

# LION



SPRING 2021

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# We can overcome

The past year has been one marked by struggle. The struggle to stay healthy; the struggle to serve those in need and the struggle to maintain some sense of who we are in the face of such unprecedented circumstances.

But a new year lies ahead. And with that, a renewed sense of purpose and meaning. When I think of all we have faced I am reminded of the words of Helen Keller, who praised struggle as one of our greatest blessings. It teaches us patience and sensitivity, she said. It teaches us that although the world is full of suffering, it is also full of the overcoming of it.

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I see Lions showing great empathy  
for those who have been most  
affected by hardship.

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And I have seen that in the work Lions do. I *still* see it. I see Lions working through obstacles with patience. I see Lions showing great empathy for those who have been most affected by hardship. And I see Lions not just overcoming, but helping the world to overcome.

This is a new year. Time to look ahead and not behind. While we can and must be changed by the challenges of the past year, we must continue to move forward as Lions. And we do this through service.

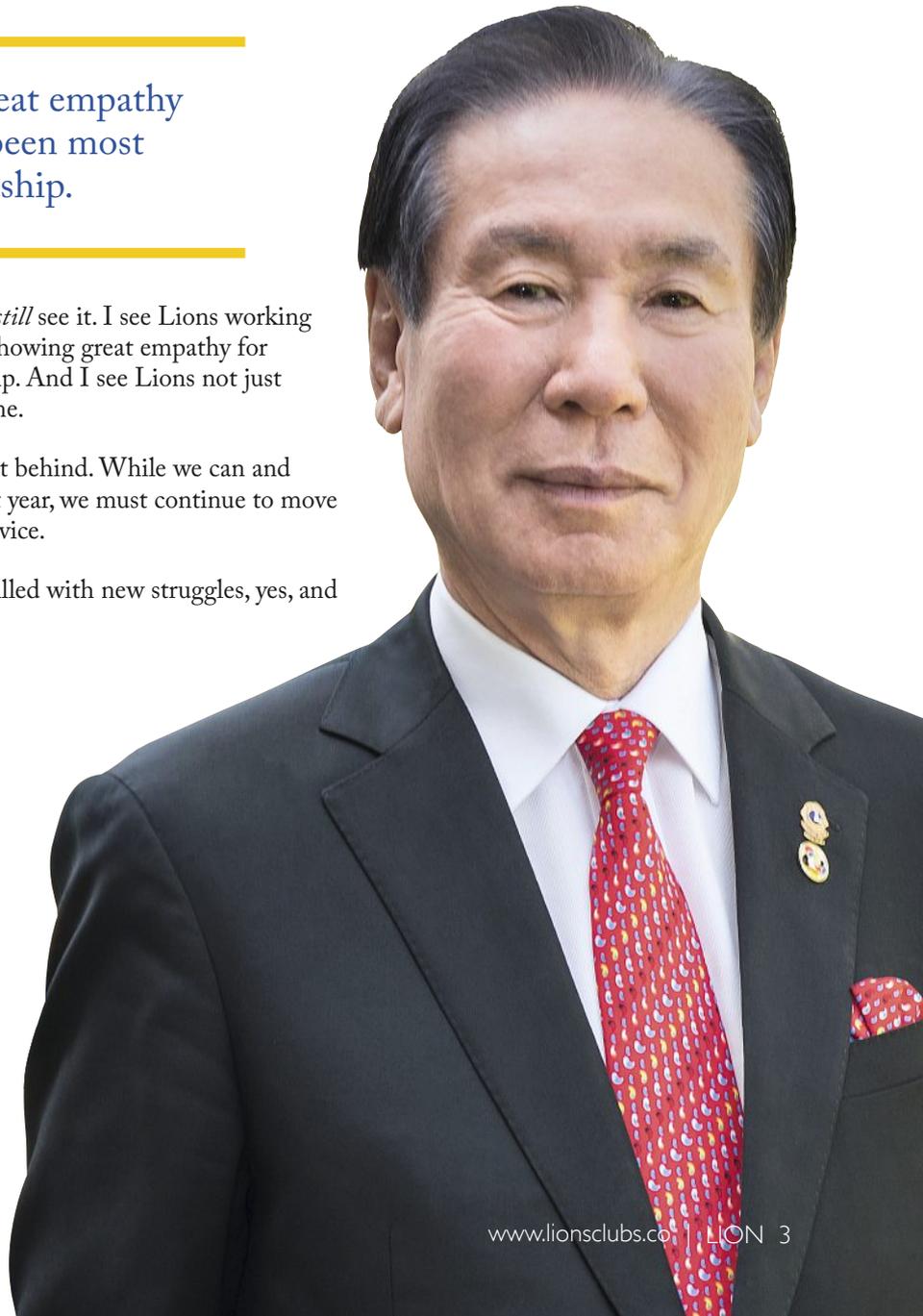
Let's look towards a new year, which will be filled with new struggles, yes, and also new possibilities.

Sincerely,

*Jung - Yul Choi*

**Dr. Jung-Yul Choi**

International President, Lions Clubs International





## EVER RESOURCEFUL

This time last year, we thought the pandemic would be over in a fortnight, yet, as I write this, here we are in yet another lockdown.

There are certainly positives though this time; the vaccine roll out is progressing at speed and we can tentatively look forward to mid-summer day and our careful release.

Throughout all the lockdowns, we have found different ways of coping; not only with our personal and domestic lives, but in our service lives too. Lions are resourceful and always find a way to fulfil a need and stay in touch with fellow Lions and wider communities.

Fundraising continues to be challenging because physical events have had to be cancelled but, true to form, Lions' resourcefulness shines though, especially at Christmas – an even harder time than usual last year for many. Santa's sleighs were pressed into service for food collections for example and instead of providing Christmas lunches for guests in a big venue, many Clubs cooked and delivered meals and gifts to individuals' homes instead.

Talking of food, the strategic objective of Lions hunger project is to ensure that communities all over the world have access to nutritious food. So, in this issue you can find out how Clubs around the UK have worked hard to put foods on people's empty tables. The pandemic has highlighted the fact that, for some, food is unaffordable and it is such a fundamental human need to make sure that everyone is fed and looked after. Lions have provided food for children who arrive at school without having breakfast first, for homeless people, for soup kitchens and for older members of the community when their lunch clubs had to close. Turn to page 6 to read the article by Lion Dr Chris Hibbert, National Hunger Officer, where he shares some of the fantastic work that has been undertaken by Clubs.

Elsewhere in this issue, feast your eyes on the beautiful images that were entered into the environmental photo competition (page 21). Research tells us that being in nature improves our mental health, but it is just as beneficial when you look at it through a window, watch it on the TV or even look at pictures. I hope it gives you a gentle start to your day.

It's important to have a look at the arrangements for the 69th Convention on page 16. It's online on Saturday 1st May, starting at 9.30. The theme is 'Out of this World' and MD Convention Officer Lion Gurcharan Manku and MD Convention Chair, Lion Stewart Sherman-Kahn, invite you to "think of a galaxy near or far, dress to impress and sit back to enjoy the day".

I'll see you there. Virtually.

Nicky Rogers  
LION Editor

## THE LION MAGAZINE

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Please pass this copy on to someone else to read and enjoy. Even better would be if you are able to leave it somewhere in your local community where others will be able to learn more about who Lions are and what they do. Thank you.



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LION Magazine  
Spring 2021

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# 30 BEING SAFE IN BUDLEIGH:

Lions bought infrared thermometers for local primary school.



## 15 LIONS GLEANING HUB

Since a District (105 CE) set up their 'Gleaning Hub' in November 2019, Lions and members of the public have recovered over 18,000kg of perfectly delicious and nutritious fruit and vegetables.

## 22 HEALTH

Cheltenham Lions have supplied the England over 60s walking football team with 250 Message in a Bottle' for players to keep in their sports bags.

## 25 HOW DO YOU RAISE MONEY?

Clubs have continued to fundraise despite lockdown. It has just required the Lions' well-known will to serve and some extra careful planning.

## 26 ACTS OF KINDNESS

Lancaster and Morecambe Lions bought some Sleep Pods for Lancaster & District Homeless Action Service and for Morecambe Angels.

#JoinUs

#LionsGetInvolved

#StepForward

# HUNGER RELIEF PROJECTS

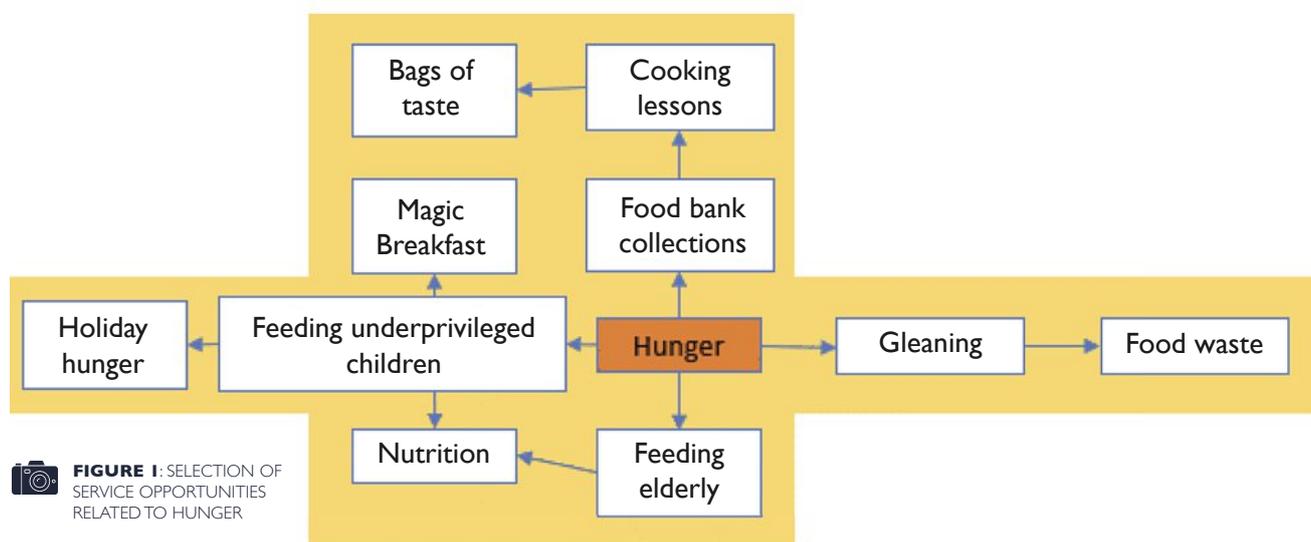
Lion Dr Chris Hibbert is the National Hunger Officer and here he shares some of the fantastic work that has been undertaken by our clubs.

During the pandemic, clubs increased their food service work with the help of £58,000, the Lions Clubs UK Charity Foundation grant dedicated to relieving hunger.

Clubs found ingenious and innovative ways to serve such as collecting food donations using Santa sleighs,

delivering cooked meals at Christmas, delivering food packages with cooking instructions to people's homes and collecting unwanted fresh fruit and vegetables from farms and orchards.

Hunger, like all our other global causes, can be served in many ways (shown in Figure 1).



**FIGURE 1:** SELECTION OF SERVICE OPPORTUNITIES RELATED TO HUNGER

## LIONS FEEDING THE 5,000

In September 2018, Lions from two neighbouring districts organised an event in Leicester to tell the public about Lions projects to combat hunger and raise awareness of food waste. It aimed to feed 5,000 people for free using food that would have otherwise been discarded.

Thanks to radio advertising, social media, posters, placards, leaflets and shoppers, they reached an estimated 350,000-500,000 people and made the first item on the BBC evening news.

The event included:

- Celebrity chef, Tim Maddams (River Cottage),
- ‘Ready Steady Cook’ competitions,
- Toast Ale tasting, and
- Diabetes UK ‘Know Your Risk Assessments’ opportunity.

This concept could be repeated all over the British Isles to raise awareness of food waste but, also serves as a Global Service Team (GTS) roadshow to promote the great Lions projects.

Our volunteers said:

*“Certainly, the best and most rewarding event I’ve helped with, well done.”*

*“It was the best event I’ve ever helped at, food waste being so important.”*

*“What an amazing day. So many wonderful, kind, caring people all working together to make a difference. It has been an honour to be part of it all.”*

See highlights of the event at:  
[www.lions105ce.org](http://www.lions105ce.org)

# FOOD SERVICE



LION GABY SHARMAN, PETERBOROUGH LIONS CLUB, SHOWING THE LOVE



LIONS ALAN HALL AND MELANIE GODEFROY WORKING THE MEMBERSHIP STAND



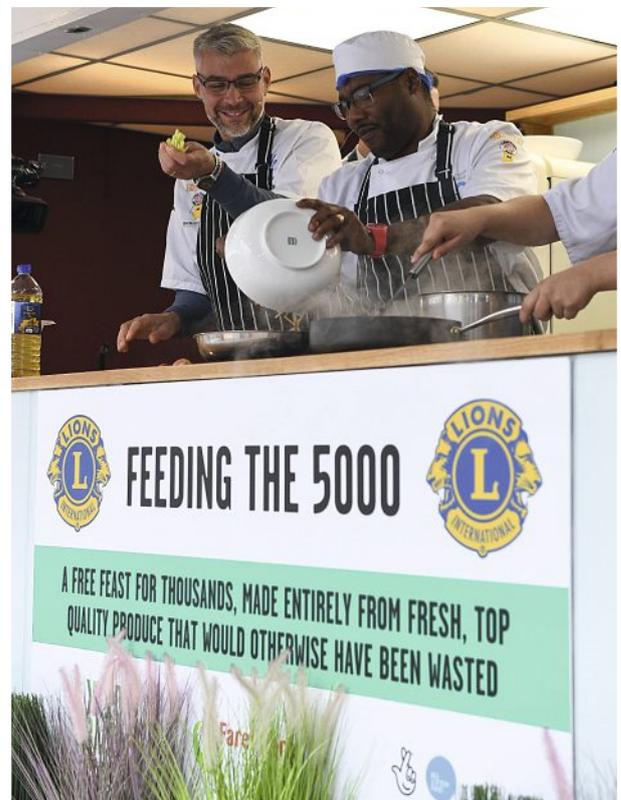
LION CHRIS PEARSON, EAST ANGLIA NEW CENTURY LIONS CLUB



A VOLUNTEER OFFERING A DELICIOUS BOWL OF CURRY



CELEBRITY CHEF, TIM MADDAMS, ENTERTAINING THE CROWD FROM OUR DEMO KITCHEN



'READY STEADY COOK' WITH STUDENTS AND LECTURERS FROM LEICESTER CATERING COLLEGE



SERVICE WITH A SMILE

# MAGIC BREAKFAST

Prior to the pandemic, 1.8 million school-aged children in the UK were at risk of going hungry in the morning according to the charity, Magic Breakfast. Lion Katie Sorfleet, District Officer for Hunger, Loneliness, Homelessness and Poverty, reports.

Magic Breakfast was set up to ensure that no child in their partnering schools and referral units is too hungry to learn, so it provides them with a healthy breakfast.

Approximately 150,000 of these children live in the Lions District 105 CN, which stretches from Cumbria in the north to Leicestershire in the south, and from the Pennines in the east to the Irish Sea in the west. Many of these children arrive at school hungry, distracted and unable to concentrate.

These children are by no means ready to learn, they have yet to 'turn on'. Magic Breakfast provides food that is healthy and nutritious, including porridge, cereals, bagels, baked beans and unsweetened fruit juice. It costs Magic Breakfast just 34p to provide a nutritious breakfast to a hungry child, as well as wrap-around

support such as delivery and expert advice to schools on setting up hunger-focused breakfast provision.

Since November 2019, the District has provided funds for 13,333 breakfasts for schools in their catchment area. Can Lions do more? Of course. We can continue to fund a simple breakfast for young children every school day.

Magic Breakfast supports children in around 68 schools (figure from 2020) throughout the District.

The COVID-19 pandemic has had a major impact on the ability of the vulnerable, sheltered and shielded; the self-isolated and families who have experienced severe financial hardship.

## FACTS AND FIGURES FROM MAGIC BREAKFAST SINCE MARCH 2020:

- 24,000 children received Magic Breakfast food provision during the 2020 summer term when schools were closed due to COVID-19.
- 35,000 children received Magic Breakfast food during the summer holidays in 2020.
- In 2020, more than 2,000,000 breakfasts were delivered by Amazon UK to children at risk during COVID-19 school closures and the school holidays.
- Across England and Scotland, Magic Breakfast was able to keep breakfast going for pupils in over two thirds of their partner schools in 2020.
- By autumn 2020, Magic Breakfast was providing on average, 35% more pupils per school with a healthy breakfast to start their school day, than prior to the pandemic.



 THIS BREAKFAST IS MAGIC!



 24,000 CHILDREN RECEIVED MAGIC BREAKFAST FOOD PROVISION DURING THE 2020 SUMMER TERM



 A HEALTHY BREAKFAST TO START THE SCHOOL DAY

To get in touch with Magic Breakfast or to find out more please visit: [www.magicbreakfast.com](http://www.magicbreakfast.com)  
email: [info@magicbreakfast.com](mailto:info@magicbreakfast.com) or for those who would prefer to ring and speak to someone,  
telephone: **020 7836 5434**



# DINNER MONEY

READING LIONS PUT SANTA'S SLEIGH TO GOOD USE, TO COLLECT DONATIONS OF FOOD

- Ayr and Prestwick Lions donated £250 to the Christ in Action foodbank at Prestwick North and Monkton Church;
- Babbacombe & St Marychurch Lions gave around £350 of food to the Torquay Community Larder and £800 of food to the PATH Torbay food bank;
- Bert Mason Internet Lions Club donated their £1,000 Lions Clubs UK Charity Foundation grant to the Food Banks of Flintshire and Conwy;
- Callington Lions donated £500 to the Plymouth Soup Run and £1,000 to the Callington Food Bank. They took Cornish cream teas to some self-isolating elderly residents;
- Dalbeattie and District Lions Club gave £200 to help the Dalbeattie Foodbank;
- Exeter West Lions donated £1,000 to a local foodbank; they also supported the St Petrock's homeless centre to help them provide up to 75 meals a day;
- New Milton Lions presented £5,050 to the local Basics Bank to help with its day-to-day operations;
- Reading Lions launched a Food Donation Heroes Appeal and used their Santa sleigh to collect food donations. They estimate that approximately £25,000 worth of food has been donated and distributed to local food banks and the Community Fridge;
- Scunthorpe Lions donated food items worth £400 to the 'Wobble Room' at Scunthorpe General Hospital where NHS staff workers take breaks. They gave £150 towards the purchase of a new freezer for homeless charity, The Forge in Scunthorpe and then another £200 to help them buy food and provisions; and
- Stone Lions applied for funds from the Neighbourhood Postcode Trust, a grant-giving organisation funded by players of People's Postcode Lottery and were given £750, which they spent on their Christmas Parcels project.

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## WANTED

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## Community strength

- Aberdeen & Westhill Lions work with 'Community Food Initiative North East' and 'Instant Neighbour' to provide emergency food parcels to individuals in serious need. They created a rota of drivers and distributed 323 crates of food around the city in 2020.
- Amersham & Chesham Lions donated money to the Chesham Community Fridge, which redistributes surplus food to the local community.
- Beccles Lions 2020 food appeal was generously supported, enabling them to distribute 21 food parcels to needy individuals to help make their Christmas much more enjoyable. They also 'threw in' a few pounds from the Club to enable them to buy their own favourite treat.
- Birchwood Lions enlisted the help of their local community and discovered some wonderful champions. With the help of a Lions grant, a local café provided free school meals, and a local shopkeeper worked closely with Club members to provide food and clothing to a local foodbank and homeless shelter.
- Chelmsford Lions helped the not-for-profit organisation, Bags of Taste, which helps people out of food poverty by teaching basic cookery skills using low cost but healthy ingredients. During the pandemic courses were held online and each pupil needed a bag of ingredients delivered to their door – that's where Chelmsford Lions stepped in.
- Clacton on Sea Lions funded and helped deliver Christmas dinners to families in need. They used Facebook to find volunteer drivers and helpers and by 1.30pm, 232 Christmas Day meals and goody bags (that included a Message in a Bottle) had been delivered.
- Since March 2020, Coningsby & Tattershall Lions have either shopped for or fed 7,500 people (this figure includes food donated to families and individuals on a repeat basis).
- Crosby Lions' 'Advent food calendar' scheme generated food and a few luxuries that they donated to St Leonard's Youth & Community Centre and the South Sefton Foodbanks in time for Christmas.
- Deeping Lions supported the 'Feed Deeping Group' to provide food parcels to those shielding during the first wave of the pandemic. With the onset of the second wave and colder weather the group was re-established to cook hot meals for distribution throughout Christmas and New Year.
- East Grinstead Lions worked with Age UK to deliver hot meals to many elderly people during the pandemic. Prior to lockdown, many Age UK members who went to the centre for activities enjoyed a hot meal before going home. However, due to social distancing restrictions, the centre was unable to provide its normal services. So, since June, East Grinstead Lions have been delivering meals on Wednesdays and Thursdays to residents in the town and surrounding villages.
- Sixteen-year-old Hannah Chowdhury is Fairlop Lions' Young Ambassador candidate 2021 and she has managed a 'Meals for the Homeless' project since January 2020. Hannah and her group of volunteers feed up to 65 people a day in Redbridge. The project also oversees a food bank and family support group. Hannah organises food collections from local supermarkets and co-ordinates collections of food and clothes from the community.



**PICTURE 1:** AHAN GOSWAMI OFFLOADING SUPPLIES FOR THE INSTANT NEIGHBOUR CHARITY

**PICTURE 2:** BECCLES LIONS FOOD APPEAL RESULTS!

**PICTURE 3:** CHELMSFORD LIONS DELIVERED INGREDIENTS FOR BAGS OF TASTE COOKERY COURSES

**PICTURE 4:** CLACTON LIONS HELPED TO DELIVER 232 MEALS ON CHRISTMAS DAY

**PICTURE 5:** CONINGSBY & TATTERSHALL LIONS GENEROUS FOOD BAGS READY FOR DELIVERY



**PICTURE 6:** DEEPINGS LIONS DELIVERING CHRISTMAS CHEER

**PICTURE 7:** FAIRLOP LIONS WITH SOME OF THE DONATED FOOD

**PICTURE 8:** BOXES OF PROVISIONS READY FOR DISTRIBUTION BY FLEET LIONS

**PICTURE 9:** GLANFORD & LINDSAY LIONS HELPED TO DELIVER MEALS PREPARED BY WORTLEY HOUSE HOTEL TO FAMILIES SUPPORTED BY THE BFS CHARITY



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- With food, toys and monetary donations, Fleet Lions were able to distribute 430 food hampers and 912 children's gifts last Christmas.
- Fleetwood and Cleveleys Lions have worked with #Fleetwood to feed between 30 and 115 families daily from March until September last year. They organised the volunteers to sort and pack the food for onward distribution to residents across the area.
- Glanford & Lindsay Lions worked with BFS, a charity that supports local families affected by cancer, helping them with their meal delivery service to hundreds of families and individuals undergoing treatment.
- Hendon Lions and Leos helped deliver nearly £400 of food items and £260 of clothing funded by the London Finchley Lions Club and London Hendon Lions Club members and families.
- When Ironbridge & Severn Gorge Lions heard of some of the stressful situations that the staff of the Princess Royal Hospital were experiencing, they set about gathering community support to make up bags of snacks for each of the staff rest rooms. In no time, the local Co-op matched the lions contribution and the staff of St Georges Primary school donated packets of biscuits.
- Isle of Man Lions donated £754 to support the Ekuphumeni Helping Hands Soup Kitchen in South Africa, to help them feed and support local children.
- Kirkham & Fylde Rural Lions answered a call from their local food bank to donate dog and cat food during the pandemic to help out owners who could no longer afford to feed them.
- Knutsford Lions have hosted a Christmas Day lunch for people on their own in a local community centre for many years. But because of the pandemic, last year's lunch was cooked instead at the Welcome Community Centre by Knutsford Lions and volunteers. Then the 60 lunches of soup, a full Christmas turkey lunch, Christmas pudding, cake, mince pies, cheese and a bag of goodies were delivered to people's homes by volunteers.
- London Belmont Lions' food donations have been gratefully received far and wide. They bought and delivered food items to YMCA in Burton-upon-Trent to support families during the school half term. Then delivered tinned foods to The Trussell Trust Food Bank in Rugeley and more food to the Cannock & District Foodbank. They gave money for food to a mother's project in Bradford and £60.00 worth of food to the Hackney Food Centre. Further afield, Lion Tania distributed food bags in Pakistan to feed more than 200 people.
- Macclesfield Lions worked with Reach out and Rescue (ROAR) to provide a Christmas Day barbecue in Macclesfield town centre. Over 100 homeless and needy people were given lunch, Christmas presents and carols from a group of cheerful volunteers. Lion Ches turned his truck into Santa's sleigh and treated each person attending the barbecue to a lottery ticket. Presents were sponsored by local organisations. This wonderful event, blessed with good weather did much to show warmth and cheer to those hit hardest.
- Newport & Usk Lions work in partnership with several local foodbanks, hostels, a night shelter and charities who support rough sleepers and

## FOOD SERVICE

homeless people. They coordinate food collections for foodbanks and, when not in lockdown, their members link with local bakeries, pubs and bars collecting surplus food left after a day's trading and take it to local hostels to be distributed. In non-pandemic times, they are part of the rota for 'Sunday Munch Lunch', and coordinate donations of food and drinks with partner churches to go into the 40 lunch bags for the homeless. They have also financed some infrastructure for food banks to make sure the food donations can be stored safely.

- Hunger relief, close to the heart of Nottingham West Lions Club, has encouraged partnerships with organisations such as Guru Nanak's Mission, the Hindu Temple and a local Morrisons to provide support and fight hunger. Guru Nanak's Mission relies wholly on donations and volunteers to cook meals for 90 people three times a week and were given £1,000 emergency grant from the Lions Clubs UK Charity Foundation during the first lockdown. Nottingham West Lions Club also works with a local Tesco Express, where food about to go out of date is collected by members and distributed to local shelters three times a week.
- Oadby & Wigston Lions helped out by preparing children's gifts and food parcels at the Christmas foodbank, held at the South Wigston Congregational Church Hall last December.
- Following the receipt of £500 from the Lions Clubs UK Charity Foundation of the British Isles, to be spent on the local community during the COVID-19 crisis, the Lions Club of Plymouth presented £250 to the Oasis Centre Foodbank and the same amount to the Plymouth North Centre Foodbank.
- Sale Lions and volunteer colleagues cooked and delivered lunch and presents to 132 people living on their own on Christmas day. Everyone had pre-booked their meal to ensure any food allergies could be catered for.
- Recognising the impact of the pandemic on families who had lost jobs, Shirley Lions collected food for their local foodbank managed by The Trussell Trust. Last August, they delivered leaflets through doors on a selected route asking for donations to be left on front doorsteps the following Sunday morning ready for collection. This avoided any face-to-face contact and they collected a huge 670kg of food. Encouraged by this, they arranged monthly collections covering different routes, everyone donating was given a thank you note and brief information about the Club. After five collections, the Club had collected nearly four and a half tonnes of food, valued by The Trussell Trust at £5,200.
- South Wolds Lions supports two food banks thanks to the amazing generosity of their local Morrison's supermarket. Not only does Morrisons provide food on a regular basis but just before Christmas they donated two trolley loads of special food for the foodbank, which, in turn, gave the food to local schools for the children to have special breakfasts and treats over the Christmas period.
- Stafford Lions were determined not to forego their annual food collection particularly last year when the need was even greater. So, following the government guidelines and their risk assessment they did the rounds of the streets that they had already been notified by a leaflet drop. Ten full car loads were collected and taken to the Stafford Foodbank who were overwhelmed by the amount of food that had been collected.
- Thorne Rural Lions formed their own foodbank to serve those in need as recommended by their social and community officers. In September and October last year, they bought and delivered 105 food hampers, then in the



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**PICTURE 10:** A CHRISTMAS DAY BBQ WAS ORGANISED BY MACCLESFIELD LIONS AND SUPPORTERS

**PICTURE 11:** NOTTINGHAM WEST LION, MANJIT GAHIR, FOR ACTION

**PICTURE 12:** OADBY & WIGSTON LIONS PREPARING CHILDREN'S GIFTS AND FOOD PARCELS AT THE CHRISTMAS FOODBANK

**PICTURE 13:** PLYMOUTH LION PRESIDENT GEORGE POAD FINDS A 'FISHY' BUT LEGAL SOLUTION TO CHEQUE PRESENTATION DURING SOCIAL DISTANCING

**PICTURE 14:** SHIRLEY LIONS HAVE COLLECTED NEARLY FOUR AND A HALF TONNES OF FOOD FOR THEIR LOCAL FOODBANK



**PICTURE 15:** STAFFORD LIONS HAVE BEEN COLLECTING FOOD FOR 30 YEARS

**PICTURE 16:** DONATED FOODSTUFFS COLLECTED BY WARWICK LIONS IN 'QUARANTINE' BEFORE BEING MADE UP INTO FOOD PARCELS

**PICTURE 17:** SOME OF THE SUPPLIES COLLECTED BY UPHOLLAND TAWD VALE LIONS

**PICTURE 18:** WROXHAM & HOVETON LIONS MADE UP FOOD PARCELS FOR ALMOST 300 DISADVANTAGED FAMILIES AT CHRISTMAS



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following two months, they bought and delivered 75 more, which included Christmas goodies.

- Upholland Tawd Vale Lions have supplied local food banks with more than 3,000 tins of food plus sanitising items, all donated by local companies.
- At the outset of the pandemic Warwick Lions were fortunate enough to have an extremely well-oiled plan honed by 40 years of experience in making up and distributing Christmas food parcels, which they were able to adapt and put in to immediate use. With the help of grants from Lions Clubs UK Charity Foundation, Defra and Warwick Council, the unstinting co-operation of Tesco and Morrisons supermarkets and the magnificent support of the local community, members continued to distribute food parcels and hampers throughout the pandemic.
- Despite the lockdowns, Wellingborough and District Lions continue to serve their local community. Last Christmas Eve, in partnership with the local Daylight Centre, they delivered 30 roast turkey dinners to individuals living in supported accommodation in Wellingborough and the surrounding area.
- Wembley Lions have shown resilience and community spirit by coming together to support each other and alleviate hunger in their area. Members volunteered with the Felix project; delivered prepacked hot meals to those in need; donated money and bought food for Acton Homeless Concern, Brent Foodbank, Sufra and London Community Kitchen and the Brent Indian Association; as well as working in partnership with Southall Lions Club to distribute food.
- There are few things better than receiving a Christmas hamper filled to the brim with favourite seasonal treats. Thanks to Wetherby Lions, local volunteer colleagues, the community spirit and businesses in Wetherby, 35 deserving families received a hamper last Christmas.
- 'Driven Forward' launched Windsor and Maidenhead's first 'Community Fridge' last September to tackle food waste and help those struggling to feed themselves and their families. It is the brainchild of Windsor Lion, Tiia Stephens. The fridge is open every day (except Thursdays) from 12pm to 2pm to enable residents and businesses to share surplus food and for anyone to help themselves to quality food that would otherwise be wasted. More information on The Community Fridge Network is at: [www.hubhub.org.uk/communityfridgenetwork](http://www.hubhub.org.uk/communityfridgenetwork)

**CLUB PRESIDENT LION MICK HOLDEN SAID:**

*"We were very disappointed not to be able to go round with Santa this year, but felt that we needed to do something to help some of the families in our catchment area, who are struggling in these difficult times. We came up with the idea of providing the bags of food and with the co-operation of Sainsbury's and Lidl we will hopefully have been able to make Christmas just a little bit better for some of those in need."*

- In common with most other Clubs, Wroxham & Hoveton Lions have seen their fundraising activities severely limited by the pandemic, which also caused the cancellation of the Santa Sleigh runs for the first time in 15 years. However, with the kind assistance of the Sainsbury and Lidl supermarkets in North Walsham, food was bought and packaged into parcels for almost 300 disadvantaged families at Christmas. Inevitably, because of the way the food from the supermarkets was packaged, there were some surplus items, but these were put to good use and delivered to the Salvation Army.

# LIONS GLEANING HUB

‘Gleaning’ is the term used for collecting and redistributing perfectly edible and nutritious fruit and vegetables from farms and orchards, that would otherwise go to waste. This food is then distributed to charities to feed the hungry.

One District, (105 CE) set up their ‘Gleaning Hub’ in November 2019, and since then, Lions and members of the public have recovered over 18,000kg of perfectly delicious and nutritious fruit and vegetables.

Reducing food waste is not just an opportunity to address our global theme, hunger, but is also a major environmental issue. If not for our efforts, all of this harvest would have been left to rot. Instead, this food was distributed to those who needed it with the help of Fareshare: ([www.fareshare.org.uk](http://www.fareshare.org.uk)).

So far, the Lions Gleaning Hub has worked with three farms and recorded 227 hours of service, from Lions and volunteers ranging from 10 to 80-years-old.

See gleaning highlights at: [www.lions105ce.org](http://www.lions105ce.org)

Together, everyone achieves more and this project demonstrates the value of collaboration. I am very proud that the Lions Gleaning Hub has been selected as the National candidate for the Kindness Matters Service Award and with YOUR help, it will grow.

28% of the world's agriculture is  
used to produce food that is  
wasted.

SAY NO TO FOOD WASTE

## YOUR CLUB CAN START GLEANING

The Global Gleaning Network website: [www.feedbackglobal.org](http://www.feedbackglobal.org) shows the Lions Gleaning Hub currently working in three locations and provides access to other gleaning groups across the UK. You can contact these groups directly to volunteer or create your own hub.

For more information you can email Lion Dr Chris Hibbert at: [chrishibbert@lionsclubs.co.uk](mailto:chrishibbert@lionsclubs.co.uk)

# FOOD SERVICE

 SOCIALLY DISTANCED FRUIT PICKING



CRATES OF PUMPKINS AND SQUASHES COLLECTED DURING OUR FIRST GLEAN



CHELMSFORD LION, PAUL SKILTON, TUCKING IN TO SOUP MADE FROM PUMPKINS COLLECTED THE WEEK BEFORE



LION CHRIS HIBBERT, NATIONAL HUNGER OFFICER



BELOW: EAST ANGLIA NEW CENTURY AND PETERBOROUGH LIONS AT OUR FIRST GLEAN, HILL FARM, PETERBOROUGH



LEFT: LIONS SARAH HOLEY AND STEVE SCALL AT OUR APPLE AND PEAR GLEAN IN SOUTHWELL

# May the First be with You

## Multiple District I05 Digital Convention – 1 May 2021



Zooming its way to you will be our Multiple District Convention. The first of its kind, digital end to end. We hope you can join us on this new 'out of this world' journey. It will be fun and exciting too. The business of the day will be done, Lions will roar and have fun!!

Fellow Lions,

We are delighted to invite you all to our MD I05 Digital Convention. We have a great event lined up for your enjoyment and we encourage you to book early. Book by **31 March** and get a free Convention Pin which will materialise just for you, so you can wear it on the big day.

The big day is 1 May, from 9.30 am the foyer will be open to receive you from the comfort of your home, or in fact, wherever the 'interweb' will have you be. There will be plenty to see and the journey should take us through lunch and a tad the other side, with no queuing for coffee or lunch, and free drinks too, what is not to like!

'OUT OF THIS WORLD' is the Convention theme and we ask you to think of a galaxy near or far, dress to impress and sit back to enjoy the day. We have visiting speakers with you guessed it, a galactic reach (with a surprise or two) that will make you think about Lions today and how we get Lions to tomorrow and beyond.

In the meantime, to add some fun along the way we ask you to share a 'lockdown service selfie'. So many of you have persevered, despite COVID-19, to serve your communities so we are delighted to announce that one lucky Lions member attending Convention, will receive a £100 credit at the MDHQ Lions Store. To enter, just send in a service selfie with your name, club name and a caption, to [it@lions105sc.org.uk](mailto:it@lions105sc.org.uk). The service selfies will be posted on the Convention website and a winner will be selected to receive their prize.

Do join us on this spectacular day. It is your chance to have your say, to see how Lions are serving at local, national, and international levels, to be part of your Annual General Meeting, to ask questions of your leadership team, and to learn from one another. It will be a Convention not to be missed.

It will be new, it will be fun, it will be exciting. To register for our MD I05 Convention go to: <https://www.md105convention.uk>. Remember, book by **31 March to get your free Convention Pin**.

In the meantime, follow us on;

**Instagram** at: <http://www.instagram.com/lionsmd105con>

**Twitter** at: <http://www.twitter.com/LionsMD105con>

**Facebook** at: <http://www.facebook.com/groups/lionsmd105con>

Stay safe and well, we look forward to welcoming you to the MD I05 Digital Convention on 1 May 2021.

May the First be with You,



PDG Lion Gurcharan (Guch) Manku PMJF  
MD Convention Officer



PCC Lion Stewart Sherman-Kahn MJF  
MD Convention Chair

# RESOLUTIONS

Convention 2021 will be held as Zoom meeting 1-2 May 2021 ([www.md105convention.uk](http://www.md105convention.uk)). Every member is invited and your Convention Committee look forward to welcoming you. Club delegates will be able to vote on the issues which affect us all and the Resolutions to be voted upon are below:

## **Resolution A:** Proposed by District 105 CE Resolution concerning Campus Club Member Registration.

This Convention resolves that, in the case of Campus Lions Clubs, student members shall receive an extended billing adjustment period for the semi-annual billings in order to accommodate the typical school schedule. Campus Lions Clubs have through March 31 for the January per capita billing and through September 30 for the July per capita billing to amend the club roster. Lions Clubs in the Multiple District 105 will receive credits from the MD 105 Treasury to clubs for roster adjustments submitted within this time period in-line with the Lions Clubs International policy.

Lion Campus Club Treasurers to make appropriate request outlining the required adjustment to the subscription invoice to the District Treasurer and copy in the MD Treasurer for confirmation.

**Explanatory note:** District 105CE Cabinet consider that our Multiple District 105 should align their policy with that of the International Policy for recording membership and the opportunity to amend the club roster in order to accommodate typical school schedules.

## **Resolution B:** Proposed by Council Resolution concerning Multiple District Dues.

This Convention resolves that the Multiple District Dues for Lions Year 2021/2022 be set at a maximum of £33.50 per member per annum, payable in two equal instalments (on 1 August 2021 based on membership at 30 June 2021 and on 1 February 2022 based upon membership at 31 December 2021).

The exact amount to be decided at the April 2021 Council of Governors meeting, but not expected to exceed the level payable in 2020-21: £28.50.

**Explanatory note:** Convention last considered the level of Dues payable at the 2019 MD Convention. The Dues set, £28.50, was done without any anticipation of a global pandemic. The Multiple District has had significantly less expenditure since March 2020, and it is exceedingly difficult to predict what is going to happen in the coming months.

Therefore, it is proposed that we set a maximum due for the 2021/2022 Lions year, the exact amount being set at the nearest Council meeting to the period start.

This is a pragmatic approach with the intention of returning the 2019-20 underspend to members. Council has instructed that the number of in-person meetings be reduced with a corresponding increase in digital meetings, including meetings of the Council of Governors.

Over the last few years, successive Councils have looked to reduce cost by comprehensively reviewing

**Resolution B:** Proposed by Council –  
continued on page 18

**Resolution B:** Proposed by Council - continued from page 17

the structure and governance of the Multiple District, whilst simultaneously looking to invest in the future of the Association. These changes have been phased in and, notwithstanding falling membership, members' dues have been maintained over the 'change' period at the level set in 2014-15, that is, seven years without increase.

In real terms we have taken over £130,000 of cost out of the Association over the past thirteen years.

Notwithstanding this hard work, we are not immune from the effects of inflation, our suppliers need to cover their costs and the general effects of the overall financial environment. The budget proposals have been considered carefully by both the Finance Committee and Council.

Council receive a quarterly financial analysis and the Council Treasurer undertakes quarterly meetings with staff to review costs and expenditure, however, it should be noted that certain costs arise as a consequence of legislative requirements, Vat and Rates, for example. Of note is the Government's stated aim to increase Insurance Premium Tax (IPT) to parity with Vat over coming years.

The budget is based on a membership of 10,000.

**CONSTITUTIONAL NOTE:**

Article III Sections 1(a) & 2 of the Multiple District Constitution (as adopted 30 April 2005 and subsequently amended):

*Section 1(a) – Annual Per Capita Levy*

Every District shall pay into a Multiple District administrative fund a per capita levy, based on its membership taken as at 30 June and 31 December in every year. The Council of Governors shall table a resolution at every Multiple District Convention to set the Per Capita Levy for the following fiscal year. Such resolution must be supported by a complete list of budgets for all Multiple District officers and committees, conventions, meetings and administrative functions. If such resolution shall fail then the Per Capita Levy for the time being in force shall be continued until changed by resolution.

*Section 2 – Collection of Per Capita Levy*

Every District Treasurer shall collect such levy from Clubs in his District by two half-yearly payments and shall pay the monies so collected to the Council Treasurer in August and February of every year.

**Resolution C:**

Proposed by Council

**Resolution concerning the preparation and filing of independently examined club accounts with District Treasurers (MD requirements).**

This Convention resolves that, in place of the requirements for audit and filing of Lions Club accounts, as set by resolution at the Multiple District Convention in 1997, the following requirements shall apply in respect of all accounting periods beginning on or after 1 July 2021:

Each Lions Club within Multiple District 105 shall be required:

1. To prepare (or have prepared) annually a set of accounts to the standard normally required by the Charities Act for charities registered in England and Wales, and to the standard required by the guidelines for Lions Club accounts, as set from time to time by the Council of Governors, and
2. To have the accounts examined by a suitably qualified independent examiner, as defined for charities by the Charities Acts, who shall append to the accounts a report of his examination, drawn up in accordance with the regulations of the Charities Acts, and
3. To file the accounts and the independent examiner's report with the Treasurer of the District in which the Club falls within ten months of the Club's financial year end.

**Explanatory note:** Our current requirements date from 1997 and were based on the requirements of the Charities Acts 1992 and 1993. Those Acts have been superseded and it makes sense to align our regulations with the requirements of the Charities Act 2011.

## Resolution D: Proposed by Council

### Resolution concerning an amendment to the Multiple District Constitution.

This Convention resolves to amend Article II Section 15 of the Multiple District Constitution by deleting the words ‘commissioning of training for Vice District Governors and for Incoming Multiple District Officers;’

To read as follows:

*There shall be a Multiple District Strategic Development Committee which shall, on behalf of the Council be responsible for:*

*The long range planning for MD as custodians of the MD 5 Year Plan; Advising Districts on 5 year plans.*

*The committee shall consider and report to Council on any matter referred to it by the Council and on any matter the committee shall request agreement from Council to review. The committee may invite any Lion to any meeting.*

*The members of that committee in each year shall be the most recent Past Chairman of the Council available and willing, who shall chair the committee, one Immediate Past District Governor, one 1st Vice District Governor, one 2nd Vice District Governor (ideally none of the above from the same District), the Council Secretary, the Council Treasurer and the MDHQ Office Manager.*

**Explanatory note:** In recent years the practice has been for the training of the VDGs and incoming MDOs to be arranged, where possible to coincide with other training, by the Global Leadership team (GLT) and agreed by the Strategic Development Committee. This resolution will formalise that arrangement for the GLT, thus ensuring value for money when hiring venues for training and will remove the requirement for the Strategic Development Committee (SDC) to ‘rubber stamp’ the arrangements once made.

## Resolution E: Proposed by Council

### Resolution concerning an amendment to the Multiple District Constitution.

This convention resolves to amend Section 2 of the Interpretation to the MD Constitution by adding a definition of the word ‘sent’:

To read as follows: *For the avoidance of doubt the following words shall have the meanings assigned to them:*

| Words                     | Meaning  |
|---------------------------|--|
| Lions Clubs International | The International Association of Lions Clubs   |
| The Multiple District     | District 105 of Lions Clubs International  |
| District                  | Any Sub-District forming part of the Multiple District   |
| Year and Fiscal Year      | The period from 1 July in any one year to 30 June in the following year, both dates inclusive                              |
| The Council               | The Council of Governors of the Multiple District  |
| Convention                | The annual Convention of the Multiple District   |
| Club or Clubs             | A Lions Club or Clubs within the Multiple District formed within the rules of the International Association of Lions Clubs |
| In writing                | Either hard copy, by post, or by electronic means.   |
| Sent                      | By post or by electronic means   |
| Meeting                   | Any face to face meeting or any electronic meeting in which all participants can take a full part.                         |

**Explanatory note:** This additional definition will remove any ambiguity as to what constitutes ‘sent’ throughout the Constitution.

## Resolution F:

Proposed by Council

**Resolution concerning an amendment to the Multiple District Constitution.**

This convention resolves to amend Article II Section 3 of the Multiple District Constitution.

By deleting the words ‘who they shall appoint and’ and inserting the words who has served as District Governor in either of the three (3) immediately preceding years’ to read as follows:

*The District Governors for the time being within the Multiple District, together with one Past District Governor who has served as District Governor in either of the three (3) immediately preceding years (who shall become Chairman of the Council) shall constitute and become the Council and shall be the voting members thereof. The Council Secretary and Treasurer shall attend Council meetings ex officio as observers and advisors.*

And to amend Article II Section 6 of the Multiple District Constitution by renumber Sections 6(a) and 6(b) to Sections 6(b) and 6(c) respectively.

And by inserting a new subsection 6(a) to read as follows:

*The Council Chairman shall be elected from those so qualified under Section 3 above, by the Vice District Governors who will form the Council of Governors with which he shall serve. This election shall be at a time and place of their choosing.*

**Explanatory note:** This is to remove any perceived ambiguity as to who is qualified to become the Chairman, who shall elect the Chairman and when such election should take place.

## Resolution G:

Proposed by Council

**Resolution concerning the adoption of the ‘ROAR’ Youth Project.**

This Convention resolves to adopt ‘ROAR’ as a Multiple District Youth Project.

**Explanatory note:** Explanatory note: ROAR is an existing successful Youth Project in three of our Districts and will run alongside other existing youth projects.

69th  
Convention

# LIONS PHOTOGRAPHIC COMPETITION

The Lions environmental photographic competition provides a way for Lions and Leo members to portray through an original image, their pride and commitment to improving, protecting and preserving the environment.



 'FAIRY FUNGI' BY LYN FURSDON

The 2020 winning entries of the Lions environmental photographic competition in the following categories are:

**Plant life** – ‘Fairy Fungi’ by Lyn Fursdon, Holsworthy & District Lions Club

**Animal life** – ‘Robins Nesting in a Window Box’ by Patrick Allen, Workingham Lions Club

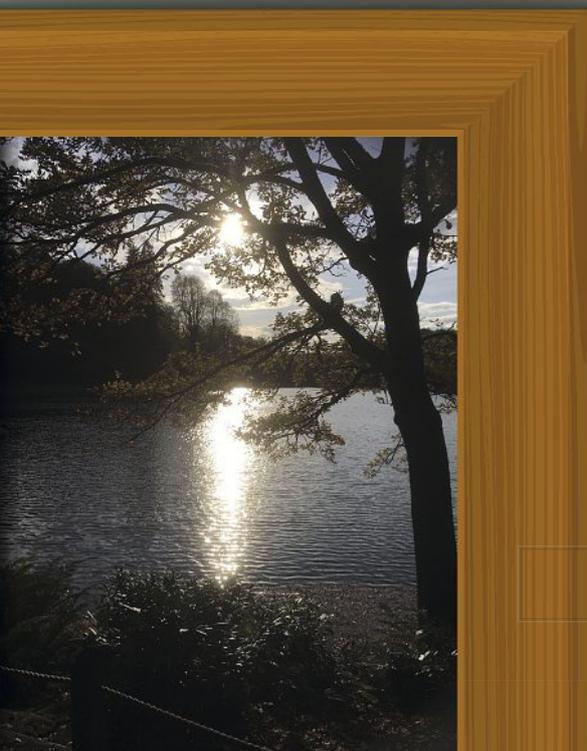
**Weather phenomenon** – ‘Antony at Dawn’ by Dave Rosson, Torpoint & Rame Peninsula Lions Club

**Other aspects of nature including landscapes** – ‘Sun Over Lake in Stourhead Gardens’ by Sylvia Cook, Cheddar Vale Lions Club

Overall winner for 2021 Lyn Fursdon with Fairy Fungi – Congratulations!



 'ANTONY AT DAWN' BY DAVE ROSSON



 'ROBINS NESTING IN A WINDOW BOX' BY PATRICK ALLEN

Entries of this year's photographic competition can be viewed online at: [lionsclubs.co/MemberArea/knowledge/lions-environmental-photograph-contest/](https://lionsclubs.co/MemberArea/knowledge/lions-environmental-photograph-contest/)

 'SUN OVER LAKE IN STOURHEAD GARDENS' BY SYLVIA COOK

## Blackmore Vale Lions support Blood Bikes

Blackmore Vale Lions Club funded a new alert system and trackers for Yeovil Freewheelers Blood Bikes, whose volunteers deliver urgently required blood, medicines and supplies throughout south Somerset and Dorset.

The alert system is the first to be installed on Blood Bikes in the UK. It gives Blood Bike HQ and a 24-hour call centre direct access to 999 services if any bike becomes horizontal, instantly providing information on the bike's location. The system allows voice communication to check that the rider is safe; if the rider does not respond, emergency services can be dispatched promptly. The tracker is used to locate Blood Bikes to help with operational tasking and to improve rider safety.



THE LIONS LOGO IS PROUDLY DISPLAYED ON ALL EIGHT YEOVIL FREEWHEELERS BLOOD BIKES

## England team receives a Message in a Bottle

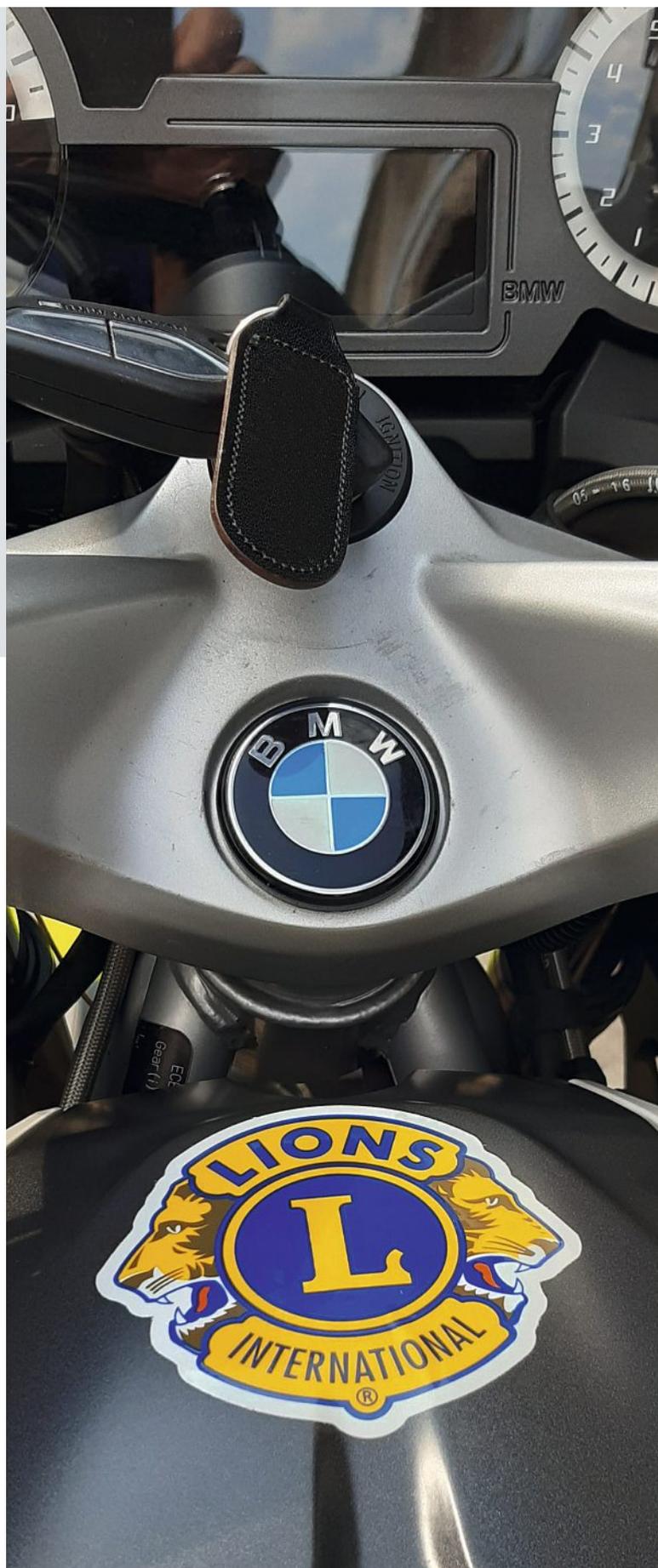
Cheltenham Lions have supplied the England over 60s walking football team with 250 Message in a Bottles for players to keep in their sports bags.

Lion Mike Clark said: "We know that these bottles can make the difference between life and death for an elderly or other vulnerable person, but we had never thought about their usefulness if there is an incident while playing football."

Stuart Langworthy, manager of the England walking football team said "We recommend that walking football clubs contact their local Lions Club and encourage all players to carry one."



(L-R) STUART LANGWORTHY, MANAGER OF ENGLAND WALKING FOOTBALL TEAM, DEREK JONES, MANAGER OF THE ABBEYDALE WALKING FOOTBALL TEAM AND LION MIKE CLARK, PRESIDENT OF CHELTENHAM LIONS



## Shelter and transport!

When a forecast of heavy snow coincided with the beginning of the COVID-19 vaccination roll-out at Wetherby Health Centre, Wetherby Lions dusted off their gazebos and put them up to shelter waiting patients.

The practice manager knew who to call for help as Wetherby Lions operate a wheelchair loan scheme, so as well as the gazebos, Lions supplied volunteers to push patients who were unsteady on their feet from the car park to the surgery for their jabs.



*World Diabetes Day 14th November 2020*

 NAILED IT!

## Deepings Lions 'nail' the diabetes challenge

In response to a request from the UK Diabetes Association last November to recognise World Diabetes Day, Deepings Lion, Nicki Waldie, challenged club members to paint their nails blue.

She told members that she would donate five pounds for everyone who had their finger nails painted (not toes!) and then shared their photos on social media. Even Rory, the Club's mascot, got in on the act and painted his claws blue.

Lion Nicki said: "I was so pleased how many members decided to be such good sports and get involved and I was very impressed by the expertise of all that nail painting!"

## 3 Million Steps to rehabilitation

Four years after a horrific car crash, Bungay Lion Zara Dyer handed over equipment bought for the Livability, Icanho Christian Charity at their Waveney Brain Injury rehabilitation centre in Bungay, Suffolk, which is helping with her recovery. Zara and her partner, Lion Ian Brown, set up the charity, 3 Million Steps and walked the 1,064 miles from John O'Groats to Land's End to raise funds.

Apart from the treadmill in the picture, the equipment they bought included a leg drop system to help with walking, a portable full-length rehabilitation mirror, a custom recumbent tricycle and a zero gravity arm support that supports weakened or paralysed shoulders.



 LION ZARA DYER

Zara's true story of courage and determination

3 Million Steps

To find out more and to donate please visit [3millionsteps.org](http://3millionsteps.org)

Registered Charity in England & Wales. Reg No. 1160230

# LIBRA

## FUNDS A WORLD FIRST

With the support of The Lions International Blood Research Appeal (LIBRA), a ground-breaking genetic research project focusing on aplastic anaemia (AA) and related blood cancers is now being carried out at King's College Hospital in London.

It is believed the results of this research project will go on to benefit AA patients by helping to determine the best treatments and to more fully understand which patients are more likely to go on to develop blood cancers.

AA is where there is a relatively rapid onset of bone marrow failure, which leads to severe peripheral blood pancytopenia (low blood counts of red and white blood cells, and platelets) causing anaemia, life-threatening infections and/or bleeding. Untreated, the condition has a high morbidity and mortality and for those who recover from it, 15 percent go on to develop acute myeloid leukaemia or myelodysplastic syndromes.

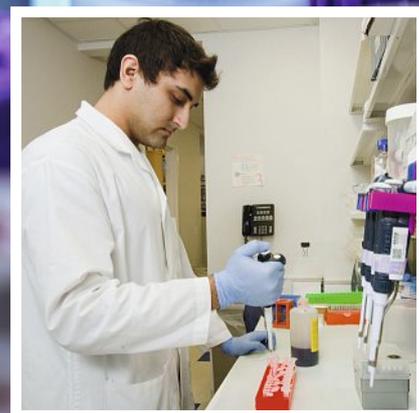
Given King's College Hospital's global dominance in research into this disease, it was recently selected to carry out research on samples obtained from 210 patients with AA, who are being treated throughout Europe as part of a clinical trial.

To complete the research Professor of Haemato-oncology Ghulam Mufti, who is leading the study alongside Professor Judith Marsh, requested £56,000 of funding. LIBRA trustees agreed to support the project so the professors and their team can carry out in-depth analysis of the genes of the immune system known as 'HLA types' on all samples.

Professor Mufti said: "The detailed analysis will enable us to determine whether specific HLA types are associated with AA and the emergence of malignant clones. It will also reveal how the immune system may or may not deal with such cells when they are present at low levels in the blood.

"Our funding request was approved by LIBRA trustees and we are incredibly grateful to this forward-thinking Lions charity and its supporters. The results from the study will be pivotal in understanding key questions in this disease and it will also allow novel therapies for AA as well as acute myeloid leukaemia or myelodysplastic syndromes."

LIBRA chairman, Andrew Lodge, added: "We wish the haematology team the very best with this project. We hope that the results bring about more positive outcomes for patients with aplastic anaemia and those with related blood cancers."



LIBRA IS SUPPORTING RESEARCH INTO APLASTIC ANAEMIA AND RELATED BLOOD CANCERS, TO BRING ABOUT MORE POSITIVE OUTCOMES FOR PATIENTS



Keep up to date with LIBRA and the latest news from King's via the official website: [libralionscharity.org](http://libralionscharity.org)

# HOW DO **YOU** RAISE MONEY?

Clubs have continued to fundraise despite lockdown. It has just required the Lions' well-known will to serve and some extra careful planning. Read the full stories on the following pages.

- Pat Bray made 2020 face masks for Camborne and Redruth Lions to sell
- Crewkerne Lion, Graham Castledine dressed up as Elsa and Lion Fred Broom Jnr dressed up as Cruella de Vil for their Disney themed tractor run
- Dumfries Lions raised thousands of pounds at their annual Christmas tree sale
- Llandudno Lion Ian ran 26.2 miles up and down a rainy and windswept promenade last October in the virtual marathon
- London Belmont Lions, Shanthy and Joe, raised money for the baby unit at Base Hospital Sri Lanka by doing a socially distanced sponsored walk
- Macclesfield Lions raised money for three local charities at their virtual 10k run
- Ten 'performing' Petersfield Lions each chose a personal challenge (including a 10,000-hula-hoop one) last September to raise funds for local causes
- Despite Tier 4 restrictions, Tonbridge Lions' Christmas Barrel Organ Appeal still reached more than £2,000 (with more still to come)
- Premature babies in the neonatal unit at Alder Hey Hospital will soon have a new, very specialist cot thanks to funds raised at Wirral Lions' annual sponsored walk
- Wokingham Lions' sponsored walk in September brought in £3,676, which will pay for more than 100 hours of respite care for families of patients at Alexander Devine Children's Hospice.



**TOP PHOTO:** CRUELLA DE VIL, AKA LION FRED BROOM JNR

**BOTTOM PHOTO:** ELSA, AKA LION GRAHAM CASTLEDINE

## Expert tractor drivers, Elsa and Cruella

Crewkerne Lions held their Disney-themed tractor run to raise money for Orchid, the male cancer charity. The 18.5 mile route took in many scenic lanes and two off road sections, which really tested some drivers. As did the sight of a bearded Elsa driving a vintage little grey Fergie tractor, closely followed by Alice in Wonderland and the Mad Hatter in a 4 x 4 and Cruella De Vil in an all-terrain vehicle.

## 2020 face masks

Once Pat Bray had made enough face masks for her family, she set about making them for Crewkerne Lions to sell. She supplied a health foods shop in Redruth and all went well until someone stole the Lions collecting box off the counter along with its £50 contents. The shop staff and Pat were devastated but, hearing of the theft, an anonymous person made a donation to cover the loss.

To date, Pat’s masks have generated £2,000, which has been split equally between the Lion’s Charity account and Children’s Hospice SW.

## Trees, track and trace

When the Dumfries Lions Club held their annual Christmas tree sale, they made just over £4,000. Their COVID-19 precautions included a staffed track and trace point to protect customers and Lions and Lion John MacColl said: “Members enjoyed being involved in this popular outdoor event, which also gave us a great opportunity to meet each other following months of Zoom meetings.”

**ANOTHER TREE SOLD!**



## Llandudno marathon man

Llandudno Lion, Ian Turner, ran over 20 London marathons before he retired from running five years ago. But when he got a call from the NSPCC/Childline asking him to help them raise £40,000 in last year’s virtual marathon it took him a nano second to say yes. So, with only a few short weeks to train, Ian ran 26.2 miles up and down a rainy and windswept promenade to raise £2,398.



**IAN FINISHING HIS MARATHON**



## Roll out the barrel (organ)

Tonbridge Lions have been rolling out their barrel organ at Christmas every year since 1952 to raise money for the local community. Last year, the donations (either cash or contactless!) went towards festive hampers for deserving individuals and families.



PHOTO ABOVE: (L-R) LIONS MIKE FENN, KEITH BOURNE, AND HIS GRANDDAUGHTER, JEMIMA, TONBRIDGE AND MALLING MAYOR, CLLR JILL ANDERSON AND LION GORDON HILL

PHOTO ABOVE RIGHT: THE BARREL ORGAN IN 1960



## Petersfield performers

Petersfield Lions had a fantastic day last September, raising over £1,070 for local charities.

The 'Ten Performing Lions' each chose a personal challenge to be sponsored for;

- Clive cycled up the six hills around Petersfield,
- Lions Mary and Jo did a sponsored silence,
- Sandra whisked up a 10,000 hula-hoop challenge,
- Steve and Jennifer went litter picking,
- Dee rode a static bike,
- Jo walked up Beacon Hill (twice), and
- Trevor walked around Petersfield and the pond in a Lion costume.

## Run for the money

Macclesfield and District Lions support a local charity, Cheshire Without Abuse, and gave them £250 last October. This vital organisation supports victims of domestic abuse and their families who can often be faced with considerable hardship.

Earlier in the year and with the help of sponsors; The Cheshire Cheese Company, Chilli Banana Macclesfield and Rundamentalist Running Club, they organised virtual 10k runs which raised £5,000. £1,500 of that was given to the East Cheshire Hospice.

## £700 for visiting scheme

£700 from the Wokingham Lions Club virtual pub quizzes in December were donated to the Link Visiting Scheme, a local charity which supports older people who are alone or lonely.

Marjie Walker, scheme manager, Link Visiting Scheme, said: "This year we supported 107 people on Christmas Day with a delicious hot lunch, a well-stocked gift bag, and most importantly, a knock on the door and a socially distanced visit from a volunteer.

"We are grateful for the Lions' contribution to helping us make the day a little easier, thank you!"

## Wirral Lions' walk

Despite the COVID-19 restrictions, Wirral Lions Club completed their annual sponsored walk and raised £1,300 towards a special cot for the neonatal unit at Alder Hey Hospital, it is a joint project with the Lions Clubs of Birkenhead, Chester, Ellesmere Port and Wallasey. The cots cost over £7,000 and help save the lives of many premature babies.

## Walking for babies in Sri Lanka

London Belmont Lions, Shanthy and Joe Dheivendran, walked 90 kilometres to raise money for the baby unit at Base Hospital in Sri Lanka. They have collected £2,650 so far via their JustGiving page (way more than they hoped for £1,500) which will help the hospital to support their tiny patients.



Lions acts of kindness within their local communities.



## Touring Keswick with Christmas cards

To say thank you to their community, Keswick Lions made their annual Christmas card delivery service free of charge last year.

They encouraged people to send cards to the staff and residents of local old people's homes and received more than 3,000 cards to sort and deliver, more than twice the number from previous years.

On card delivery day, Keswick Lions borrowed a tricycle rickshaw to transport Father Christmas around Keswick while his elves were delivering cards.



LION BILL RICHARDSON PROVIDING THE PEDDLE POWER FOR FATHER CHRISTMAS (LION SIMON PARLE)

## All the fun of the fair

Ashby Statutes Fair did not take place because of the pandemic last September for probably the first time in 800 years. Originally used as a 'hiring' fair where landowners and workers could meet and agree a year-long contract, it also served as a place of entertainment, and the Pat Collins Fun Fair has kept that tradition going for a long time now. Anthony Harris, proprietor of Pat Collins Fairs, was determined that the fair would not pass unnoticed so took a children's fairground ride to Ashby on what would have been Ashby Statutes weekend. Anthony, an honorary Lion for 41 years, donated the proceeds of the fair ride to Ashby and Coalville Lions Club.

## Put all the toys away

Penrith Lions sprang into action when Brunswick School found themselves without weatherproof storage for their outdoor equipment.

Lions John Yates and Bernard Wood found a local company to supply and build the wooden structure in time for winter, so the pupils can now store all their outdoor play equipment safely, securely and out of the weather.



(L-R) PENRITH LIONS JOHN YATES AND BERNARD WOOD WITH THE BRUNSWICK SCHOOL EQUIPMENT SHED



## A token of remembrance and respect

One sad consequence of the pandemic restrictions over Christmas and New Year was that many people couldn't visit the graves of their departed loved ones.

So Southam and District Lions helped to support families in this situation by placing a wreath at the 'memory tree' in St James Church Yard in Southam, and let everyone know by social media. Lion Steve Jones also donated a plaque, which read:

*In remembrance and respect of all those in and around Southam District who cannot visit their 'departed' loved ones this Christmas.*

 THE BEAUTIFUL MEMORY TREE IN SOUTHAM

## Safe, warm and dry

With a grant from Lions Clubs UK Charity Foundation, Lancaster and Morecambe Lions bought some Sleep Pods for Lancaster & District Homeless Action Service and for Morecambe Angels.

Sleep Pods are designed to keep rough sleepers warm and dry in severe weather conditions. Since lockdown, the number of homeless and vulnerable people in the area has increased and a representative from Morecambe Angels said: "Words cannot describe how overwhelming it is knowing some of our clients will have some form of shelter to keep them warm and comfortable. Thank you, guys."

## Thank you!

Last September, Alton Lions presented Lions Clubs Appreciation Awards to local individuals and organisations for their outstanding work in the community during lockdown.





## Being safe in Budleigh

Budleigh Salterton Lions Club bought three infrared thermometers for St Peter's C of E Primary School in Budleigh.

Staff and pupils can now have their temperatures taken if they display any symptoms of Coronavirus. If there is an outbreak, staff can stand at the school gates and easily check pupils for signs of infection before they go into school.



(L-R) HEADMASTER, MR HITCHCOCK WITH EVELYN HITCHCOCK, BRADLEY LOWE WITH LION ALAN LOWE

## Love from Lancashire Lions

Upholland Tawd Vale Lions Club in Lancashire worked flat out last year:

- they helped the local police with furniture and clothing for an elderly man in need;
- supplied local food banks with more than 3,000 tins of food and sanitising items, all donated by local companies;
- gave sanitisers to 19 local schools to help them during the pandemic; and
- collected and delivered Christmas toys to Ormskirk Food Bank and St Vincent De Pauls to be given to families.

## Keeping mobile

Hereford Lions recycle mobility aids donated by families when they are no longer needed, then give them to disabled people without the funds to buy one. Project leader, Lion Terry Williams, said: "Families are exceptionally generous and their support has benefited many people struggling with mobility problems."

## Betty's back on the road

Eastwood Lions club have found a new home for an unused mobility scooter. They gave it to 92-year-old Betty from Hadleigh.

She had been struggling to get about since giving up driving after 53 years, so this gift has put her firmly back in control.



BETTY BEHIND THE 'WHEEL' AGAIN



# LIONS CLUBS INTERNATIONAL PEACE ESSAY CONTEST 2020

Created to allow visually impaired young people to express their feelings of peace, the International Essay Contest is a staple of Lions clubs around the world.

Like the poster competition (see pages 32 and 33) the theme for the essay competition is always about peace. Last year, Joe Critchlow, aged 13, sponsored by City of Liverpool Lions Club, won the essay competition at both national and international level, a fantastic job so fingers crossed for Graham this year!

This is the beautiful national winning essay written by 11-year-old Graham Gardiner, who was sponsored by Fairlop Lions:

## ‘SERVICE IS EVERYWHERE’

What does service mean in the world today? I think it means different things to different people in many parts of the World. Service means helping others, encouraging new ideas, doing things for your local area making people join together for better things.

Looking at the Lions Clubs it fits in with all they are and do. They lead by example. Hunger, eye problems, child cancer, diabetes and the environment around us, all benefit. It is not only these areas that need service from all.

Have you met a lonely person, someone struggling with emotional problems, lack of support, homelessness or with a disability. These things can happen to all ages and we can all do something in our own small way.

Make someone smile, lift their spirits, get that warm feeling knowing your little contribution has made a difference and maybe you can share and encourage others to do the same by serving. Age is not a barrier to service. Skin colour or religion should be forgotten because all that matters is hands sharing the work and people enjoying giving.

On a smaller scale what is needed around you? Everyone should open their eyes to where they can help and see what they are capable of. Small ideas can start bigger things. Service is freely given, not being beneath someone or above someone. It is being equal but having the ability to see a need. Service doesn't have to be a financial cost – using your words can often make people feel better. By giving help to someone who needs it, either a physical item or an encouraging emotional support it is service. No one can do everything but we can all do something to make a better world.

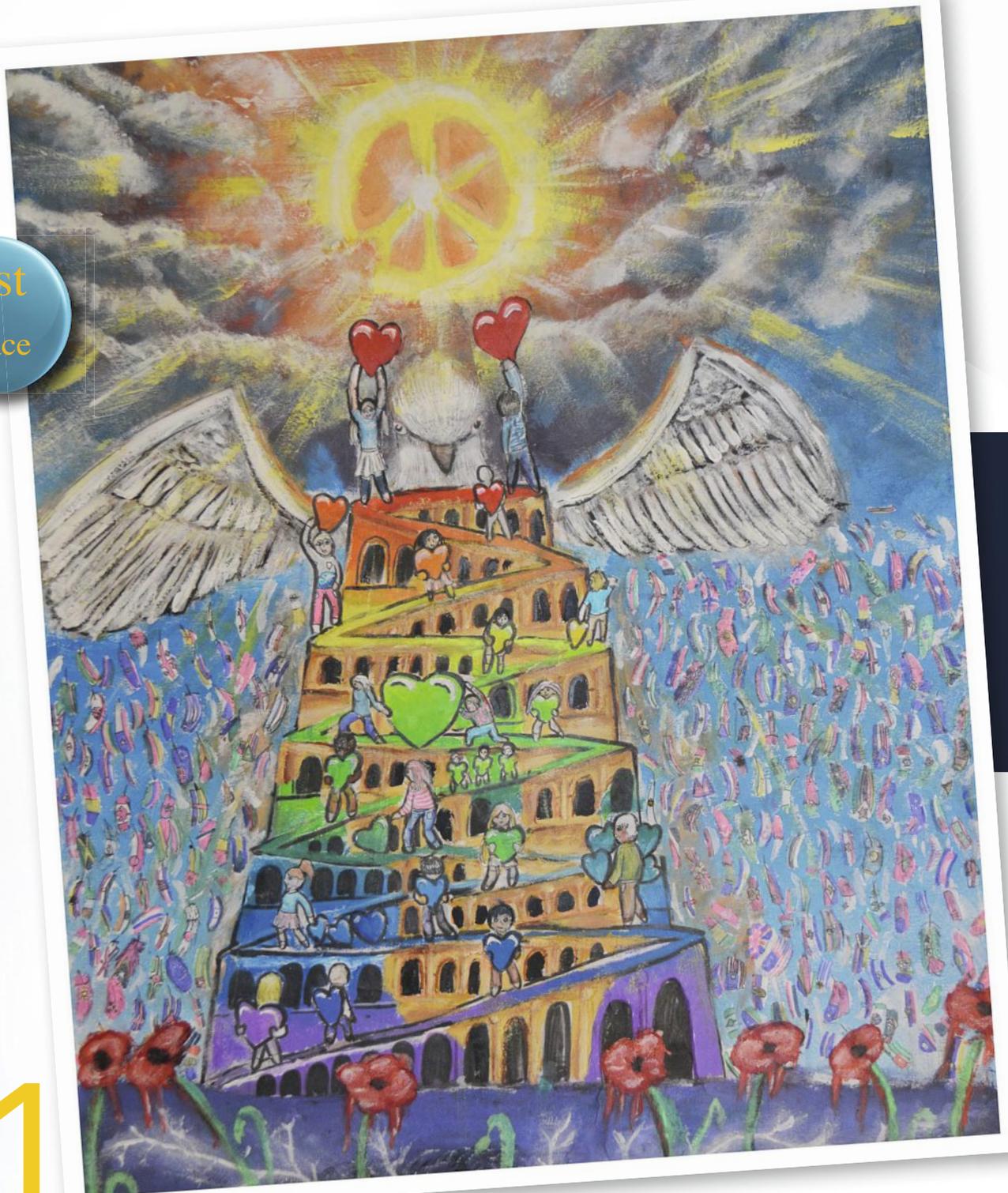
All around the world millions are involved in voluntary work, looking after others. Even small actions can have a lasting impact by changing something for someone and changing how you are seen by others. The whole point of opening your eyes and doing something however small is that it starts the ball rolling towards more and more people working together and creating a happy peaceful society. If this can be encouraged more across countries it will make such a difference. Why should it only happen when a disaster occurs? By giving help to someone who needs it, reach out to others, use your talents, find a problem look for a way to help. When people join together to help others then life becomes easier and a little more peaceful and all feel valued.



PEACE POSTER COMPETITION

# HATCH END LIONS CENTENNIAL LIONS SPONSOR WINNING PEACE POSTER

1st  
Place



1



THE **WINNING PEACE POSTER**, SPONSORED BY  
HATCH END LIONS CENTENNIAL LIONS CLUB (105A)  
IS BY JUNSEI KINKEAD WHO IS 13

The peace poster competition strives to encourage young people between the ages of 11-13 to express their own personal vision of peace.

Since the competition began, more than four million young people from 100 countries worldwide have participated.

The young artists are free to use a variety of mediums and often, the finished work portrays the young artists' life-experiences and culture.

This year, we are delighted to report that all but one district took part in the competition and because of the sheer volume of excellent posters, judging the winning district poster was very tough.

Posters go through several judging levels; local, district, multiple district and international. At the international level, judges from the art, peace, youth, education and media communities select one grand prize winner and a number of merit award winners.

All the district winners were judged in November, where an overall UK winner was selected and sent off to Lions International HQ for the international judging.



2<sup>nd</sup> Place

2



3<sup>rd</sup> Place

3



4

2 IN **SECOND PLACE** IS THIS POSTER BY GRACIE ROBSON AGED 13. SHE IS SPONSORED BY TYNEDALE LIONS (105N)

3 IN **THIRD PLACE** IS THE POSTER BY 12-YEAR-OLD JOSH FIFORD, WHO IS SPONSORED BY ROMFORD LIONS (105CE)

4 THIS POSTER IS BY EVA FREELAND AGED 12, WHO IS SPONSORED BY SWINDON LIONS (105SC)

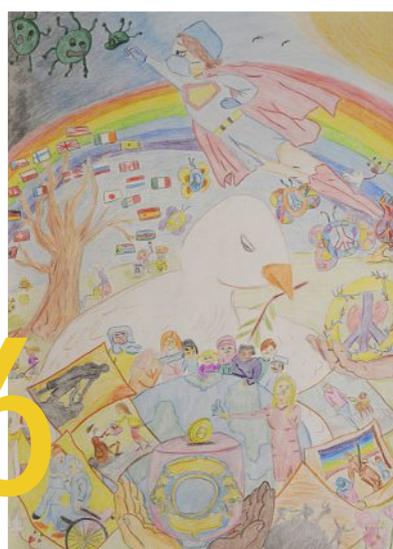
5 THIS POSTER IS BY ANN ROBINSON AGED 12, WHO IS SPONSORED BY STONE LIONS (105CN)

6 THIS POSTER IS BY FREYA WHITING AGED 12, WHO IS SPONSORED BY TAVISTOCK LIONS (105SW)

7 THIS POSTER IS BY PRISCILLA BUSTAMANTE AGED 12, WHO IS SPONSORED BY REDDITCH LIONS (105CW)



5



6



7

NEXT ISSUE

The next issue of the **LION** Magazine focuses on health, wellbeing and sport, the projects that Clubs have been involved in, and lots more.



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[www.lionsclubs.co](http://www.lionsclubs.co)

# The LION

Summer issue published July 2021

To contribute stories, feature ideas and photographs,  
email: [Lion.editor@lionsclubs.co](mailto:Lion.editor@lionsclubs.co)



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As well as a print circulation of 11,000 copies – giving an ABC1 readership in excess of 30,000 – the LION is available as an app, produced in digital flip format, as a download pdf, and published on Lions Clubs British Isles' social media and websites.

The established loyal readership has an extensive range of interests, and includes families, city dwellers, affluent retirees, young professionals and business owners. Readers have a track record for supporting advertisers, and welcoming exclusive offers.

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# LIONS QUEST HELPS STUDENTS ADJUST TO CHANGES CAUSED BY COVID-19

By Jamie Weber, LCIF

It should be no surprise that COVID-19 is affecting today's children and their education. Adjusting to online learning, adapting to a new way of life and learning about an uncertain and seemingly ever-changing virus is giving children a level of stress they may never have known before. Though life can be a little scary these days, Lions Quest, Lions Clubs International Foundation (LCIF)'s social and emotional learning (SEL) curriculum, is helping children adjust.

Lions Quest teaches children life skills that help develop happy, confident children who make choices for a successful future. Children learn decision-making skills, communication skills and how to say no to drugs and alcohol. They learn positive behavior such as managing emotions and showing empathy. In addition, service learning helps the children understand the importance of serving their communities.

Teachers in Calumet City, Illinois, USA, understand that COVID-19 has caused stress and made teaching Lions Quest a priority, which is why they are making sure the children still receive their Lions Quest lessons. In fact, for the first week of the 2020-2021 school year, teachers focused solely on SEL. "We understand that this pandemic has been traumatic and there is no way we could expect our students to jump right in and start performing," says Dr Tamara Young, Director of Special Education for the school district and a Lion at Calumet City Lions Club. "We needed to make sure their social and emotional well-being was intact before we started academics."

As the school year began online, teachers delivered Lions Quest lessons over video. Since the programme began last year, Dr Young has noticed an improvement in the school climate, adding that Lions Quest provided teachers with the tools needed to have conversations with their students on tough topics.

Lions Quest also inspired events for the children as they started out the new online school year. Principal, Regina Huston, also a member of Calumet City Lions Club, hosted a carpark orientation to help students adjust. It was a socially distanced outdoor event, which provided the students with hot dogs and trinkets to take home. It was the perfect opportunity for children and their parents to meet their teachers and the other students in their class.

Later in the year, when the new Lions Quest journals were ready for pick-up, the district took the opportunity to create a fun event for the children. The students were invited to wear their Halloween costumes and received bags of sweets along with their new journals and classroom materials.

"Bringing social and emotional learning into our schools is the best thing we could have done," says Dr Young. "In today's world, school is not just about academics anymore. It's also about the social wellbeing of our students. Lions Quest helps support where we are now."



 LIONS QUEST TEACHES CHILDREN LIFE SKILLS THAT HELP DEVELOP HAPPY, CONFIDENT CHILDREN WHO MAKE CHOICES FOR A SUCCESSFUL FUTURE

To learn more about Lions Quest visit: [www.lions-quest.org](http://www.lions-quest.org)

# IMPROVING VISION AND WELLBEING IN PALESTINE

By Jamie Weber, LCIF

In the State of Palestine, lack of eye care, often attributed to poverty and restricted access to health services, has caused undue personal and financial hardship. Lions see the hurt this causes their communities and with support from LCIF's SightFirst programme, they are changing that reality.

Determined to improve community health and wellbeing, Lions are using a US\$426,655 SightFirst LCIF grant and collaborating with St John's Eye Hospital Group (SJEHG), the primary patient referral centre for the Palestinian Ministry of Health, and the *only* referral for the United Nations Relief and Works Agency for Palestine Refugees in the Near East.

SJEHG examines and treats 128,000 people annually, while also performing more than 5,000 major surgeries. Sadly, need outpaces demand, and SJEHG's main hospitals in East Jerusalem, Hebron, Anabta, and Gaza have been unable to manage patient volume. Equally as unsettling, advanced equipment critical to performing complex operations is lacking.

Together with SJEHG, and as stewards of LCIF funding, Lions have begun a two-year project to increase service capacity as well as procure medical equipment to enhance the hospital's vitreoretinal, retinal laser and other retinal services. As they oversee the project, Lions are also working to increase project visibility in their communities and organising fundraising events. Additionally,

Lions who are medical professionals are providing technical advice.

In year one, the project enabled nearly 11,000 additional patients to receive life-altering care, exceeding the estimated number by more than 4,000. To keep providing vital eye care to patients during COVID-19 stay-at-home orders, the hospitals implemented preventative and protective measures. In addition, the hospitals prioritised retinal patients, as they are at the most risk of having irreversible vision deterioration if not treated in time.

## Meet Khawla

"I don't want to think of what could have happened," said Khawla, a 66-year-old widow in Beit Sahour, Palestine. Diagnosed with retinal detachment, Khawla was in need of emergency surgery, which she received at SJEHG. "This Lions project saved my sight, and in many ways, my life."

## Meet Naima

With severe diabetic retinopathy and in danger of losing her eyesight, 54-year-old Naima, from Bethlehem, was terrified about her future and ability to care for her 10 children, until she received life-changing surgery at SJEHG. "I would have become blind by now," said Naima. "They saved my sight."



PHOTO: NAIMA SALAHAT



PHOTO RIGHT: KHAWLA

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To empower volunteers to serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions clubs.

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Next issue: June 2021

Feature ideas, articles and photographs proposed for future issues should be of interest to the majority of readers, who include Lions and members of the public. Please provide information about the story and who is involved, as well as relevant details such as location and dates. Include a contact name and phone number. Remember that any photographs need to be eye-catching and of a high standard. Confirm you have permission for these to be published. Thank you.

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# LIONS ROAR 2020 — INSPIRATIONAL EDUCATION COMPETITION

The largest-ever audience from Lions clubs and primary schools attended the 2020 Lions Roar final on 9 December 2020. This unique programme run in partnership with 8BillionIdeas aims to inspire children to think big and dream big about their ideas. All of the schools ran internal class competitions during the COVID-19 restrictions, and the winning group from each school, who created the most inspirational, innovative idea then went on to compete in the finals.

Fifty-eight primary schools entered the Roar 2020 finals competition across two Lions districts. During the finals held live on Zoom, children presented their

world-changing ideas on video, alongside their model, jingle and poster.

The ingenuity and scope of the designs were remarkable and the joint first place winning ideas will be described and published in a book, made available to purchase on Amazon.

All those pupils that took part received a Lions Roar T-shirt, a certificate and a medal as a memento of their hard work and achievement.

 LOWES WONG JUNIOR SCHOOL

| Prizes were awarded to the following winners |  |
|--|--|
| Joint first place                            | <b>Lowes Wong Junior School – ‘The Wasteless App’</b> The Wasteless App helps us understand how much waste we use and encourages us to use less and make a world we can all be proud of.           |
|  | <b>Wonersh Shamley Green School – ‘Automatic Temperature Checker’</b> The Automatic Temperature Checker is a machine that checks body temperatures to help control viruses by using a heat sensor. |
| Joint second place                           | <b>West Butterwick School – ‘OxYGenTo’</b> A machine that is placed on car exhausts to suck-up the gasses (fumes) and turn into oxygen.  |
|  | <b>St John’s Primary School – ‘Huggiesaraus Roar’</b> A six foot singing huggiesaraus that will be transported by plane and balloon across the world to give everyone hugs.                        |
| Joint third place                            | <b>Haxey School – ‘H2OTG’</b> A water purification system provided through a back pack, enabling anyone across the world to access clean water.  |
|  | <b>Rudgwick Primary School – ‘The Mover Suit’</b> A body suit designed for those with a paralysis to assist with movement.   |



 WONERSH SHAMLEY GREEN PRIMARY SCHOOL

## Get involved with ROAR 2021

Lions Clubs are invited to join in by providing financial support to their local schools. Please contact either Steve Scall via email: [stevescall@gmail.com](mailto:stevescall@gmail.com) or Viv Diggins via email: [diggins2000@hotmail.com](mailto:diggins2000@hotmail.com) for further information

## NEW MEMBERS

IMAGE CREDIT: FREEPIK.COM

Lions serve with  
purpose and values



### Kindness in action

Alongside their local service focus, Lions get involved with five common causes: diabetes, vision, hunger, environment, and childhood cancer.

### Global force for good

With more volunteers in more places than any other service organisation, Lions step forward to tackle local community challenges wherever they occur.

### Connect with others

Join us to raise funds and help others with integrity, enthusiasm, innovation and creativity to achieve positive results through friendship and teamwork.

### Living our promise

By being open to change, Lions continue to be respected and trusted to meet the evolving needs of those requiring support in local communities.

## Welcome new Lions members

All members of Lions Clubs of the British Isles share a commitment to serve their local communities.



#JoinUs  
#LionsGetInvolved  
#StepForward  
#OpentoChange

**ALTON**  
Craig Shepherd

**BARWELL & EARL SHILTON**  
Sarafina Marungwaran

**BEXHILL ON SEA**  
Alison Ridout  
Caroline Studley  
Jean Wood  
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**BEXLEY SIDCUP**  
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Narendra Patel

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Godwin Hanns  
Hayley Patton

**CARDIFF**  
Parmindra Pannu

**CASTLE POINT**  
Clive Hobbss

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Ron Murray

**CHEADLE**  
Phillip Routledge

**CHEDDAR VALE**  
Patricia Brading

**CHIPPENHAM**  
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Sue Morgan

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Beverly Davies  
Dewi Jones  
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Michael Williams  
Patrycja Dwornikowska  
Sally Roberts  
Stuart Clitherow  
Tony Davies  
Wiktorja Kapica

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Rois Ali  
Siraj Ali  
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Ravi Bhushan  
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Jasbiro Kaur Grewal  
Fayed Hussain  
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Aman Preet Rai  
Surj Singh Rai  
Mulakh Raj  
Hanninder Sachdeva  
Chithra Ramakrishnan  
Bhajan Singh Samra  
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Shital Kamdar  
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Sally Jobling  
Steven Monte-Pearsall  
Tony Richards  
Wendy Potter

### WOTTON UNDER EDGE

Arthur Bennett  
Hesper Brewer  
Julie Jenner  
Rebecca Topham  
Richard Hale  
Steve Boyd

### YEO VALLEY

Jonathan Phillips

### The night Roy Watts was inducted into Peterborough Lions Club, he wrote this poem:

I am now a member of Peterborough  
Lions Club

We usually have our meetings in a pub

But because of Covid we have to meet  
on Zoom

So I was inducted in my room.

There is one thing that I hope

You don't put too much blame on  
David Pope

When Covid has finished and gone

And normal life can go on.

Then we can end our Zoom call

And I can personally meet you all

So 2020 I will always remember

Because that's the year I became a  
Peterborough Lions Club member.

We will not sway we will not swerve

The Lions' moto is, We Serve.

# In Memoriam



Lions Clubs International

MD105 British Isles

Lions Clubs of the British Isles remember the Lions members who made a commitment to serve their local communities, we honour their memory.

## Obituaries: A Celebration of Life

**ABBISHAW: Lion Colin**  
Rothwell District Lions Club

**ARMOUR: Lion Brownlee**  
Aberdeen Lions Club

**ASHENDEN: Lion Daphne**  
Sandown & Shanklin Lions Club

**BAILEY: Lion Colin**  
Lincoln Lions Club

**BEESON: Lion Ray**  
Cranleigh Lions Club

**BINNS: Lion Mike**  
Loughborough Lions Club

**BIRCHALL: Lion Dave**  
Horncastle Lions Club

**BOOTH: Lion Eric**  
Otley Lions Club

**BOOTLE: Lioness Ronnie**  
Dursley Lioness Club

**BRUMBY: Lion Clarrie**  
North Notts Lions Club

**BURI: Lion Brian**  
Cranleigh & District Lions Club

**COLDMAN: Lion Dave**  
Rottingdean & Saltdean Lions Club

**COLE: Lion David**  
Horley Lions Club

**COLEY: Lion Peter**  
Guildford Lions Club

**CLAYTON: Lion Dennis**  
Paignton Lions Club

**DALTON: Lion Catherine**  
Woolmer Forest Lions Club

**DAVISON: Lion John**  
Mid Tyne Lions Club

**DEANE: Lion Ray**  
Billericay Lions Club

**DOW: Lion Pat**  
Uttoxeter Lions Club

**DURRAND: Lion Hamish**  
Aberdeen Lions Club

**ELLIOTT: Lion Walter**  
Buxton Lions Club

**FODEN: Lion Reg**  
Chester Lions Club

**GILBERT: Lion Ivan**  
Lowestoft Lions Club

**GILPIN: Lion George**  
Llandudno Lions Club

**GILLET: Lion Brian J**  
Sevenoaks Lions Club

**GOLD: Lion Jean**  
Cheltenham Lions Club

**GODBER: Lion Lesley**  
Melton Mowbray Lions Club

**GRANT: Lion Christopher D Fraser**  
Ringwood & Fordingbridge  
Lions Club

**GROVER: Lion Peter**  
Cheddar Vale Lions Club

**HADDOCK: Lion Stephen**  
Caerffili Lions Club

**HALL: Lion Eddy**  
Rayleigh Lions Club

**HARDIE: Lion Derek**  
Bognor Regis Lions Club

**HARROLD: Lion John**  
Windsor Lions Club

**HAVARD: Lion Alan**  
Southport Lions Club

**HERRIMAN: Lion Charlie**  
Birchwood Lions Club

**HODGSON: Lion Blanche**  
Holderness Lions Club

**HOLDEN: Lion George**  
Derby Lions Club

**HOLMES: Lion John**  
Rugeley & District Lions Club

**HORTON: Lion Victor**  
Wellesbourne & District Lions Club

**HOULDEN: Lion George**  
Derby Lions Club

**HUBBARD: Lion Alan**  
Lowestoft Lions Club

**JAMES: Lion Barbara**  
Beverley Westwood Lions Club

**JONES: Lion Paul**  
Sunderland Lions Club

**JOHNSON: Lion Colin**  
Clacton on Sea Lions Club

**KANG: Lion Sarwan**  
London Acton Lions Club

**KAUR: Lion Omkar**  
Coventry Mercia Lions Club

**KELLY: Lion Gordon**  
Blackmore Vale Lions Club

**KNIGHTS: Lion Graham**  
Wirral Lions Club

**LOWE: Lion Stephen John**  
Folkestone Lions Club

**MABON: Lion George**  
Seaton & District Lions Club

**MAGUIRE: Lion Derek**  
Haverhill Lions Club

**MALPASS: Lion Carol**  
Woodbridge & District Lions Club

**MARSH: Lion Frederick**  
Peterborough Lions Club

**MEHTA: Lion Ramnik**  
Enfield Lions Club

**MOORE: Lion Geoffrey**  
Radstock & Midsomer Norton  
Lions Club

**MORGAN: Lion Bob**  
Newquay Lions Club

**MORGAN: Lion David**  
Truro Lions Club

**MURRELL: Lion Roy**  
Wantage & Grove Lions Club

**NATHAN: Lion Grace**  
Centennial 100 Champions  
Lions Club

**NIGHTINGALE: Lion Susan**  
Southbourne Lions Club

**NORRIS: Lion Bob**  
Harrogate Lions Club

**O'CONNOR: Lion James MBE**  
Warrington Lions Club

**OWRAM: Lion Derek**  
Otley Lions Club

**PANDYA: Lion Prakashbhai**  
Thurnby Lions Club

**PAREKH: Lion Jaswant**  
Birmingham Handsworth Lions Club

**PATEL: Lion Dr Vinod M**  
Lions Club of Hornchurch

**PAY: Lion Graham James**  
Folkestone Lions Club

**PHILLIPS: Lion Myles**  
Whitstable and Herne Bay  
Lions Club

**PRATT: Lion Brian**  
Wadebridge Lions Club

**PRITCHARD: Lion Ray**  
Hykeham Lions Club

**PROUD: Lion Ian**  
Penrith Lions Club

**ROBERTS: Lion Alec**  
Wirral Lions Club

**ROSS: Lion Alan**  
St Albans Lions Club

**ROYE: Lion Babu**  
Bolton Lions Club

**SHIPLEY: Lion John**  
Sunderland Lions Club

**STEVENS: Lion William**  
Gravesend & District Lions Club

**STEVENS: Lion Stanley Alan**  
Billingshurst Lions Club

**TEASDALE: Lion Keith**  
West Norwich Lions Club

**TILBURY: Lion Trevor H**  
Maidenhead Lions Club

**VERRICO: Lion John**  
Southborough & District Lions Club

**VINCENT: Lion Michael**  
Woolmer Forest Lions Club

**WALDEN: Lion Alan**  
Boston Lions Club

**WALKER: Lion Norman**  
Lancaster & Morecambe Lions Club

**WALTON: Lion Kristian**  
Tickhill & District Lions Club

**WEBB: Lion Alan Thomas**  
Chester Lions Club

**WELLS: Lion Carol**  
Exeter Lions Club

**WESLEY-SMITH: Lion Dermot**  
Beccles & District Lions Club

**WHITE: Lion Jack**  
Alnwick Lions Club

**WILKINSON: Lion Barbara**  
Glantawe Swansea Valley Lions Club

**WILKINSON: Lion David BEM**  
Glantawe Swansea Valley Lions Club

**WILLIAMS: Lion Julie**  
Harrogate Lions Club

**WILTON: Lion Graham**  
Bilston & Willenhall Lions Club

Honouring the memory  
and service of Lions from  
MD105 British Isles



To read full obituaries go to:  
<https://lionsclubs.co/In-Memoriam/>

A full listing of the Lions members from  
May 2019 to May 2020 will be displayed in  
a poster case within the Lions Shelter at  
the National Memorial Arboretum. A copy  
of the poster can be downloaded from:  
[https://lionsclubs.co/MemberArea/  
knowledge/about-in-memoriam-website/](https://lionsclubs.co/MemberArea/knowledge/about-in-memoriam-website/)

**Almoners:**  
Please email obituaries with photograph to:  
[In-Memoriam@lionsclubs.co.uk](mailto:In-Memoriam@lionsclubs.co.uk)



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**LIBRA**  
Lion International Blood Research Appeal

**GOING FOR GOLD**



## Going for Gold Online!

To ensure our supporters keep safe during Covid-19 but don't feel isolated, LIBRA has come up with some imaginative fundraising activities that you can do individually or online with friends.

You might like to coordinate an event via a platform such as Zoom. Simply create your own Virgin Money Giving fundraising page in aid of LIBRA via our website [libralionscharity.org](http://libralionscharity.org) and ask participants to make a suggested donation.

You could arrange a virtual quiz, online book club, games evening, birthday fundraiser, a sponsored challenge, or so much more.

We need your support to reach a £300,000 target for our Going for Gold Campaign in aid of the Haematology Department at King's College Hospital, London.

Take your fundraising online and help us tackle blood cancers and disorders.

Please contact us if you require any support, via email to [info@libralionscharity.org](mailto:info@libralionscharity.org) or call 01428 656283

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# A LIONS' TALE: LEO IS IN CHARGE

Eight-year-old Leo has collected more than 2,000 pairs of glasses for Thanet Lions Club and was awarded a Blue Peter badge for his spectacular work.

Leo volunteered to take over the work after the Thanet Lion who originally did it had to give up because of ill health. Now, Leo takes the glasses out of the cases, removes any broken pairs, puts unusable bits in the waste bin, counts them, packs them and seals the boxes. His grandparents say Leo is very much "in charge" at every stage of the recycling.

Firmly at the head of the project, Leo has six more boxes sort (at least 1,500 pairs of glasses, he thinks). He has helpers that he has to keep in order and focused, issuing instructions such as:

*"Put those cases in that bag Grandpa and take them to the dustbin please."*

*"Nana, make sure you put them in bundles of 10."*

Leo likes the idea that the glasses go to children who can't afford their own pairs.

Nana, Lion Jacquie Prebble, said: *"He enjoys counting and packaging them best, but I think he secretly enjoys tut-tutting when Grandpa (Bob) and I find broken ones that donors have put in the specs bins by mistake!"*



LEO, HARD AT WORK, WELL-DESERVED HIS BLUE PETER BADGE!



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