospice



PICTURED: A fantastic £16,700 was raised to support Bluebell Wood Hospice

Bluebell Wood Children's Hospice at North Anston near Sheffield cares for children and young adults who have extreme illnesses and life threatening conditions, and their families.

Tickhill & District Lions Club donated £5,000 to this cause, then Lion Steve Radford extended this initiative to other Lions Clubs in the area and Barnsley Lions, Bramley & Wickersley Lions, Doncaster Lions, Edwinstowe & The Dukeries Lions, Rotherham Lions and Warmsworth & Edlington Lions all rose to meet the challenge, increasing the donation to £8,350, to support the renovation and refurbishment of two family rooms, the soft playroom and hydrotherapy room.

Then, Lion President Ron Lindsay of Tickhill & District applied to LCIF on behalf of MD 105 for a matching grant of \$10,600 (£8,350) to buy two state of the art lifting hoists with a track system for two of the patient rooms, bringing the total donation to £16,700.

Singing for Marie Curie Cancer

Every year, Clacton Lions members brave the cold to collect for Marie Curie Cancer Care. The local Morrisons store always gives them a warm welcome, but this year, extra warmth came from the amazing voices from the Harwich Sings choir. On a chilly Saturday morning, the choir sang their hearts out and together, they raised £1,778.55.



PICTURED: All together now!

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Message in a Bottle campaign

A joint venture to help people with dementia or learning difficulties in a medical emergency has been launched.

Lions Clubs International (British Isles) is promoting the Message in a Bottle scheme, in partnership with the North East Ambulance Service (NEAS).

The scheme encourages people to keep their basic personal and medical details in a specific place where it can be quickly and easily found in an emergency.

The information is entered onto a form and is put in a distinctive green and white plastic bottle, which is kept in the fridge. It provides vital information about the patient and saves valuable time. Labels placed at the front door of the property and also on the fridge door and will alert paramedics to the bottle.

Adrian Lazenby from Lions Clubs in the North East handed over 1,000 bottles to Mark Johns, the head of engagement and diversity at NEAS. The ambulance service have handed out the bottles at events in the North East throughout the summer.

Adrian said: "It's a simple idea that can really help people who have learning difficulties or suffer from dementia. It's vitally important that ambulance crews have as much information as possible when they are called to a house – and the Message in a Bottle scheme will give them the information they need."

Mark Johns said: "This generous donation by the Lions will help many people who may have difficulties telling our ambulance crews the information they need to treat them if they are called to their home."

"We're delighted to be able to help distribute the bottles to scores of people across the region."

The bottles are free, with money raised for the project raised by 13 North East Lions clubs: Allendale, Alnwick, City of Durham, Consett, Darlington, Mid Tyne, Morpeth, Peterlee & District, Ponteland, Sunderland, Teesdale & District, Tynedale and Yarm District.

PICTURED BOTTOM RIGHT: Wellingborough & District Lions with staff from Greatwell Homes

PICTURED BELOW: (L-R) Adrian Lazenby and Mark Johns



The information required is:

- Individual's full name (and a passport photograph if possible for identification)
- Individual's doctor's name, surgery address and telephone number
- A brief description of medical conditions the individual is suffering from
- Allergies and allergic reaction to any medication
- The names, addresses, and phone numbers of two people who may be contacted in an emergency
- Details of any pets that may be on the premises.

HOW IT WORKS IN PRACTICE

Here is an example to illustrate how this simple scheme makes a vast difference:

"I would just like to thank you for your Message in a Bottle scheme. I filled the form out and popped it in to my son's fridge when he moved into his own home. Three weeks ago my husband and I were taking a city break when I received a call from home saying that my son was very ill and the paramedic needed all his medical information. I told him that there was a Message in a Bottle in the fridge and he immediately knew what I was talking about. I believe that this may have saved my son's life. Thank you again for such a wonderful idea."

LIONS FORM PARTNERSHIP IN MESSAGE IN A BOTTLE SCHEME

Members of Wellingborough & District Lions Club welcomed Greatwell Homes into the Lions 'Message in a Bottle' scheme recently.

In May, all Greatwell Homes residents living in independent living accommodation were offered a Lions 'Message in a Bottle' and in future, all new residents will be offered the use of the scheme.

Greatwell Homes (formerly Wellingborough Homes) is one of the largest local housing associations in Northamptonshire, owning and managing nearly 5,000 homes.



Lions celebrate 20 years of 'Message in a Bottle'

Chances are, there is a bottle of milk, juice or wine in your fridge!

But did you know that more than seven million people in the British Isles keep their personal and medical details in the fridge too – safely tucked inside the 'Lions Message in a Bottle'.

This simple idea means that the emergency services can obtain potentially life-saving information in seconds when called to a home to provide assistance.

The Message in a Bottle comes with two stickers one for the front or back door of a person's home and the second to be stuck on the outside of the fridge. The stickers help the paramedics, police, fire-fighters or social services personnel to locate the bottle and find vital medical information and details of emergency contacts on the form kept inside it.

WOULD A MESSAGE IN A BOTTLE HELP YOU?

Lions Clubs have been providing 'Lions Message in a Bottle' for 20 years now and if you want one for yourself, it's free and you can order one by calling **0121 441 4544**

Clubs can order in bulk by phone or online at: mdhq@lionsclubs.co.uk





CONVENTION REPORT



Lions from across the world in Milan

Council Chairman, Stewart Sherman-Kahn, reports on this summer's Lions Clubs International Convention.

Over the weekend 5th to 9th July 2019, Lions from around the globe gathered in Milan for the 102nd Lions Clubs International Convention.

More than 200 Lions from MD 105 (British Isles) with our friends from D133 (Ireland) travelled to Milan to make new friends, expand their knowledge about Lions and to support the eight incoming District Governors.

The traditional Parade of Nations took place on the Saturday morning, where over 180 nations were represented.

Some 120 MD 105 Lions paraded with Lions of D 133 (Ireland). Despite a long wait in temperatures in the high 30s, the British spirit was in evidence

as we were cheered along the whole parade route.

The route took us through the heart of Milan and finished in the Piazza del Duomo with the breathtakingly beautiful cathedral as a backdrop. A truly magical (if not somewhat sweaty) experience for all who took part.

The parade really does bring home the huge number of nations where the values, service and goals of Lionism is in action.

HOTTEST TICKET IN TOWN!

On the Monday evening, Lions of MD 105 and D 133 welcomed Lions from across the world to our formal

reception. As usual, the event was oversubscribed and when the doors opened the queue passed right through the lobby of the hotel and out onto the street. Ours was the hottest ticket in town and unfortunately we had to turn away many Lions who were not lucky enough to have tickets.

The formal part of the evening involved the handover of the Council Chairman's chain to me and then I had the honour of introducing the new Council of eight Governors to our worldwide Lions family.

We were honoured to be joined by International President, Lion Gudrun Yngvadottir and her husband, Lion Jon Bjarni, 3rd Vice International



CONVENTION REPORT



President, Lion Brian Sheehan and his wife, Lion Lori, candidate for 3rd Vice International President, Lion Dr Patti Hill and her husband, Lion Greg, and many more Lions from the four corners of the world.

The final session of the Convention was held on the Tuesday morning, when the new International President, Lion Jung-Yul Choi, was introduced and he shared his theme for the year which is 'Diversity'.

“The parade brings home the huge number of nations where the values, service and goals of Lionism is in action.”

The final news to round off a great few days was that Lion Dr Patti Hill was elected as 3rd Vice International President.

I would like to thank all the Lions who worked so hard to ensure that our time in Milan was the success that it was.

I hope that everyone enjoyed their time in Milan as much as I did, and I look forward to seeing you next year in Singapore.

All images courtesy of Lion Karam, Coventry Mercia Lions.





High vis cadets

South Leicester Police Cadets came out in force to help the smooth running of 'The Big Lunch' held in Bell Street, Wigston in June. They came over to the Oadby & Wigston Lions display to show off their new high vis safety jackets supplied by the Lions Club.

PICTURED: South Leicester Police Cadets supported by Oadby & Wigston Lions



Lions support Padstow Sea Cadets

Padstow Lions have donated funds to allow a berth on a training ship for a member of the Padstow Sea Cadets. This presents a fabulous opportunity for a young cadet to gain experience on board TS Royalist. Several Cadets went to the Club meeting to receive the cheque from Lion President Alvin Ford, the ship then arrived in Padstow Harbour which was wonderful for everyone to see.



PICTURED: TS Royalist, the training ship in Padstow Harbour

Newquay Lions Club Young Citizens Award

Newquay Lions celebrated their third Young Citizens Award in May with parents, grandparents and friends, to acknowledge, encourage and celebrate every young person's contribution to the community.

It was an inspiring evening where youngsters from the ages of five to 16 were awarded with medals and certificates by the Mayor, Councillor Rachel Craze and Lion President, Susan Dyne.

The youngsters had been nominated by youth group leaders and teachers. Even at this very early stage in their lives, these young people were already exhibiting incredible caring, considerate, courageous and cooperative skills.



PICTURED: Newquay Lions Young Citizens Award recipients





Drum roll...



PICTURED: 1446 Clevedon Squadron Air Cadets with their new drums

Thanks to a £1,000 donation from the Clevedon Lions Dream Scheme, 1446 Clevedon Squadron Air Cadets now have three new ceremonial drums.

The 1446 Squadron was established in 1941 and the cadets, aged between 12 and 18, take part in activities such as flying, gliding, shooting and camping as well as doing community service which includes helping at Clevedon Lion events.

Ruby says 'thank you'

Oadby & Wigston Lions Club have supported Ruby Dixon with a donation towards her four week volunteering project in Costa Rica. Ruby is a member of a small team of students from Wigston College and has been fundraising for two years to pay for this trip. During the trip the students will be working with a team replanting trees for the rainforest, building a community kitchen and improving sanitation for the local community.



PICTURED: Ruby Dixon with Oadby & Wigston Lion, Chris Huscroft

Guernsey Leos' cheese quiz helps Guernsey Gateway Club

The Leo Club of Guernsey held their second annual 'Big Cheesy Quiz' in April, following the runaway success of 2018's event. This year's quiz, which included 'cheesy' themed rounds such as music, films, cheese tasting and even a round of bingo, sold out in less than 24 hours. Quiz teams embraced the cheese theme with many turning to puns for their team names, such as 'The Hallouminati' and 'To Brie or Not to Brie.'

Just over £650 was raised for the Guernsey Gateway Club, which provides a friendly, social environment for adults in the community with learning disabilities. It relies on donations and fundraising, is celebrating its 50th anniversary this September. The Leo Club of Guernsey wish the Gateway Club every success with their continued efforts to support the local community.

Award winning youth team

Wakefield Youth is a small team of dedicated and forward thinking youth workers. They work with young people to prepare them for adulthood and equip them with the personal and social skills they will need to become valued and engaged citizens, capable of making positive choices and accessing opportunities.

Over the past couple of years, Castleford and Pontefract District Lions and the Pontefract Lioness Club have forged a relationship with Wakefield Youth through the Lions Quest Skills for Adolescence programme, which the youth team delivers to schools across the Wakefield area. In 2018, when one of the academies did not have the budget to be able to offer the Lions Quest programme for a second year, the Lions and Lionesses donated £1,000 of matched funding to enable Wakefield Youth to deliver the programme.

Recently, Wakefield Youth were recognised for their great work with the young people when they received the Castleford and Pontefract District Lions Centennial Award at an awards presentation evening in May.





Fairlop Leos secure LCIF grant

The Fairlop Leos worked very hard to secure an LCIF grant for the Every Life Has a Purpose (ELHAP) project. ELHAP is a local special needs adventure playground and is the only one of its kind in the south east of England.

With this grant and an additional donation of £1,100 from their funds, the Leos financed a wildlife hide which is tucked away amongst the trees in ELHAP's wild orchard. The opportunity to embrace nature is at the very core of ELHAP's ethos and the new wildlife hide provides the hundreds of disabled children and adults that visit to truly feel at one with nature.

The hide provides the perfect contrast to the hubbub of the adventure playground, a place for the children to take a moment to themselves in a calming setting. It is, however, more than just a retreat, the colours and sounds of nature provide a magnificent sensory experience and kitted with Leo funded binoculars and wildlife charts, it enables the children to learn about the large variety of wildlife that ELHAP attracts, teaching them to respect the world around them, as they sit hidden away experiencing it right in front of them.

ELHAP will base many projects and activities around The Hide, which will positively impact hundreds of disadvantaged and disabled children and will provide a unique experience.



PICTURED: The wildlife hide, tucked away in ELHAP's wild orchard



PICTURED: Members of the new Guildford Leo Club

A new Omega Leo Club joins the pride

The Guildford Lions Club has chartered a new Omega Leos Club, the Guildford Leo Club, at the University of Surrey, in Guildford. There are 21 founding members, not only from the UK but some as far away as China, Finland, Philippines, Romania and Somalia.

The Guildford Leos have achieved much in their short existence. They have helped at the Guildford Lions Fireworks Fiesta; taken part in the Guildford Rough Sleep-out; taken part in fund raising competitions at the university; arranging a Blind Souls event where blind-folded students met and exchanged views and feelings without being able to see each other and organised a litter pick to celebrate World Environment Day.

So successful has the new Leo Club been that they were awarded the prestigious Best New Society award by the University of Surrey Student Union at the annual Union Ball.



Queen's Award for Voluntary Service to Zone C of District M

In April of this year Zone C was notified that it had been chosen to receive the Queen's Award for Voluntary Service. But they had to keep the news to themselves until 2nd June.

Representatives of the Zone will go to Birmingham in October to receive the award from the West Midlands Lord Lieutenant.

The Clubs forming Zone C, known as the 'Solihull 7' are:

- Balsall Common
- Birmingham Exhibition
- Castle Bromwich & District
- Knowle & Dorridge
- Marston Green & District
- Shirley, and
- Solihull.

This group of Clubs, varying in size from eight to 44 members, consists of 150 Lions who have often worked together, even more so since becoming one zone. The Clubs have their own service and fundraising projects of course, but together, they have funded a new duplicator for the Solihull speaking newspaper, funded a chemotherapy space at Solihull Hospital and are the major investor in the Man Shed at the local Marie Curie hospice.

Although the members of Zone C believe they are special, the truth is that Zone C is just like any other Zone and there is no reason that more Clubs and Zones could be nominated for this award. Check it out and give it a try!



PICTURED: Members of the 'Solihull 7' group of Clubs



Fellowship Award

Lion John Lowe was presented with the Club Fellowship Award by the Oadby & Wigston Lions Club President, Jenny Fyfe. This was for his work supporting the Foodbank and many other Club projects.



PICTURED: Lion John Lowe receiving his Club Fellowship Award

Woking Lion has the key

Emma Brawley has been a Lion for only two years but she is already a great asset to the Woking Lions Club. Not only has she recruited two new members over the past few months but she has done considerable fundraising work. With the help of her husband and colleagues Emma has organised two excellent quizzes raising more than £800 in each case and a race evening making £600.

Emma's most recent initiative was a well-attended 'Bake Off' with Star Baker, Show Stopper and Master Baker prizes, producing some tasty culinary creations for visitors to try. The event raised more than £500 for a charity supporting cancer patients at Royal Surrey County Hospital.

With more fundraising ideas in mind, Woking Lions is delighted that Emma has now received a well-deserved Key Award for her work.

Long serving Kettering Lions

District Governor, Stewart Sherman-Khan, has presented four of Kettering Lions with their Long Service Awards. So congratulations go to Barry Goodey and Ivan Mayers (for 45 years' service each), Bernard Jones (for 40 years' service) and Harry Mayes (for 35 years' service) and for their continued commitment and dedication to Kettering Lions.

Certificate of Appreciation

Lion Rajnikant Sheth, Zone D Chairman, received a Certificate of Appreciation from Doreen Allen, District Governor of 105 A for encouraging 27 new Lions in to his Zone, bringing the total in the Zone to 185.



PICTURED: Lion Rajnikant Sheth, Zone D Chairman, receives his Certificate of Appreciation from Doreen Allen, District Governor of 105A



Lion Trevor races across the Sahara for Georgie's Gift

Lion Trevor Binch, a member of Coventry Leofric Lions Club, has faced the gruelling challenge of the 2019 Marathon des Sables. This six-day race covers 250 kilometres across the Sahara Desert.

Trevor had to cope with temperatures in excess of 50 degrees Celsius and had to carry all the food and drink he needed for each stage of the race with him.

Once upon a time, Trevor was a self-confessed junk food addict and in 2017, he weighed 22 stone, but after making an inspirational change to his lifestyle he is now competing in long distance endurance events and raising funds for Georgie's Gift, a Warwickshire charity.

IN MEMORY OF GEORGIE HALL

Georgie's Gift was set up in memory of Georgie Hall, who was only 23 months when she became ill with meningitis and septicaemia in February 2015. Days later she died.

Her parents, Matt and Paula realised how little they knew about this disease, and by setting up Georgie's Gift they aim to raise awareness of the signs and symptoms of meningitis and septicaemia, as well as advising families to get the correct vaccinations.

Training has been key to Trevor's success in the desert. He completed lots of long slow distance running events and back-to-back runs, and at the peak of his training was running 70 kilometres a week across all sorts of terrain.

As well as the physical training, he had to train his mind to accept the possibility of running on empty, when he was tired and just wanted to stop. During his final preparations a typical week consisted of completing this routine every single day:



PICTURED: The gruelling Marathon des Sables covers 250 kilometres across the Sahara Desert over six days (IMAGE COURTESY OF IAN CORLESS)





PICTURED: So far, Trevor has raised more than £5,200 for Georgie's Gift
(IMAGE COURTESY OF IAN CORLESS)



- 7.00am have breakfast
- Go for a seven mile run
- Rest for two hours
- Lunch
- Go for a seven mile run again
- Rest for two hours
- Dinner
- Go for a THIRD seven mile run.

RACE REPORT

Trevor has described his experiences as a participant of the Marathon des Sables, in a presentation to friends and colleagues who have sponsored him to take on this challenge, saying that the first day (some 20 miles) was a piece of cake and he really enjoyed it.

The second day (21 miles) was a little harder as it involved running up and down fluffy sand dunes, so for every one metre he ran forwards, Trevor said that his foot slipped back half a metre. This doubled the amount of energy he needed to get to the daily finish line.

Day three (23.5 miles) was over even more rugged terrain and here he developed a hot spot, which indicates the beginning of a blister.

Days four and five were the two long days, where he faced running 48 miles. In preparation for the day, Trevor strapped up his blister – only later realising that the way he strapped

it was not the best way and it went on to cause him substantial discomfort. He then started his long run using the run/walk strategy that had worked for the previous three days; walking up hill, running on flat ground and walking on soft sand.

This worked until the 37th mile when his blister had become bare flesh and very painful. When he got to the checkpoint he realised that he still had 11 miles to go in the pitch black, so he walked the rest of that stage.

This meant that he was extending the 12 hours he planned to do this stage in to 16 hours, but his food and water provision had been prepared for 12 hours.

Speaking about this moment, Trevor said: "Imagine completing the London marathon only to be told at the finish line that you have to turn around and run the course in reverse to get to your dinner and some rest." Due to his detailed mental preparation though, Trevor was well prepared for the challenge and he had trained his body to keep going on tired legs.

The final day was the marathon across the desert, its hills, mountains and sand dunes. Trevor completed

the 232.1 kilometre race in 39 hours, 33 minutes and 22 seconds spread over six days, and celebrated his 48th birthday on the final day of the race. He finished in 374th place out of 792 runners – a fantastic achievement.

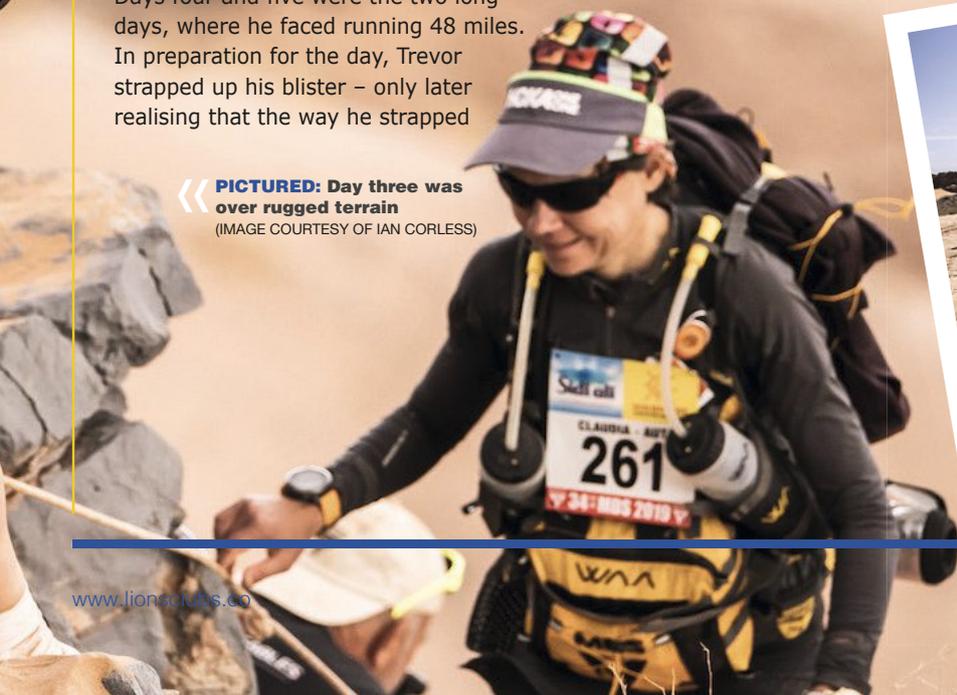
At the time of writing, Trevor has raised more than £5,200 and Coventry Leofric Lions are immensely proud of his commitment, dedication and generosity – Trevor has the heart of a true Lion.

PICTURED: Lion Trevor Binch has the heart of a true Lion

(IMAGE COURTESY OF IAN CORLESS)



PICTURED: Day three was over rugged terrain
(IMAGE COURTESY OF IAN CORLESS)



PICTURED: Lion Trevor faced temperatures in excess of 50 degrees Celsius and he carried all his food and drink for each stage of the race
(IMAGE COURTESY OF IAN CORLESS)

Sight for Kids, a powerful partnership

By Jamie Konigsfeld

Ben was just three years old. He should have felt happy, inquisitive and brave. Instead, he always seemed to have an angry expression on his face. He rarely smiled. In addition, he had delayed motor skills and difficulty walking; he would frequently run into things. He was frustrated and expressed it through crying and tantrums. Confused by his behaviour, Ben's parents were not sure how to help him. What they didn't know was that Ben was struggling to see the world clearly.

Ben's parents suspected there might be something wrong with his vision, but couldn't afford to take him to the doctor. Then they learned about Sight for Kids, a school-based partnership programme between Lions Clubs International Foundation (LCIF) and Johnson & Johnson Vision. Sight for Kids Kenya organised an outreach camp in Ben's home city of Kisumu in

western Kenya. Though he was not yet old enough for school, Ben was brought in for a special evaluation. After some testing, doctors diagnosed Ben with a dense congenital cataract in his right eye, rendering him completely blind in that eye. He had probably had it since birth.

Ben's parents brought him to the Lions SightFirst Eye Hospital for an operation at no cost to them. A surgeon removed the cataract from Ben's eye, taking away the dark cloud over his vision. After surgery, Ben needed glasses, which were also free of charge. When he put on his glasses for the first time, Ben's angry grimace disappeared. In fact, he grinned. Then he started laughing. He was seeing clearly for the first time in his life.

"A lot of people just do not know what eye health is," says Dr. Tanvi Shah, Senior Optometrist and Sight for Kids

Kenya Chairperson at Lions SightFirst Eye Hospital. "Children do not know what normal eye sight is, so a lot of these eye conditions go undetected due to lack of awareness and lack of access to treatment facilities and funds," she says.

Through the caring support from doctors with the Sight for Kids programme, Ben's entire life changed. He went from being categorised as a 'naughty' child with puzzling behaviour to a happy, healthy toddler with the same capabilities as other children of his age. Dr. Shah even described him as "bubbly."

A PARTNERSHIP FOR KIDS

Sight for Kids is a community-based eye health education and vision screening referral programme for children created through the partnership between LCIF and Johnson & Johnson



PICTURED: A Sight for Kids volunteer screens the vision of a young boy in Thailand



PICTURED: Ben has fun playing in his new reality, thanks to Sight for Kids

Nearly 19 million children are visually impaired globally. Of these, two out of three need access to simple eyeglasses.

Vision in 2001. The programme mobilises local eye care professionals, Lions, and volunteers to conduct vision screenings in low-income schools and provides teachers with eye health training. When a potential eye problem is detected, the programme refers the student to a doctor for an exam and provides eyeglasses or other necessary treatment. Eyeglasses for refractive errors are the most common form of treatment from Sight for Kids, but the programme also catches impairments that are more serious — like Ben’s cataract — that could lead to irreversible vision loss, missing developmental skills and lost social opportunities.

Sight for Kids began with just a few programme sites in Asia and a goal to provide schools with as much eye health care, education and awareness as possible. In recent years, thanks to the global network of support between local Lions, LCIF, and Johnson & Johnson Vision, Sight for Kids has grown to reach new cities in China, Turkey, and Kenya. Today, Sight for Kids is believed to be the largest school-based vision screening programme in the world.

Locally, Lions are critical stakeholders for the programme. Lions recruit local eye care professionals and help engage and gain permission from

health ministries, departments of education and school leaders to turn teachers into champions of healthy eyes. They also help parents navigate the process of getting eye care for their children, easing their worries about cost and helping them gain access to experienced professionals.

SHARED VALUES

Sight for Kids’ tremendous growth can be attributed to the shared values between Lions and Johnson & Johnson Vision. Johnson & Johnson Vision believes in improving local communities and global health through their vision ‘to help people see better, connect better, live better.’ Lions are ‘knights of the blind,’ dedicated to ending preventable blindness in underserved communities all across the globe.

“Sight allows us to uniquely connect with life’s moments — and with each other. At Johnson & Johnson Vision, we are connected by a powerful purpose — to change the trajectory of global eye health,” says Shlomi Nachman, Company Group Chairman for Johnson & Johnson Vision and Interventional Solutions & Specialty Surgery. “That’s why, every day, we work with eye care professionals to connect cutting-edge insights, science and technology and increase awareness to solve a lifetime of eye health needs. From protecting and correcting vision to allow our youngest patients to grow, play and learn; to enhancing and restoring vision to fully experience the lives we’ve built...we’re there every step of the way. Together, we are creating a world connected by sight.”

Through LCIF and Johnson & Johnson Vision’s commitment to healthy vision, Sight for Kids has reached more than two million children per year, and recently surpassed 30 million children total in its near 18-year partnership. Johnson & Johnson Vision’s support, both in charitable grants, as well as employee leadership and engagement, have helped local Lions put the necessary resources and expertise in place to create healthier communities that give kids a better chance at success.

FUTURE ENDEAVOURS

So what is next after serving 30 million children in 18 years? Together, LCIF and Johnson & Johnson Vision aspire to double the number of children treated, surpassing one million treated globally, through Sight for Kids by 2021.

KEY SIGHT FOR KIDS ACCOMPLISHMENTS SINCE 2001

- 30 million children served across 10 countries;
- 170,000 teachers trained;
- 600,000+ children treated through no-cost eyeglasses and other critical vision treatment; and
- US\$4.5 million provided by Johnson & Johnson Vision in local funding.



PICTURED: Ben sits with Doctor (and Lion) Tanvi Shah, pre-surgery



EXECUTIVE SUMMARY

INTERNATIONAL BOARD OF DIRECTORS MEETING

Reykjavik, Iceland – April 3-6, 2019

AUDIT COMMITTEE

1. The committee will continue to monitor and follow up on action plans.

CONSTITUTION AND BY-LAWS COMMITTEE

1. Appointed International Director Dr. Datuk Naga to serve as the Coordinating Lion for the former District 301-A1 (Philippines) for fiscal year 2019-2020.
2. Approved the formation of the Ad Hoc Committee on Board Representation for fiscal year 2019-2020; established the objectives, duties, meeting schedule and budget for the ad hoc committee and authorized the international president, in consultation with the Executive Officers, to appoint one past international president or past international director from each constitutional area and Africa, with one of the members appointed to serve as the chairperson of the committee and that the ad hoc committee appointments will be effective upon confirmation by the international president and continue until the end of the 2019-2020 fiscal year.
3. Authorized the General Counsel to grant a non-exclusive license to the Fondation Des Lions De France and the Lions Australia Fund for LCIF to use the name "Lions" and the association's emblem in accordance with the association's trademark policies. Further authorized the Lions Foto Club MD 108 Italy to use the name "Lions" and the association's emblem in accordance with the association's trademark policies contingent upon the removal of the term "club" from the name of the foundation.
4. Revised Chapter II, Paragraph C. of the Board Policy Manual to amend the charter of the Constitution and By-Laws Committee to include the committee's responsibilities related to governance and risk management.
5. Revised Chapter VII, Paragraph A.1., A.2., A.3. and A.4., of the Board Policy Manual to remove unnecessary language.
6. Revised the Standard Form District Constitution and By-Laws in the Board Policy Manual to correct an inaccurate reference in the Rule 6(d) of the Rules of Procedure – Special Meeting to Recommend a Lion for Appointment as First or Second Vice District Governor.
7. Adopted a resolution to be reported to the 2019 International Convention to amend Article 5, Section 3 of the International Constitution to add a new constitutional area of Africa and to add representation of one new international director to Africa in even-numbered years; rename the constitutional area of ISAAME to ISAME; and list the constitutional areas in numeric order.

CONVENTION COMMITTEE

1. Selected Atlanta, Georgia, USA as the destination for the 2026 International Convention

DISTRICT AND CLUB SERVICE COMMITTEE

1. Approved the Club and District Excellence Award requirements for the 2019-2020 fiscal year.

2. Granted relief for June 2019 Semi-Annual Dues Billing for the Palu Maleo Lions Club of District 307-B2 (Indonesia) and dues prior to the December 2018 Semi-Annual Dues Billing for the Juba Host Lions Club of undistricted South Sudan.
3. Granted the Republic of Bulgaria provisional region status at the close of the 2019 International Convention.
4. Approved the appointment of Coordinating Lions for the 2019-2020 fiscal year.
5. Approved the creation of district 301-A4 (Philippines).
6. Approved the appointment of district governors for the provisional districts for the 2019-2020 fiscal year.
7. Appointed Past District Governor Alf-Goran Andersson to serve as district governor for District 101-S (Sweden) through the close of the 2019 International Convention.
8. Revised Chapter VII, Exhibit A, Standard Form District Constitution, Article VI, Section 2 so that the district global action team coordinators and the LCIF district coordinator are non-voting members of the district cabinet.
9. Provided official name badges for past board appointees and board liaisons

FINANCE AND HEADQUARTERS OPERATION COMMITTEE

1. Amended the Investment Policy Statement for the International Association of Lions Clubs General Fund with the revised Broad Asset Allocation.
2. Approved the FY 2018-2019 3rd Quarter Forecast, reflecting a deficit.
3. Amended the Investment Policy Statement for the Retirement Income Plan for the Employees of the International Association of Lions Clubs with the revised Target Allocation.
4. Revised Chapter V of the Board Policy Manual.
5. Revised Chapter XI of the Board Policy Manual.
6. Revised Chapter XXI of the Board Policy Manual.
7. Revised the B.2. Executive Officer Travel and Expense Reimbursement Policy.

LEADERSHIP DEVELOPMENT COMMITTEE

1. Approved the curriculum plan and schedule for the 2019-2020 First Vice District Governors/District Governors-Elect Seminar.
2. Amended Board Policy Manual regarding the Emerging Lions Leadership Institute and the Regional Lions Leadership Institute to prepare for future modifications to these programs.
3. Amended Board Policy Manual to clarify the timing of certification expiration and the recertification period for the Lions Certified Instructor Program.

LONG RANGE PLANNING COMMITTEE

1. Reviewed the status of existing and upcoming key LCI Forward initiatives: Rollout of global causes, Campaign 100, MyLion, new website and Learning Management System.



EXECUTIVE SUMMARY

INTERNATIONAL BOARD OF DIRECTORS MEETING



- »
2. Recommended an amendment to the International Constitution establishing a new constitutional area designated as "Africa" be presented to the delegates for approval at the 2019 International Convention.
 3. Discussed the overall board representation and recommended that further analysis regarding board representation be considered.
 4. Reviewed club officer survey results which identified the need to assess clubs' evolving needs and opportunities and to inform future training programs.
 5. Discussed in detail the current process of annual goal-setting by DGEs and possible ways to enhance effectiveness.
 6. Reviewed the continuing growth trends of women membership worldwide.
 7. Continued its review of the Long Range Planning Committee charter and adopted revisions to align with LCI Forward.

MARKETING COMMUNICATIONS COMMITTEE

1. Revised Chapter II, Paragraph J. of the Board Policy Manual to update the Marketing Communications Committee charter to better align with current and future association priorities.
2. Revised Chapter XVI of the Board Policy Manual to remove outdated information on LION Magazine.
3. Revised Chapter XVI, Paragraph B.1. of the Board Policy Manual to add Nepal as an official edition of LION Magazine, effective July 1, 2019.
4. Revised Chapter XVI, Paragraphs A.14. and B.3. of the Board Policy Manual to reduce the minimum required print editions of official editions of LION Magazine from four per year to two per year, and update reimbursement to official editions from USD \$4.00 per member to USD \$2.00 per member, paid bi-annually, effective July 1, 2020.
5. Revised Chapter XIX, Paragraph F. of the Board Policy Manual to designate the International President may distribute International President's Certificates of Appreciation to Executive Officers, International Directors, Past International Directors, Past International Presidents, and any other title designated by the International President, effective July 1, 2019.

MEMBERSHIP DEVELOPMENT COMMITTEE

1. Recommended that the Family Membership Pilot Program in Japan be discontinued in October 2019.
2. The 2019-2020 GAT operational plan and changes effective July 1, 2019:
 - Discontinuation of Vice Chairperson positions.
 - Consolidation of CA level GST, GMT, GLT positions to a single CA level GAT position.
 - Discontinuation of CA level Vice Chairperson positions.

- Creation of GAT Regional Leader positions for some countries in OSEAL.
 - Consolidation of Area level GST, GMT, GLT positions to a single Area level GAT position. Reduction of overall number of area level positions.
 - All positions will be annual appointments.
3. Separated the Lioness Initiative from the Join Together Program and established the Lioness Bridge Program, which would expire on June 30, 2021.
 4. Approved 8 Lions and 9 Leos as part of the Leo Clubs Advisory Panel for July 2019-June 2021 term, along with 6 alternate Lions and 5 alternate Leos.
 5. Requested that all future references to the Leo Lion membership type be modified and designated as Leo-Lion.
 6. Added punitive language to the Family Membership Program to prevent abuse or misuse of the discount for family members not living in the same household (with the exception of those members under age 26 if they are pursuing higher education or serving in their country's military) or to non-family members.

SERVICE ACTIVITIES COMMITTEE

1. Resolved to retire the Club Twinning program, effective July 1, 2019.
2. Resolved to retire the Children's Symposium program, effective July 1, 2019.
3. Voted on winners of the Partners in Service video contest.
4. Approved changes to service activity reporting, including the reinstatement of signature activities, reporting sub-categories, and the 3,000 cap on reported beneficiaries for each service activity. These changes will be incorporated when Service Activities Reporting transitions from MyLCI to MyLion on July 1, 2019.
5. Approved the Lions Clubs International and Wellness Initiative joint work plan.
6. Approved the Memorandum of Understanding with the American Association of Diabetes Educators.

TECHNOLOGY COMMITTEE

1. Established a Privacy Working Group that would report directly to the Technology Committee on GDPR topics. The Privacy Working group would act as the liaison between the GDPR Advisory Group and the Technology Committee. The international president would appoint members of the Privacy Working Group from Lions from Constitutional Area IV.
2. Approved the ERP finance implementation initiative with the understanding that the formal approval of the proposed division budget will take place in June 2019 at Milan.

For more information on any of the above resolutions, please refer to the LCI Web site at www.lionsclubs.org or contact the International Office at 630-571-5466.

Going for Gold with LIBRA!

The Lions International Blood Research Appeal (LIBRA) is pleased to launch its new 'Going for Gold' fundraising campaign with a target of £300,000 to be raised by the end of 2024.



GOING FOR GOLD

Trustees are calling for the support of Lions to help raise these funds so that LIBRA can help to cover the cost of much needed equipment for a planned new King's Health Partners Haematology Institute, which will be located at King's College Hospital in London.

The equipment will be used to develop lifesaving therapies for blood cancer patients and those with blood disorders in the UK and overseas.

LIBRA Trustees work closely with Professor Ghulam Mufti OBE, Head of the Haematology Department at King's College Hospital (KCH) who recently explained more about the planned new haematology facilities at King's.

GLOBAL LEADERS

He said: "It will be known as the King's Health Partners Haematology Institute, embracing the haematology departments currently located at King's College Hospital, Guys Hospital, The Maudsley Hospital and King's College University London.

"Our aim is to be global leaders, with a unique emphasis on mind and body and a focus on patient outcomes, combined with powerful discovery and translational research underpinned by a breadth of education. As 'KHP Haematology', we are building a hub and network that will change the lives of people with blood disorders locally

and globally, by creating a culture that engages staff, patients and carers alike.

"The new facilities will be located within the current footprint of KCH. As well as much needed LIBRA funded equipment, the new building will house all current haematological departments from the partners and will include 100 NHS inpatient beds, 25 private patient beds and full outpatient clinic facilities."

The aim of LIBRA's Going for Gold campaign is to encourage our supporters to get active and raise funds towards its £300,000 target at the same time, no matter what your age or ability.

YOU CAN DO AMAZING THINGS

LIBRA supporter, Dame Kelly Holmes MBE, is inspiring Lions to get involved and said: "You can do amazing things for LIBRA including marathon runs, 10k runs, walks, overseas treks, triathlons, sponsored activities, sports quiz nights, and all sorts of exciting fundraisers. Come on and take up the challenge and help to save more lives!"

Dame Kelly campaigns to raise awareness of blood cancer after losing her mother to myeloma. The double gold medal winner teamed up with LIBRA as she is encouraging people to provide support so that new lifesaving and life improving blood cancer treatments can be created.

FIND OUT HOW YOU CAN HELP

If you would like to find out more please visit:
www.libralionscharity.org
 or email:
info@libralionscharity.org
 to request a campaign leaflet.



PICTURED: Dame Kelly Holmes says: "You can do amazing things for LIBRA"

Lions Quest students partner with Leos to protect the environment



By Jamie Konigsfeld

Ganesha is the Elephant God, the remover of obstacles, the patron saint of arts and sciences and the deva of intellect and wisdom. As no Hindu event starts without first invoking Ganesha, Lions Quest students and Leos find great importance in finding a way to honour Ganesha and in an environmentally friendly way.

Every year during August or September, the birth of Ganesha is celebrated with the Hindu festival, Ganesh Chaturthi. During this time, participants worship Ganesha idols for 10 days and then immerse them in the sea or in other pools of water. Many of the ingredients to create the Ganesha idols are pollutants and when millions of these idols are immersed into local seawater, lakes, ponds and wells, the water becomes polluted with toxins and kills marine life, year after year, causing great damage to the underwater ecosystem.

SERVICE PROJECT

To change this practice, middle school students in Bangalore, India, are creating environmentally friendly clay idols as part of a Lions Quest service project led by Leos. Lions Quest is Lions

Clubs International Foundation (LCIF)'s social and emotional learning curriculum. The pre-kindergarten through to grade 12 programme promotes positive behaviour, anti-bullying, drug, alcohol and tobacco awareness, character education and service learning, all while building a connection to school.

Skills for Adolescence, the Lions Quest curriculum for grades 6, 7, and 8, promotes positive student behaviour that will lead to greater academic success. Students develop the knowledge to say no to negative peer pressure and make healthy choices that will follow them outside the classroom into their community.

SERVICE LEARNING

One aspect of the programme that Lions and Leos can especially connect with is service learning. At a nearby high school, there are Leos in each grade level who are part of the Someshwarapura Legacy Leo Club. Their primary role is to promote Lions Quest and to lead service projects with their classmates and other area schools. The Leos recognise the local water pollution as a big problem and want to make a difference.

Each year, a month in advance of the celebration, the Leos guide students through making their own environmentally friendly clay Ganesha idols. They take time to show the students how to carefully sculpt each part of the idol. They also visit other schools, colleges and temples to spread the word and teach others. Each year, the Leos teach a new class of students how to make their own clay Ganesha that will not harm the earth, a skill the students can pass along to their family and friends.

SERVICE TO THE ENVIRONMENT

When the students finish creating their Ganesha, they proudly take it home, worship it for 10 days, and then immerse it into a bucket full of water. Afterwards, the bucket of water, which has no pollutants, only clay, is used to water plants. Year after year, the students learn taking care of the environment can be easy and they are proud to be contributing toward a healthier environment for their city and homes. By working to change a centuries-old tradition, the students' service is promoting a healthier environment for generations to come.



PICTURED: Two students present their versions of the environmentally friendly clay Ganesha idols



PICTURED: A traditional Ganesha idol is immersed into the sea



PICTURED: Leo Yashas teaches the schoolchildren how to make environmentally friendly clay Ganesha idols

Visit LCIF.org/BE100 to learn how Campaign 100 will protect the environmental health of our global communities, generating long-term, positive ecological impact.



Bus stop

Black Mountains Lions presented £1,000 to three of the team from Hay Dial-a-Ride. Without their buses and the team of volunteers, many local members of the public would find it difficult to shop, visit the doctor or dentist and get around in general. The Dial-a-Ride scheme serves a wide rural area and the upkeep of their transport is paramount so Black Mountains Lions are happy to help keep their buses on the road.



PICTURED: Black Mountains Lions with some of the Dial-a-Ride volunteers



PICTURED: Torpoint and Rame Lions marshalling the Black Prince event



PICTURED: Maypole dancers at the Black Prince event

Cornish celebrations

Torpoint and Rame Lions marshalled the Black Prince event on the May Day Bank holiday as it spread throughout the villages of Millbrook, Kingsand and Cawsand, under a perfect sky.

The procession was led by members of HMS Raleigh who carried the Black Prince ship at shoulder height for the entire route, followed by town criers from all over the southwest, maypole dancers and Morris dance groups who twisted and turned through decorated streets.

The fete at Millbrook was attended by hundreds of people and at the end of the day, the Black Prince Flower boat was gently launched into the sea by the naval ratings and towed away across the waves.

WHEELCHAIR LOAN

For the past 20 years or so, Torpoint and Rame Lions have operated a wheelchair loan service to anyone in the Rame Peninsula, including holiday-makers. They have 20 chairs ready for use and don't charge for the service but it is generally appreciated that a small donation is welcomed towards the Club's charity pot upon the chair's return. Lion Chris Mackie maintains them and keeps a check on all things related to the service.

If any Club would like to set up a similar wheelchair loan scheme, Chris is happy to help. Email him at m6utz@hotmail.com

Cars at Clevedon



Clevedon Lions Club held its fourth annual Brimar Classic Car event in April.

The cars were waved off from Congresbury Garden Centre to begin the 12 mile course and finished at Salthouse Fields in Clevedon. Around 200 classic cars and motorcycles took part in the event, which proved to be very popular with all ages.

The event raised more than £8,000 in total with almost £5,000 raised on the day, and thanks to that, Children's Hospice South West has now been presented with a cheque for £5,000 by Lions Glynn Hill, Mark Kenyon, Paul Pollock, Peter Groves and David Gwynne.

PICTURED: BBC Points West presenter, Alex Lovell, at the start of the Clevedon Lions car event



Windsor Lions sponsor Riding for the Disabled at Royal Show



PICTURED: Even some of the ponies were exquisitely dressed

Windsor Lions sponsored the Riding for the Disabled Association (RDA) regional groups that entered the fancy dress competition at the Royal Windsor Horse Show in May. More than £1,000 was distributed to six different groups from all over Berkshire and adjoining counties in both the riding and carriage driving categories.

This popular event has been sponsored by Windsor Lions for many years and is just one element of the Club's support of disability sport, specifically riding.

Lion Roger Hale, Windsor Lions event manager, said: "We love being involved in this event. And it is with great pleasure that we distribute the funds we do – we know they are well used for the support of these fantastic RDA groups."

Donations for Daisy's Dream and Involve Community Services

Wokingham Lions presented cheques of £500 each to two local charities recently, Daisy's Dream and Involve Community Services.

Daisy's Dream supports children and families throughout Berkshire who have been bereaved and the Lions' £500 will support a family for one year.

Involve Community Services supports other local charities and community groups and the £500 will be used for the Community Navigation Scheme, which helps people find help and support for a variety of issues, such as self-care, social care, housing, anxiety and mental health.



PICTURED: (L-R) Andy Slay, May Fayre Chairman at Wokingham Lions Club, Philip Cook, General Manager at Involve Community Services, Debbie Slay, President of Wokingham Lions Club and Ellen Ludlow, fundraiser at Daisy's Dream



PICTURED: Lions Dave Brown, Ray Bentley and Simon Rankin with Eric Knibbs, Shaeda and Tom Croft from the Frimhurst Family House

Computer wizards

The Lions Clubs in Farnborough, Fleet, Hart, Aldershot, Hook & Odiham and Yateley have collected computers, which are being replaced from offices and schools, to refurbish and update before donating them to worthy causes as part of the Zone 4K IT Refurbishment Programme.

Four such machines were donated to the Frimhurst Family House, run by ATD Fourth World Charity, which offers vulnerable families respite from poverty, discrimination and social exclusion by organising short break holidays in their Victorian manor house.

Farnborough Lion, Ray Bentley, said: "Using the expertise and financial support within our local Lions Clubs we can upgrade the donated computers, install licensed Windows 10 Operating Systems together with word processing software etc. to give local charities fully operating computer systems."



May Day with Whitstable and Herne Bay Lions

Lion Dixie Lee began the May Day Celebrations in Whitstable 43 years ago and Whitstable and Herne Bay Lions have upheld the tradition ever since. Families and holidaymakers flocked to Whitstable Castle and no one seemed surprised to see a large black bear, a wooden horse, Maid Marian and Robin Hood dancing through the streets, all led by a large green bush...

Last year's high temperatures were just a memory but the sun made a brief appearance as families picnicked on the grass and children joined the Lion Hunt for the Lions' decorated stones while the Lions' games, candy floss and coconut shy were very popular.

President, Mike Shaw, presented the three winning entrants to the poster competition with their prizes of art materials on the castle terrace. A record number of more than 400 children from local primary schools had entered the competition to design a May Day poster and these were all laminated ready for display around the grounds of Whitstable Castle. The winning poster, by Kitty Pout from Joy Lane Primary School, was printed on the front cover of the event programmes.



PICTURED: Crowds at the May Day Celebrations at Whitstable Castle



PICTURED RIGHT: The poster competition winners with their prizes on the castle terrace >>

Tonbridge annual carnival turns out fine

The annual Tonbridge Carnival and Fête organised by Tonbridge Lions Club took place in June. An early rain shower stopped minutes before the start of the procession, leaving a fine dry spell for the thousands of spectators who lined the High Street to watch the floats, bands, majorettes, dancers, classic mini cars and walking groups many who embraced this year's theme; 'Flower Power'.



PICTURED: The 17th Tonbridge Scout & Guide Band



PICTURED: 'It's a Knock Out' organised by Tonbridge Lions

IT'S A KNOCK OUT

Earlier in June, the Club invited local groups with learning and physical difficulties to attend the annual 'It's a Knock Out' fun day.

Fourteen teams attended with about 120 participants and their carers taking part in a variety of games, some very active, some testing the participants' and the carers' speed of running, following instructions and manual dexterity. Prizes were awarded to the first and second places and all participants received medals.



Osterley celebrates carers



On 15th June, Osterley Lions Club arranged Hounslow Carers' Celebrations – a tea party at the Indian Gymkhana Club for more than 100 carers working in our communities.

A delicious buffet of salads, hot snacks, sandwiches, scones and desserts was served. Entertainment included bingo, raffle and plenty of dancing to tunes provided by DJ Surinder. Chief guest, the Mayor of Hounslow was grateful to receive a cheque for £101 for his charities.

◀ PICTURED: Osterley Lions Club's feast for carers

Coventry Leofric Lions support Food Bank Coventry

As part of their partnership with the Trussell Trust and Coventry Food Bank, Leofric Lions collected dry goods as part of their ADLENT Calendar.

They collected cereals, pasta, tinned products, rice, tinned fruits, beans, biscuits, coffee, tea, tinned fish, long-life juice, squash and chocolate – enough dry goods to provide a full meal for 275 people. As well as food, they also collected laundry powder, soap, shampoo, toothbrushes, hand wipes, toilet paper, soap, deodorant, sanitary products, shower gel, shaving gel and washing up liquid.

They publicised their collection across their social media platforms and say that they had a humbling response from members of the local community who wanted to support this important cause.



◀ PICTURED: Coventry Leofric Lions collected enough dry goods to provide a full meal for 275 people



PICTURED: Warwick Lions supporting Safeline

Supporting Safeline

Following a successful fashion show and girls' night out organised by Warwick Lions on behalf of the local charity Safeline, Lions Tamara Friedrich and Hannah Johnson were able to present Safeline CEO, Neil Henderson, with a cheque for £1,000.

Safeline is an independent and non-discriminatory charity working to support the victims of rape and sexual abuse and to prevent the sexual exploitation of children. They offer specialist tailored support and counselling to anyone affected by the trauma of sexual abuse.

Pop goes the Diesel!

The annual Lakes Charity Classic Vehicle Show, organised by Windermere & Ambleside Lions Club, took place at the Grasmere Show Field on Father's Day in June – the event has been growing every year since its inception in 2012.

This year, a record number of classic vehicles were on show and more than 2,000 members of the public attended to join in the Father's Day fun. Best in Show prizes were awarded to the best car, best motorbike, best tractor and best truck – based on a public vote throughout the day.

Other events included a 'Pop Goes the Diesel' competition where the oil and water was drained from the engine of an old Peugeot, a brick was put on the accelerator to hold it down and it was left to run at full revs, visitors had to guess how long it would take for the engine to go 'pop'. It only took 36 seconds to burn out.



◀ PICTURED: Magnificent Minis



PICTURED: A line up of Porsches at the Windermere & Ambleside Lions Club Lakes Charity Classic Vehicle Show



Lions man a marathon hydration stop

Lions from Bletchley, Milton Keynes, Newport Pagnell and Olney manned one of the hydration stations for the Milton Keynes half marathon recently.

They estimated that in two hours they handed out about two tons of water and energy drinks in 330ml bottles to 2,500 runners. Lions then cleaned up their water stop to make sure they left the area at Walton Lake looking as lovely as they found it.



PICTURED: Water for Milton Keynes runners

Harrogate Lions on the early shift



PICTURED: Harrogate Lions manning a Tour de Yorkshire Sportive feed station



Some Harrogate Lions Club members had an early start one Sunday in May when they helped to run a feed station at Beckwithshaw, during the Tour de Yorkshire Sportive cycle event.

The first cyclists started to arrive just after 7.00am and the last one went past at 11.15am. The Lions were kept busy, but had good fun and were pleased to receive compliments from some lovely people who had travelled from all over the UK to take part in the event.

Lions Club of Plymouth Swimathon

This year, the Lions Club of Plymouth Sponsored Swimathon Event was held on Sunday 17th March at Saltash Leisure Pool and it raised £5,000.

Fourteen teams of five swimmers in four heats entered the event. Each team member had to swim 25 metre lengths in a relay over a period of 50 mins. The team covering the most lengths were the winners.

The presentation of medals and the trophy took place at the Lord Mayor's Parlour in May, with the Deputy Lord Mayor Cllr Terri Beer officiating, assisted by the Vice President of the Lions Club of Plymouth, Lion George Poad.

All swimmers aged 16 or under were awarded a medal inscribed to indicate their achievement and a trophy was presented to winning team, Team Tanzania, which consisted

of only four young ladies who completed an amazing 148 lengths.

Each team swam for a charity of their own choice in addition to the Lions chosen charity with the individual sponsorships being split 50/50.



PICTURED: Plymouth Lions Swimathon raised £5,000



Southam & District Lions' triathlon

The Southam & District Lions' spring triathlon was held in April in the spectacular Warwickshire countryside. This is the fifth time that Southam & District Lions Club have organised the event, and this year, 134 adults and 106 children took part in the three disciplines: the 400 metres swim, a 20km cycle ride and a 5km run.

Trophies were awarded to the first three competitors in the adult events and to the winners of the male and female veteran's events. Medals were given to every competitor that completed the course.

The winner of the men's event was George Goodwin, in 53 minutes and eight seconds and the women's event was won by Isabel Davis in one hour 15 minutes and 58 seconds.



PICTURED:
George Goodwin



PICTURED:
Isabel Davis

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Activity Alliance partnership

For more than three decades, the Lions Clubs International British Isles has supported the National and Regional Junior Athletics Championships through Activity Alliance's events programme. Activity Alliance would like to thank the Lions Clubs International British Isles for their unwavering support and commitment, in which they have dedicated thousands of hours to volunteering and raised a tremendous amount of money.

Lions Clubs International British Isles are a huge part of the National Championships. This event takes place in July every year and aims to increase the number of disabled people in sport. It supports athletes from all over the country, who compete in a series of track and field events. The Lions Club's support at this event is vital and assists Activity Alliance to deliver a fantastic weekend of athletics.

"We are extremely proud of our continued partnership with the Lions. Long-term supporters like you are crucial for our work in making active lives possible, challenging perceptions and increasing the number of opportunities for disabled people across the country. We look forward to changing lives together for many more years."

Coventry Leofric Lions sporting dinner 2019

The 2019 Leofric Lions sporting dinner was a great success, raising more than £6,000 for the MS Trust and the Leofric Lions Charity account.

After dinner speaker, Gareth Chilcott, England and British Lions Rugby Union player from the 1980s, entertained the audience with tales of the five nations and the British Lions tour of the southern hemisphere.



Children are the future and the future is bright!

Lion Phil Nathan explains how a new comic book, 'HEROES!' is set to inspire the next generations of Lions.

At the MD Convention in Swansea, delegates had the privilege of listening to an inspirational presentation by Tim Quinn, artist, raconteur, writer, visionary and creator (together with the City of Liverpool Lions Club) of HEROES!, a comic for children.

Tim has worked as a writer, illustrator and editor on the iconic comic books of the past 40 years including The Beano, Dandy, Bunty, Topper, Beezer and those super-heroes of Marvel Comics fame; Spider-Man, X-Men, Avengers and Captain America. He has also worked as a producer on the South Bank Show documentary TV series.

WHY WE NEED A COMIC BOOK ABOUT HEROES

Tim explained: "Super-heroes have captured the imagination of children and adults across the world since Superman made his first appearance back in 1938. The comic book medium has been a recognisable art form since mankind stopped dragging its knuckles along the ground and realised that communication was key to life on planet Earth.

"The resulting cave wall paintings are still communicating their stories to us all these years later."

THE NEXT GENERATION TO LIONS

The plan is that Tim Quinn will produce four issues of 'HEROES!' a year and each issue will showcase how young people are already attempting to make the world a better place. We want to fan that Lion-hearted spirit to a blaze in the new generation. Together, Lions Clubs International and artists from Marvel Comics and other top comic book companies, will be creating positive, exciting and uplifting tales to bolster a new children's crusade. Children are the future and the future is bright!

Tim sees 'HEROES!' as both a literacy project and the perfect publication to introduce the next generation to Lions. The comic will feature fairy tale sequels, super-heroes, history, science, poetry and thrilling adventure stories all told in artwork from many of the world's greatest illustrators. The artwork will pull in even the most stubborn non-reader and make them want to read and I can think of few better gifts to give a child than the love of reading. Our heroes all come without weapons, surviving on their wits alone – this is very important in our increasingly violent world.

FOR CHILDREN EVERYWHERE

HEROES! was originally intended as a service and awareness project to be given to children in hospital, however, its reach is such that it can also be given to those in primary

schools, children's hospices and to children with special educational needs.

Tim says: "I've been working with schools across Merseyside during the past three months and found that our pilot issue of 'HEROES!' has been used very successfully in all existing literacy schemes. Primary schools could be a huge area to work in as the comic develops over the next few years."

Since Tim spoke in Swansea, there have been many positive comments about the opportunity 'HEROES!' presents to Lions throughout the Multiple District and potentially, globally.

With the approval of the Council of Governors, 'HEROES!' will be published by Lions Lifeskills Ltd; and presents three opportunities in one:

1. An outstanding service project;
2. A promotional vehicle by virtue of the Lions and Leos logos; and
3. A low cost, high quality fundraiser.

Lion Phil Nathan, Chair, MD105 Service Committee to Tim Quinn

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IN MEMORIAM

These Lions from MD105 British Isles have recently left us. We honour their memory and the contribution they made in their Lionistic service for the good of others.

AGARWAL: Lion Subhash
Lions Club of Coventry Godiva

* * * *

AHDAN: Lion Partap Singh
Ealing Lions Club

* * * *

COOKE: Lion Michael
Shirley Lions Club

* * * *

CROWLEY: Lion John
Exeter West Lions Club

* * * *

ELLIOTT: Lion Guy
Loddon Valley Lions Club

* * * *

GALLOWAY: Lion Sue
Bradford on Avon Lions Club

* * * *

JACOBS: Lion Nigel
Yeovil Lions Club

* * * *

JAMES: Lion Derek
Chepstow and Caldicot Lions Club

* * * *

LOVELL: Lion Peter
Witney Lions Club

* * * *

MACKERETH: Lion Noel
Windermere & Ambleside
Lions Club

* * * *

MAGUIRE: Lion Pamela
Haverhill Lions Club

* * * *

OSBORNE: Lion Mike
Hailsham Lions Club

PROBERT: Lion Graham
Chepstow and Caldicot Lions Club

* * * *

SARNA: Lion Tilak Raj
Ealing Lions Club

* * * *

SCOTT: Lion David
City of Liverpool Lions Club

* * * *

SMITH: Lion Harry
Keynsham & District Lions Club

* * * *

SMITH: Lion June
Caterham Oxted & Godstone
Lions Club

* * * *

TICKLE: Lion William
Isle of Man Lions Club

* * * *

WILLIAMS: Lion Brenda
Southbourne West Sussex
Lions Club

* * * *

WOODMAN: Lion Barbara
Fleetwood and Cleveleys
Lions Club

* * * *



To read full, unedited obituaries of all those Lions listed on this page who have passed to Higher Service, go to:
<https://lionsclubs.co/In-Memoriam>

Almoners: please email obituaries to:
In-Memoriam@lionsclubs.co.uk

There is no upper word limit and you are very welcome to include photographs.

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