

LION

The Magazine of Lions Clubs British Isles

*Together
We Can*

International President
Brian E. Sheehan
is here for it.



Autumn/Winter 2022

www.lionsclubs.co



Lions Step Forward resources

Following the successful launch of the Step Forward community report, new marketing resources have been published.

Together these eye-catching materials help Lions to share their passion for local community volunteering, talk about how their club makes a difference, and encourage people to #JoinUs.

Booklets



Posters



Postcards



Leaflet



- NEW:** Copies of a Step Forward mini-leaflet, as well as sets of postcards and posters (in various sizes), are available to purchase.
- FREE:** A box of 50 copies of Step Forward reports can be requested, with only the cost of postage to pay (one box per club allocation, while stocks last).
- ORDER:** Please get in touch with Lions National Headquarters on **0121 441 4544**.

WE ARE TEAM LIONS

Hello Lions

There's one thing better than watching a great team in action—being on the team! There are few things I love more than pulling on a jersey, grabbing a glove, and taking my place on the field. It's hard work, it requires dedication, but it's also just so much fun.

Of course, I'm talking about Team Lions. When my club goes out to serve, we do it as a unit. We wear our club shirts, we take our positions, and we use our individual strengths to help our team be successful.

We aren't just a club. We're a group of caring people who are dedicated to the same mission. We all work hard and use our talents in different ways to achieve a common goal. And when we want to have a bigger impact, we grow our team. We do this by recruiting more members, and also, importantly, by partnering with other clubs and organisations.

There is no real way to have the impact we want to have if we go it alone. Don't be afraid to reach out to others and encourage them to join us. We accomplish big things by working together. Through hard work, dedication, and teamwork. Oh, and didn't I mention...fun!

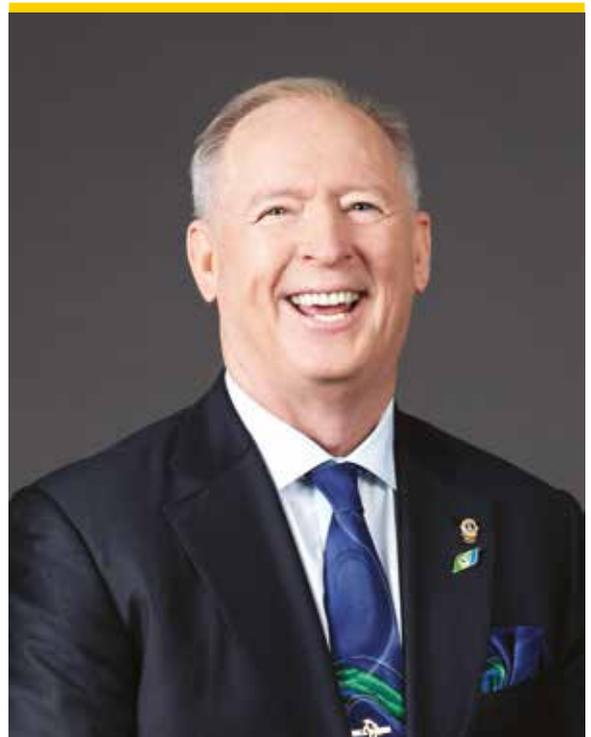
Go team Lions.

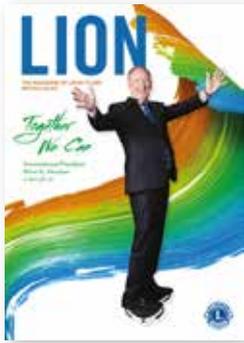
Make a great day,

Brian E. Sheehan

Brian Sheehan

International President
Lions Clubs International





LION Magazine
Autumn/Winter 2022

#JoinUs
#LionsGetInvolved
#StepForward



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[British Isles Edition]

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Please pass this copy on to someone else to read
and enjoy. Even better would be if you are able
to leave it somewhere in your local community
where others will be able to learn more about who
Lions are and what they do. Thank you.

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The theme of this issue of the LION Magazine acknowledges welfare and wellbeing projects undertaken by Lions Clubs across the British Isles. These will be even more essential this Winter. Alongside many examples of great community initiatives, we share a story of Santa in the Netherlands and a challenge to get crafting and repairing in the months ahead. We look how Bury Lions relaunched Message in a Bottle, celebrate Ted Winter's success in the National Junior Athletics Championship - and applaud the panto promo of Captain Barnacle and Saucy Sal at the Sandown Carnival. Heave ho, ho, ho, me hearties!!

GNOSALL AND NEWPORT LIONS PROSTATE AWARENESS EVENT

A computer system provided by the Graham Fulford Charitable Trust (GFCT) managed appointment bookings, efficient flow of testing by a team of volunteer phlebotomists, and distribution of letters containing results.

Demand was so high that a follow up event was held with a total of 738 men having their PSA levels tested. Of these, 26 received a Red letter - advising them to contact their GP immediately. A further 41 were sent an Amber letter meaning they should contact their GP for a retest in 3 months time.

Volunteers including club members, their families, friends, and other organisations helped ensure the smooth running of the event. Fund-raising, donations and Gift Aid contributions went towards testing and event costs.

Image credit: National Cancer Institute



1 in 8

In the UK, about 1 in 8 men will get prostate cancer at some point in their lives.

Source: Prostate Cancer UK

TONBRIDGE LIONS DIABETES SCREENING DAY

Over 5,000 people have been tested for diabetes since 2000 when Tonbridge Lions started its annual screening day.

This year's event at River Bridge saw two qualified medical staff from the Event Medical Ambulance and Training Group (EMATS) test over 300 people of all ages.



12.3 million people are at **increased risk** of Type 2 diabetes

Source: Diabetes UK

The number of people developing melanoma is rising and it is now the fifth most common cancer in the UK.

Source: Melanoma UK

HONITON LIONS MOLE SCREENINGS

Consultant dermatologist, Dr Tony Downs of the Royal Devon and Exeter Hospital provides his time free of charge, with a £10 examination fee being donated to charity. Across four screening days since 2016, 560 people have had moles and other skin disorders checked.

This year, donations amounting to £1,200 were divided between Cancer Research UK and Hospiscare, an Exeter



Care for healthy communities



based charity. From the 113 people tested, nine were referred for further examination, with five advised to seek immediate medical treatment. One woman said “Thank you for arranging the screening which detected I had malignant melanoma. I’ve had one operation and know it was Stage 1. A second operation will remove more skin, but I won’t need chemotherapy. You might have saved my life.”

Health screening makes a valuable contribution to the welfare and wellbeing of local communities. Many Lions clubs work with health professionals and community-based organisations to provide access to information, wellbeing assessment, and early identification of medical conditions.

This service aligns with NHS advice for adults aged 40-74 to have regular health checks to detect and reduce their risk of developing potential health problems.

Planning community wellness events

Community wellness events provide an opportunity to involve local people in improving their health and respond to wellbeing issues that matter to them. Lions Clubs across the British Isles have extensive experience of welfare matters and organising different types of activities. Ensuring wellness events are successful is about a clear purpose, good planning, and effective implementation.

Purpose: know why

Before getting into details of planning a wellness event, define its purpose. Start with the desired end result. Why are we doing this event? Why should anyone care? Clarity of purpose guides planning and implementation. It helps explain to others what the event is about - the reason behind it in 'big picture' terms. It informs the 'key message' to communicate in marketing and other communications. It provides measures for determining success - expressed as objectives and key results (OKRs).

NOTE: Develop the purpose of a wellness event in partnership with health professionals.

The organ donation awareness day organised by Lions Club of Coventry Godiva in association with NHS Blood and Transplant aimed to dispel myths and explain how to sign up to the donor register.

Planning: know how

Failing to prepare is preparing to fail. Wellness events involve making decisions and getting the details right. How should we bring the event to life? How can we make sure it is a success? This means working out who needs to be involved, what needs to happen - when and where. The mechanics of planning are processes and communication. It requires resources - people and money. It means identifying accountabilities - budgets, data protection, health & safety, contracts and policies.

NOTE: Have a project plan outlining key actions, responsibilities, deadlines and progress reports.

The Walk in the Sea event by Paignton Lions Club requires registration for Health & Safety and insurance purposes. Event risk and safeguarding assessment details are made public at: <https://www.paigntonlions.org.uk/events/lionswalkinthesea.html>

Implementation: know what

Briefings and schedules ensure everyone involved in implementation knows what to do, and who is doing what. Wellness events can be simple or complex. They could be open for walk-in checks or drop-in chats. They may require pre-booking, medical interventions and follow-up results. They will require advance promotion, event sign-posting and venue staging, as well as capturing feedback and taking good photography. Risk assessment and flexibility is important to allow for eventualities.

NOTE: Incorporate technology to manage health testing.

Marston Green & District Lions and several other clubs work with an online testing service operated by the Graham Fulford Charitable Trust. See: <https://myhealthtests.org.uk/>





**In the bleak mid-winter
Frosty wind made moan
Earth stood hard as iron
Water like a stone - *Christina Rossetti***

WARM OVER WINTER VITAL WELFARE SUPPORT

Images of Winter. Snow falling crisp and even. Children splashing in puddles. Families wrapped up warm. The reality in local communities served by Lions clubs is often much, much bleaker.

Welfare support is the core of Lions' values. Responding to requests for help, donating to good causes, and ensuring people in need benefit from fund-raising efforts are essential actions for Lions clubs.

A growing number of clubs have adopted an initiative called Project Wenceslas. This asks anyone who does not need their winter fuel allowance or the £400 energy rebate to make a contribution that will enable families and individuals who are less fortunate to keep warm.

Inspired by this idea, Horley Lions launched a campaign named WOW (Warm over Winter). When a sponsor agreed to create promotional banners, the club approached the Reigate and Banstead Community Development team to ask about displaying these in the town and got a pleasant surprise - additional funding and an introduction to the Citizens Advice Bureau.

This led to the club speaking to the Churches of Horley foodbank, additional donations and the opportunity to meet families and (through the food club operating at the Horley Community Centre), elderly members of the community needing help. Contact with local schools who can provide referral notices for families further expanded the campaign's reach.

The snowball effect has continued to exceed the £8,000 that last year helped 83 households over a 16 week period. With successful applications for grant funding, over £20,000 has been raised to support WOW this year. The club expects growing awareness to boost its vital welfare support even further.

[Listen to Fiona Reilly of Horley Lions talking about the WOW campaign on November's Step Forward & Volunteer podcast. See pages 24-25 for details.](#)

SEASON'S GREETINGS

Isle of Axholme Lions venture out with their Santa sleigh most evenings from the end of November until just before Christmas. Typically £700 is raised from each street to street collection.

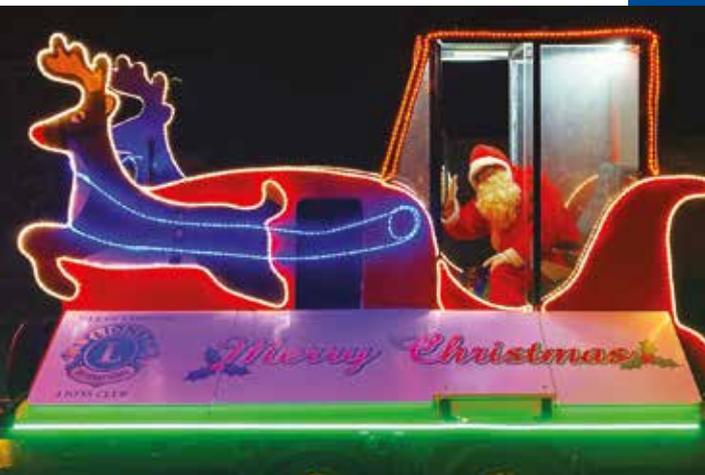
Donation by text or online is promoted, along with a QR code. The sleigh's progress can be tracked via the club's website: <http://www.isle-lions.org.uk/wheres-santa.html>



The feast of Sinterklaas (Saint Nicholas) on December 5th is the traditional start of festivities in the Netherlands.

Lions of Bernisse usually take their sleigh around homes in five local villages over five evenings. This year, the club is focusing on static displays and will collect donations digitally using a QR code or weblink <https://tinyurl.com/ycy8nuvj>

On Sunday 11 December, carols will be sung and club members will help Santa give sweets to children at the living Christmas stable in front of the Albert Heijn in Heenvliet.



Coming to Westwoodside
29 Nov - Nethergate/Akeferry/etc
30 Nov - Uppertorpe/ Pond area etc
1 Dec - Doncaster Rd and area
More details at www.isle-lions.org.uk

Santa & Isle Lions
Donate by phone or Online by QR

Donate by text
Send text message
to 07700 123456

Your Donation will allow Isle of Axholme Lions to continue their work supporting Schools, groups and Charities in the Isle
PLEASE GIVE GENEROUSLY

Small text at bottom: Royal Warrant since 1789. All our supporters help the 1200000 registered Lions. For more details visit www.lionsclubs.org

Lionsclub de Bernisse houdt zijn jaarlijkse kerstcollecte

De Kerstman staat voor moeilijke tijden in het tijdperk van het coronavirus. Ieder jaar leggen de kerstleden stellen de leden van Lionsclub "De Bernisse" hun achttienend verlichte arrenslee met kerstmuziek ter beschikking aan de Kerstman, waarna hij, geholpen door zijn elfen, collecteert rond de dorpskernen van Geervliet, Heenvliet, Abbenbroek en Zuidland. Helaas kunnen we door de huidige maatregelen niet langskomen. Toch is uw steun nog harder nodig dan ooit. Hoe meer steun hoe effectiever de Kerstman onze medemens kan gedanken. Wij rekenen op u.

Maak een donatie over voor:
• Zorgcentrum Bernissestegen
• De Voedselbank
• Kleinschalige woonzorgvoorziening De Hofstee

Wilt u toch de Kerstman bezoeken? Komende zaterdag 11 december is de Kerstman met een levende kerststal te bezoeken bij de AH in Heenvliet (12.00-17.00 uur!)

Scan de QR om een gift over te maken
(Scan met de camera van uw telefoon, niet vanuit de app van uw bank)

U kunt vandaar ook doneren via rekeningnummer NL36 RABO 0305 4801 43 t.n.v. Stichting Activiteiten Lions De Bernisse b.v. Kerstcollecte 2021

Donatie € 1,- Donatie € 2,- Donatie € 5,- Donatie vrij te betalen

www.lionsdebernisse.nl





Lionsclub de Bernisse houdt zijn jaarlijkse kerstcollecte

The Lions Club of Bernisse in the Netherlands organises an annual Christmas collection with Santa Claus sitting comfortably on a sleigh modelled on a trailer design created by Isle of Axholme Lions in Lincolnshire.

In addition to regular contact, mutual visits, and a twinning relationship, the two clubs regularly exchange ideas. Members have been friends since the late 1990s, and having helped Axholme Lions many times with their sleigh, the Dutch club adopted the tradition in December 2003.

Another interesting connection is that the Isle of Axholme is a polder, an example of reclaimed

land, like the former Purmer and Beemster in North Holland.

In Axholme draining of the surrounding network of waterways was led by Dutch engineer, Cornelis Vermuyden. He was commissioned by the Crown, knighted in 1629, and became an English citizen in 1663. Vermuyden later directed projects to drain the Fens of East Anglia.

For those interested in place names, Axholme references 'the island by Haxey', with the Old Norse holmr signifying a small river island or water-meadow.

WIGSTON 2022
CHRISTMAS LIGHT SWITCH ON
Saturday 26th November

Christmas Market, Visit from Santa and Fair Rides from 12PM
Countdown and light switch on 6PM

Leicester Road and Bell Street
Wigston Magna
Leicester

Brought to you by:

Logos: Leicester City Council, Rochdale Lions Club, Wigston Magna Lions Club, Wigston Magna Lions Club, Wigston Magna Lions Club

Christmas Grotto & gift wrapping

HOSTED BY THE ROCSDALE LIONS

On the following weekends:
25th & 26th Nov • 2nd & 3rd Dec
9th & 10th Dec • 16th & 17th Dec • 23rd - 24th Dec

Santa's Grotto
11am - 3pm
(11am-2pm on Christmas Eve)
£4.50 per child

Gift Wrapping
10am - 3pm
(11am-2pm on Christmas Eve)

All proceeds raised will be donated to the Rochdale Lions & our local charities

Logos: Rochdale Lions Club, Rochdale Exchange

Seaton Acapella & Seaton Lions Club
Presents a
Christmas Carol Concert

Featuring a varied selection of festive songs by Seaton Acapella and sing-along Christmas Carols

Saturday 3rd December 2022
at Seaton Methodist Church, 3 Valley View, Seaton EX12 2JN
Doors open at 7pm for 7.30pm

Tickets are only £5 each
Available at Seaton Print & Design, Harbour Road - 01297 23602
All profits will be going to Seaton Lions Club Charities

Devizes Lions
CHRISTMAS FAIR

THE CORN EXCHANGE
SATURDAY 3rd December 2022
9:00am to 2:30pm

Items sold at the Fair are given by you, the local public and all profits will be used for Lions' charitable causes.

YOU WILL FIND a wide range of stalls, selling toys, bikes, sports goods, books, tools, jigsaws, games, garden and kitchen utensils, gifts, records, CDs, Christmas decorations, bric-a-brac, a raffle with great prizes, refreshments and much more.

Visit our web site: www.devizeslions.org.uk for further details
Devizes Lions Club (2170) is a Registered Charity No. 1108977

DUMFRIES LIONS CLUB

Christmas Tree Sale
Saturday & Sunday
3rd, 4th, 10th & 11th December
10am-3pm

Prices - Trees up to 5ft **£20**
5ft plus **£25**
includes netting

TURN RIGHT OFF COLLIN BY-PASS at LOW ROAD JUNCTION

LIONS INTERNATIONAL
WHITBY DISTRICT LIONS CLUB
ANNUAL SPONSORED
BOXING DAY DIP 2022
AT WHITBY BANDSTAND
You must be registered to take part

They're £30 per person. This year you will be responsible for raising/collecting your own sponsorship money with 100% of it going to charity of your choice.
HOW TO ENTER
ENTER: visit our website www.whitbylionsclub.org.uk
ENTER: Call in to the Whitby Fish Shop, 18 Station Square where you can enter, buy and catch your own fish.
For further information visit our website or email: whitby.lions.club@gmail.com
or telephone Lynn Nixon-Harston 01947 807581.
On the day sign in cases of 10am. Fancy Dress Judging at 10.30am
Place for the best team effort, adult male, adult female, U16 male U16 female.

Chippenham Lions
Christmas Bazaar & Lions Tea Shop
For Gifts & Fare • You Can't Find Elsewhere

26 November
9am to 4pm • Entrance Free

The Need
Community and Arts Centre

Logos: The Lions Club of Chippenham, Need Community & Arts Centre

TAKE PART IN
EASTLEIGH
COMMUNITY GARDEN'S
Christmas
PALLET DECORATING
COMPETITION

Collect a pallet from the garden on Saturday 26 November between 10-12, decorate it, and drop it back to us on Friday 9 December at 12 noon.
Winners of the competition will be announced at our launch event on 10 December.

Christmas in New Milton
Lions Club of New Milton
CHRISTMAS FESTIVAL & CARNIVAL PARADE
Saturday 26th November 2022
New Milton Town Centre - Noon to 5.00pm

Stalls along most of Station Road
French Market in Old Milton Road
Live Entertainment on stage in Ashley Road
Street Entertainers
Huge range of 'Street Food' and other refreshments
Children's Funfair and other amusements

'Santa's Grotto' Window Dressing Competition
Lions Club of New Milton Carnival Parade at 4.00pm
Christmas Lights Switch-on at 5.00pm

For more information call 01759 846007 or visit www.newmiltonlions.org.uk

Logos: Lions Club of New Milton, NEW MILTON

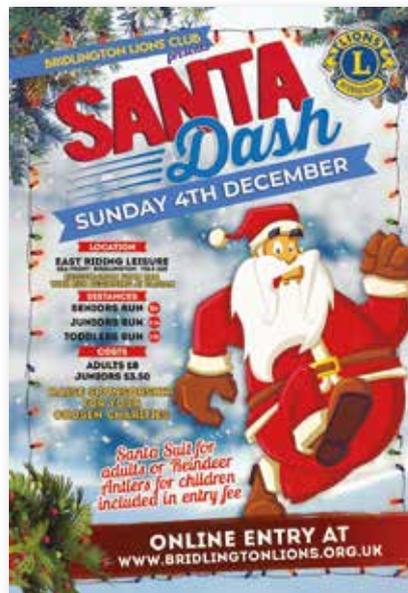
How to produce posters for your club, visit:
<https://lionsclubs.co/MemberArea/knowledge/pr-marketing-resources/>

Post to Promote

Advertisement of events by posting up public notices has a long history. The Victoria & Albert museum notes an example from 1477 produced by William Caxton, who introduced the printing press to Britain. By the 19th century, woodblock posters were familiar, followed by colour lithographs and new processes developed by artists such as Toulouse-Lautrec.

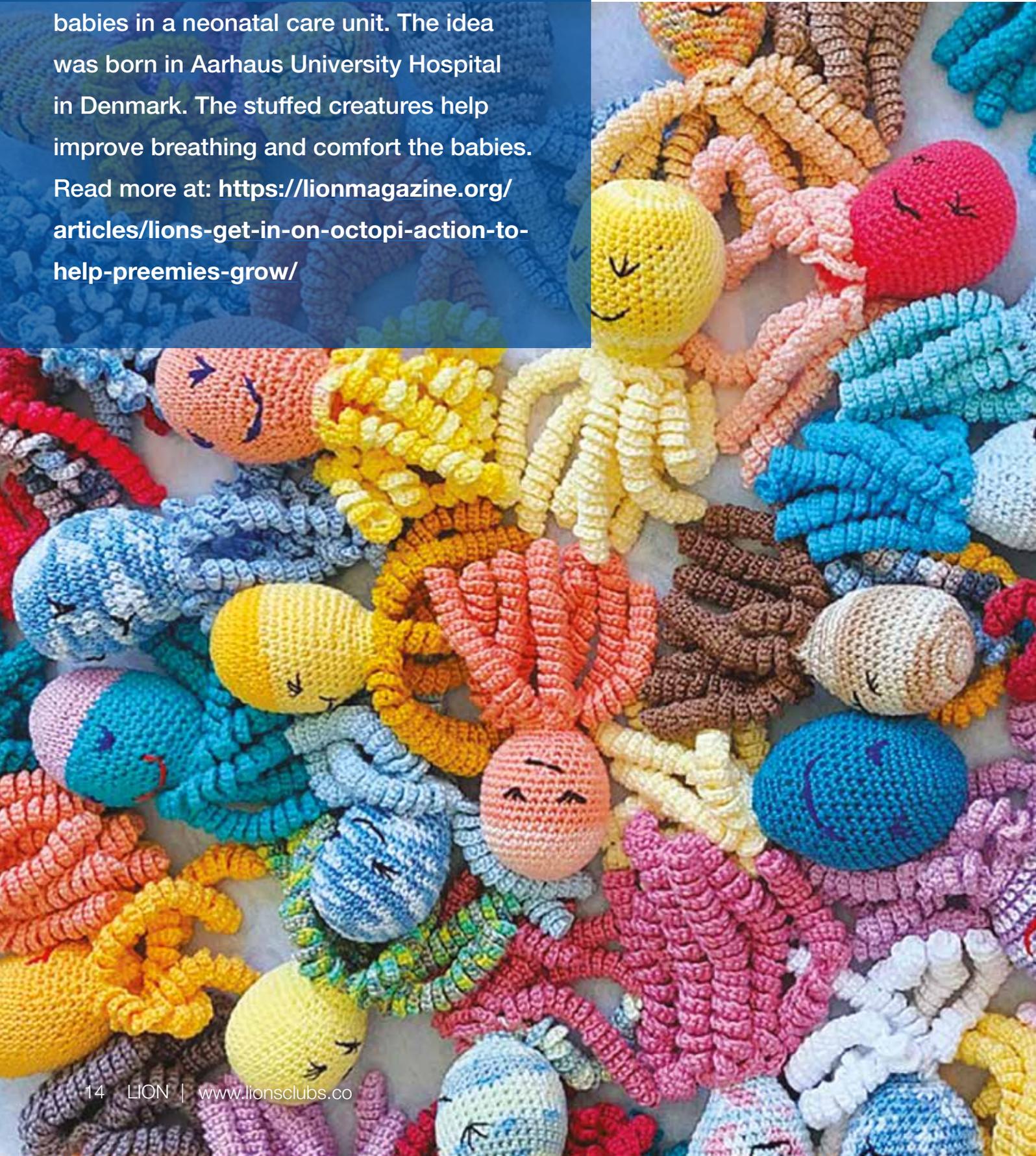
Today, digital technology provides templates enabling words, graphics and images to be compiled easily. Here we share some examples produced by Lions clubs across the British Isles to promote their Christmas activities.

Wishing
you a
Merry
Christmas
and a
Happy
2023



Members of the Almog Klryat Ono Lions Club in Israel have set up a crochet group to craft soothing octopi for premature babies in a neonatal care unit. The idea was born in Aarhus University Hospital in Denmark. The stuffed creatures help improve breathing and comfort the babies. Read more at: <https://lionmagazine.org/articles/lions-get-in-on-octopi-action-to-help-preemies-grow/>

Lions





make life better



A new year is a good time to take on a challenge and for Lions to create a difference in local communities where many will be struggling.

Together we can show how Lions make life better by using our skills and creativity, or financial support for life-improving initiatives.

CHALLENGE 1. WOOL CRAFTS

Wool crafts can be tackled by anyone. They are a way to bring people together, learn something new, have fun, raise funds, and help others.

Plan a crafting event, put out a call for donations of spare yarn and needles for a good cause, find a simple pattern, and invite others to join Lions to make life better.

Examples of things to create include knitted trauma teddies, blanket squares, and worry worms or twiddle muffs for dementia patients.

Worle Lions hold 'knit and natter' meetings to make items for Weston Hospital and League of Friends.

Warwick and Plymouth Lions have hosted sponsored Knitathon events.

CHALLENGE 2. SHARE & REPAIR CAFÉ

Join a global movement. Start or support a share and repair café, popup shop, or mend-it party.

These are intended to reduce waste, improve recycling, and provide learning support or help in making repairs.

Examples of things that can be donated, repaired or repurposed include clothing, sports equipment, jewellery, bikes, tools, and electrical products.

Tonbridge Lions have purchased PAT testing equipment for a local repair café, with **Hayling and Keswick Lions** providing financial support for repair cafés in their communities.



Ted Winter



Live life well

As Lions, we live our lives well by helping others and enjoying the emotional and social wellbeing this brings. Time spent together in outdoor recreation, having a good time, and being active, offers everyone involved a number of physical and mental benefits.

This is evident at two popular events that all Lions clubs in the British Isles are being invited to support in 2023.

The National Junior Athletics Championship

Organised by Activity Alliance, the national charity and leading voice for disabled people in sport and activity (formerly known as the English Federation of Disability Sport).

Lions have worked with Activity Alliance for over 20 years, raising funds and volunteering at its regional games and Junior Championships, held at Godiva Harriers race track in Coventry in July.

In 2022, forty-two Lions (including friends and family members) from 15 clubs across three districts, supported 150 competing athletes. They distributed food and drink, oversaw car parking, transported equipment, and assisted officials running field and track events.

Star of the day was first time competitor, 10 year old Ted Winter who won every event he entered, including 60m and 100m races, javelin, and shot.

Lions Endeavour Trophy was presented to 17 year old Anwar Almayaha, a wheelchair athlete competing in the seated javelin and shot events.

Lions Fun and Sports Day

With fun and entertainment for all the family, the day offers over 20 games for competitors with mental or physical impairments.

The range of activities allows entrants of all abilities (adults and children) to take part. These include target football, darts, curling, javelin, golf, and throwing of wellington boots, bean bags and wet sponges (at an unlucky person in the stocks!).

The event is held at Parklands Social Club in Doncaster, with organisations, families and individuals able to register competitors. Family, friends and carers are welcome to attend.

Every competitor receives a medal, with a trophy for those coming first in each game. In addition, a five-a-side football tournament will be held in conjunction with Doncaster Titans.

In 2022, Lions (including friends and family members) from 18 clubs across two districts, supported over 120 participants. It is hoped even more Lions will offer support in 2023.

How Lions Clubs can get involved:

• Donate financially

£1,650 raised in 2022 went towards the costs of the National Junior Athletics Championship.

• Volunteer to help at the events

Lions report this is hugely rewarding. Clubs are also encouraged to support entrants from their communities to attend.

More information:

<https://lionsclubs.co/MemberArea/knowledge/activity-alliance/>

<http://www.lionsfunandsports.co.uk/index.html>

“Disability is part of being human. Almost everyone will temporarily or permanently experience disability at some point in their life. Over 1 billion people – about 15% of the global population – currently experience disability, and this number is increasing due in part to population ageing and an increase in the prevalence of noncommunicable diseases.”

– World Health Organisation

#ICYMI

IN CASE YOU MISSED IT



Lions Roar national awards day: Hosted by Lions and 8billionideas, the programme final sees winning teams of 3-4 schoolchildren (aged 7-11) present their big, world-changing ideas to a judging panel. Finalists create videos featuring posters, models, jingles and a 'pitch' of the benefits their big idea. To follow the event, search #lionsandkidzroar in social media.

See details of this Lions programme enabling clubs to support entries from schools in local communities in 2023, at: <https://lionsclubs.co/MemberArea/knowledge/roar-2022-how-to-get-involved/>



Young leaders in service awards: Lions clubs are invited to encourage and recognise 8-18 year olds in the local community for their commitment to serving others. Three level of awards are available for completion of service hours: Bronze (25-49 hours), Silver (50-99), Gold (100+), which no longer need to be undertaken over a full 12 month period.

Information about how to support young people within your community, please view full guidelines here: <https://lionsclubs.co/MemberArea/knowledge/young-leaders-in-service-awards-ylis/>



Calling artists of all ages. Use your drawing, painting or digital talents to create a nature inspired design for the LIBRA charity greeting cards. Full details of the competition to select one lucky winner to win a £50 gift voucher, see: <https://libralionscharity.org/competition-design-our-charity-greetings-cards/>



Lions Young Ambassador finals weekend: If you'd like to celebrate the success of exceptional young people, and enjoy a friendly, fun weekend, you can find the booking form at: <https://lionsclubs.co/MemberArea/knowledge/lions-young-ambassadors-and-shipshape-award/>

The finals weekend on 17-19 February 2023 takes place at the Village Hotel, in Dudley, West Midlands. It culminates in presentation of the national Lions Young Ambassador Award as well as the Shipshape Award for 2022.



New photography categories:

The Lions Environmental photography contest has a new focus with a choice of six entry categories:

1. Native trees
2. Native non-flowering plants
3. Native wild flowers
4. Vertebrates
5. Non-vertebrates
6. Weather & landscape

Closing date is 31 December. Details available at: <https://lionsclubs.co/MemberArea/knowledge/lions-environmental-photograph-contest>

#ICYMI

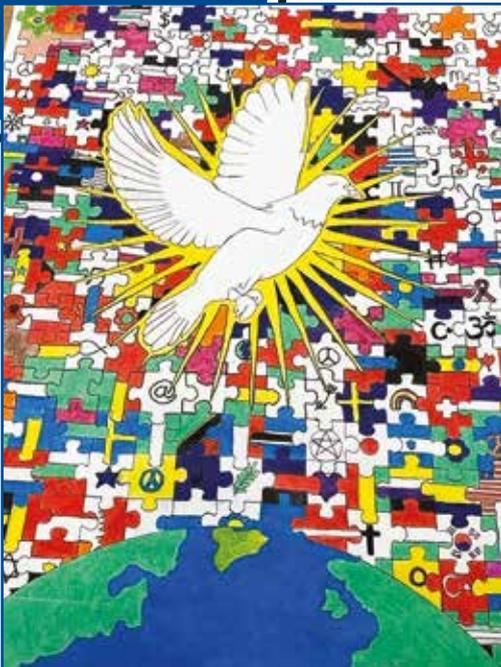
IN CASE YOU MISSED IT

Congratulations Martha

A gallery of the winners of the Lions Clubs International Peace Poster contest for 2021-22 is featured online at: <https://www.lionsclubs.org/en/peace-poster-winners/>

This annual competition is open for 11-13 year olds (as of 15 November) to enter by designing a poster, or those with visual impairment can submit an essay (up to 500 words). The theme for 2022-23 is Lead with Compassion.

To learn more, visit: <https://lionsclubs.co/MemberArea/knowledge/lions-international-peace-poster-and-peace-essay/>



2021-22 Merit Award Winner

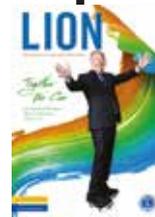
Martha Gilson
12 years old
England



Sponsored by
Ross on Wye Lions



Lions Brain Tumour Research Appeal: show your support by ordering mugs (£5 each) and Christmas and birthdays cards (£4 pack) from Lions National Headquarters on **0121 441 4544**.



Scan the QR code (via the camera or app on a SMART phone) or click the link: <https://lionsclubs.co/Public/lion-magazine/> to read, listen or download the LION magazine in flip, pdf and WAV audio file versions. You can access the most recent editions and the latest podcast too.

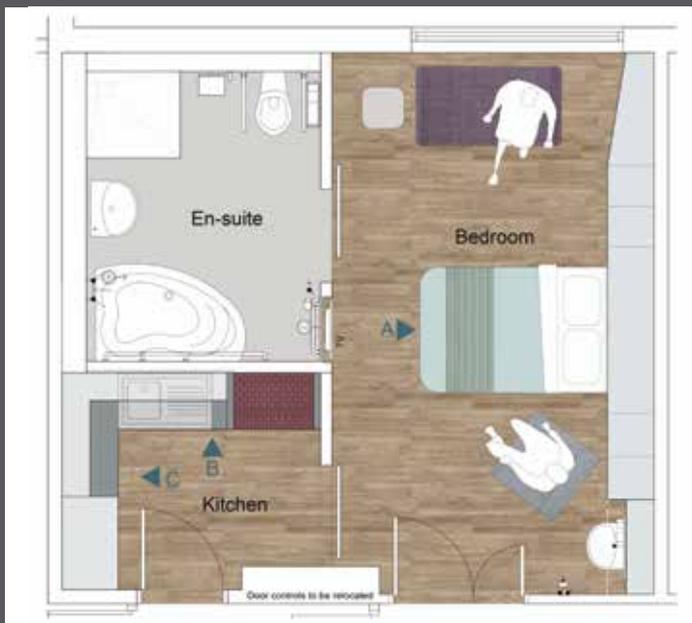


SAFE AND SECURE

The Serenity Appeal aims to raise £150,000 to fund a specialist bereavement suite at the Doncaster Royal Infirmary. Over a fifth of this amount (£33,475.58) has been achieved thanks to events held by Lions clubs of Tickhill & District and Thorne Rural, and a matching grant from Lions Clubs International Foundation of \$20,000.

Purpose-built, the 'Serenity Suite' will be located away from the busy main labour ward, allowing families to be together in a safe, secure, and serene space. Here they will be able to grieve their loss with loved ones, supported by dedicated bereavement midwives.

This initiative has been developed with the help of families who have suffered the loss of a baby.



Proposed design of the Serenity Suite

This will be in a self-contained environment in the Women's and Children's Hospital. It provides a homely environment, including a kitchen and bathroom, pull-down double bed, and counselling room. Features such as soft furnishings, lighting and being soundproof, will help support families during a highly sensitive time in their lives.



**Bluebell
Wood**
CHILDREN'S HOSPICE

CARING FOR FAMILIES

Care for children and young people with life-threatening or life-shortening conditions and their families at the Bluebell Wood Children's Hospice in North Anston, Sheffield, has been improved by a donation totalling £16,724 raised by a pride of Lions clubs and a matching grant secured from Lions Clubs International Foundation.

The hospice has renovated and refurbished its six family rooms, replaced hoists in the children's bedrooms, and improved the soft play and hydrotherapy rooms. It serves communities in South Yorkshire, North Nottinghamshire, North Derbyshire, and North Lincolnshire. At any one time, 290 families are supported in the hospice or their homes.

By fundraising and securing the grant, Lions of Bramley & Wickersley, Rotherham, Edwinstowe & the Dukeries, Tickhill & District, Warmsworth, Doncaster, and Barnsley clubs have ensured the hospice continues to care for sick children and their families in a well-equipped, home-from-home environment.





Renew. Relaunch. Remind.

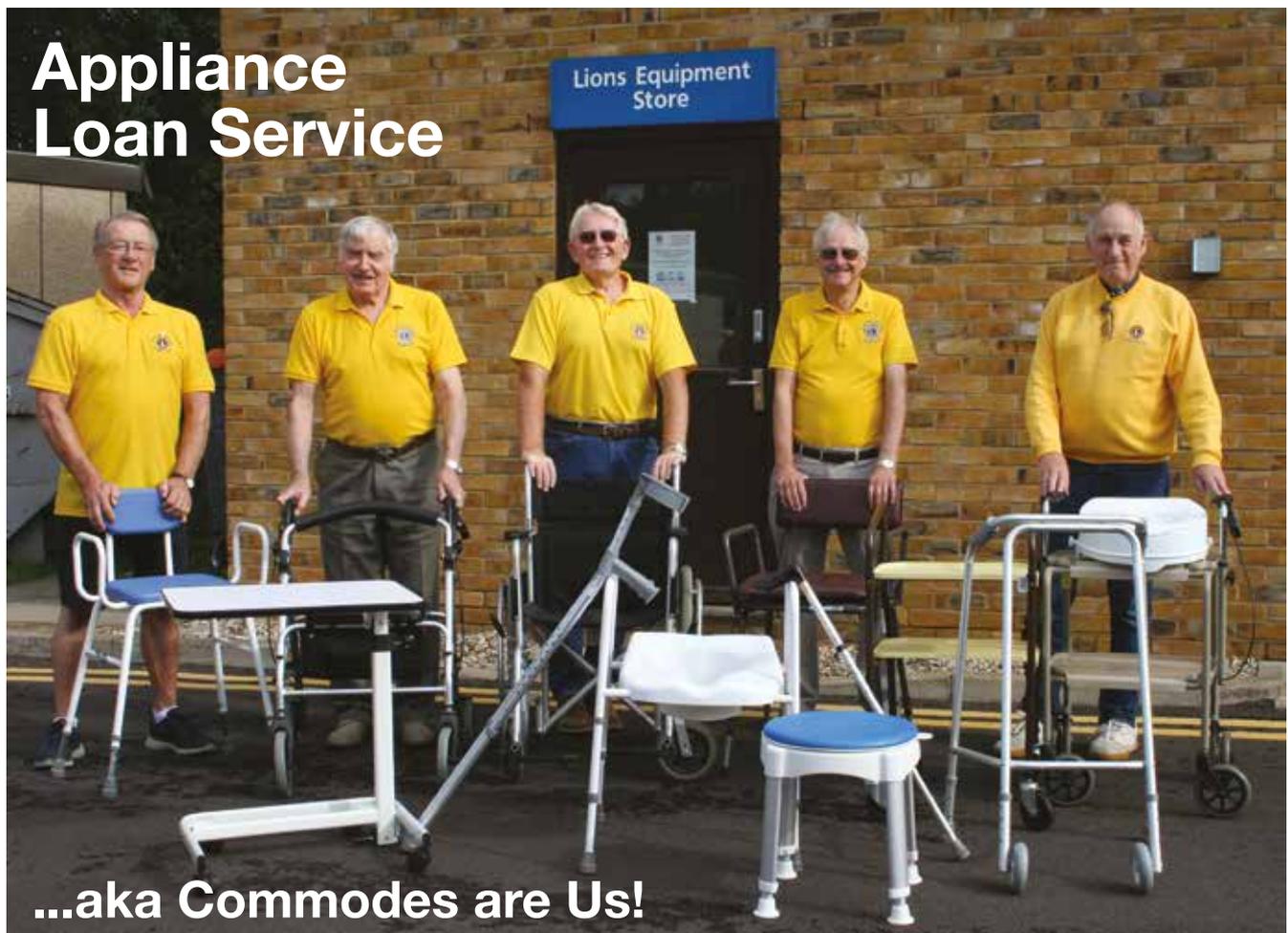
Within every Lions club are welfare services of interest to local communities. Some stand out immediately as newsworthy. Others need careful thought to ensure they attract attention, especially when they relate to activities and projects that have been around a while. Here we look at how to renew, relaunch and remind people of existing Lions initiatives.

In 2006, the Lions Club of Saffron Walden took over management of a service loaning equipment (such as wheelchairs and walking frames) to local people from an organisation founded in 1947.

Today the renamed Lions Appliance Loan Service (affectionately known as Commodes are Us) provides mobility aids on short term loan to a larger geographical area from a well-run store at the rear of Saffron Walden Community Hospital.

A team of eight Lions operates a weekly rota, taking calls on a dedicated mobile phone. They meet clients who can borrow a wide range of appropriate equipment (including walking frames, wheelchairs, rollalongs, commodes and toilet frames).

Equipment is returned with financial donations enhanced by Gift Aid (where possible). This renewed, professional approach has enabled Saffron Walden Lions to raise around £65,000 for charities, causes, and individuals in need.





Lions Message in a Bottle

High profile endorsement for Bury Lions relaunch

The idea behind Lions Message in a Bottle has its origins in Australia, before spreading to Scotland where, in 1995, it was championed by a local police constable in Fife named John Hughes. After becoming aware of the project in 1999, Kendal Lions Club adopted it and soon other clubs were inspired to get involved. In 2004, Message in a Bottle became an official Lions project. Today some 7 million green-topped bottles have been distributed in local communities across the British Isles. They can be ordered via: <https://lionsclubs.co/MemberArea/knowledge/lions-message-in-a-bottle/>

This is a great success story that is valued by emergency services personnel saving them critical time when attending situations in the home where they need to identify an individual and check if they have allergies or take specific medication.

Like many good ideas, it's easy to think everyone must know about Lions Message in a Bottle. Yet, all organisations - no matter how popular their products - need to remind the public about them. Fortunately, Lions Message in a Bottle is easy to explain and with the support of local businesses and dignitaries, a relaunch is a fantastic way to boost its profile.

Bury Lions secured support from an impressive range of outlets where local people could collect a bottle. Next, they held an event in the Mayor's parlour, with guests including the Mayor, Mayoress, and two MPs as well as representatives from the emergency services, NHS Clinical Commissioning group, and several local community organisations. This relaunch increased awareness and attracted considerable media attention.

Lions Message in a Bottle is a simple but effective way for people to keep their basic personal and medical details where they can be found in an emergency, on a standard form and in a common location – the fridge.



Samantha Boffin, host of the Lions podcast, Step Forward and Volunteer, is a professional voice director and former BBC broadcaster.

We asked her to share some top tips for anyone invited as a guest for a podcast or local radio:

- Find a quiet place, preferably a small room with carpet and soft furnishings. This helps improve sound quality.
- Wear headphones (ear buds are fine) to hear the host. This means their voice is recorded from their microphone and not picked up as a crackling sound through your microphone.
- Relax, stay in the moment, and listen to the host. It's their job to keep the conversation going.

LIONS STEP FORWARD AND VOLUNTEER PODCAST EPISODE LISTING:

- 1. Partnerships and fundraising**
Bolton Lions annual Christmas Toy Appeal. Expert tips on accessing grant funding.
- 2. Photography and championing talent**
Paignton Lions photography advice. Interview with wheelchair tennis champion, Alfie Hewitt.
- 3. Passion and creativity**
2021 Young Ambassador winner, Ellie May. Hinckley & Burbage Lions member talks gardening.
- 4. Nursing and nurturing**
Nurse Sophie from Marie Curie. Guildford Lions support of Pirbright Nurture Farm.
- 5. Makers and creators**
Bexhill Lions magical green fairy trail. Keighley Lions start a crafting revolution to attract members.
- 6. Compassion and humanity**
Romanian Lions set up humanitarian shelter. Kyiv Lions distribute aide with global support.
- 7. Competitive and inspirational**
Knaresborough Lions bed race. Participants in annual Lions Roar programme for schools.
- 8. Experience and popularity**
National Memorial Arboretum experience. Basingstoke Lions club mascot, Lennie the Lion.
- 9. Coastal and rural**
Budleigh Salterton Lions pebble-building contest. Dalbeattie & District Lions restore memorial benches.
- 10. Exploring and volunteering**
Guernsey Lions woodland creature trail. Chelmsford Lions member steps forward at Commonwealth Games.
- 11. Fair and fayre**
Ashby de la Zouch & Coalville Lions host caring morning at the fair. Yateley Lions support 'Get-A-Head' campaign.
- 12. Listening and supporting**
Horley Lions Warm over Winter campaign. Bert Mason Internet Lions member serves Talking Newspapers.

Listen with Lions

Lions Clubs British Isles launched the Step Forward and Volunteer monthly podcast last December. This move into audio broadcasting reflects the medium's popularity. There are over 20 million podcast listeners in the UK with two-fifths of those aged 26-35 listening on a weekly basis.

Listen at: <https://lionsclubs.co/Public/lion-podcast/> to any episode, download as an mp3 audio file, or access using apps, including Spotify, Podbean, Apple or Google Podcasts. New episodes are added on the 2nd Wednesday each month. Details of other listening options and transcripts of podcasts are also available.

Get Involved with the Talking LION

A 'talking' version of the LION magazine (British Isles edition) can be downloaded via: <https://lionsclubs.co/Public/lion-magazine/> as an audio WAV file to save onto CD or USB.

WANTED: We're looking for new volunteer narrators for future editions of the Talking LION. If you are interested in auditioning and have the skills to bring stories in the magazine to life for listeners, send an email to: lion.editorial@lionsclubs.co

Community stories

Lions have been busy in their local communities in recent months. Here we share a variety of short reports.

Competition time



With 430 runners registered for Woking Lions' Martian Race, beneficiaries of fund raising included Linkable (the Mayor's charity), the Woking and Sam Beare Hospice, and the York Road project for the homeless.



The inaugural North Bucks bike ride, organised by Lions Club of Winslow, Winslow Wheelers Cycle Club and Furze Down School is to become an annual event having attracted 300+ riders and raised over £8,000 for Buckinghamshire Mind and other charities.



Camborne & Redruth Lions Club held its 40th annual tide race on Portreath beach. It attracted 37 teams to build and stand on the biggest mound of sand. Winning teams were those lasting longest before the tide came in and soaked their feet.



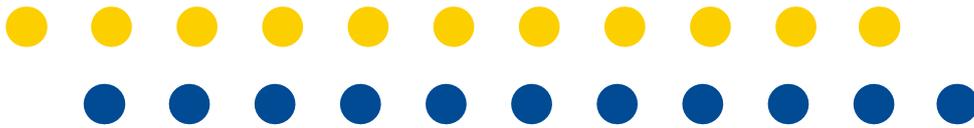
The extremely noisy 24th annual Swimathon staged by Windsor Lions attracted 43 teams who swam in relay from dawn to dusk raising around £12,000 in total for their own organisations or chosen charities.



Plymouth Lions assisted marking at the Mayflower Special District Games. Teams from Cardiff, York, Exeter, and Cornwall competed in sports including indoor bowling, badminton, and Boccia.



Three awards were presented in Wetherby Lions' traditional cap throwing competition at the Tockwith Show. The men's trophy was won for a distance of 25.50m, the Ladies' salver for 20.52m and the Under 16 rosette for reaching 21.30m.



Local activities



The first Wokingham Classic Car & Motorcycle Show organised by the town's Lions displayed 100+ cars and motorcycles. Donations from the free to enter event are expected to top £3,000 in support of Leukaemia UK and the local Men's Shed.



Profits from a new Beer Festival run by Stour Valley Lions and Shipston Rugby Club were almost £10,000. A share of the Lions proceeds went to Shipston First Responders (£500), and Warwickshire & Solihull Blood Bikes (£2,000).



Sandown and Shanklin Lions were awarded best overall float in the 2022 Sandown Carnival. The pirate theme entry promoted the club's forthcoming panto, Captain Barnacle & the adventures of Saucy Sal, performed by the Lions Theatre Group.



Attendees, carers and staff at a local day centre enjoyed a meal cooked using an impressive BBQ donated to the facility by Beaumaris Menai Aethwy Lions. The unit provides a choice of activities, including growing and selling crops and plants.



Assistance puppy in training, Alma, is being sponsored by Central West British Isles 2020 Virtual Lions through Dogs for Good UK. Her socialiser has kept Alma busy visiting various noisy and visually stimulating exhibits at the local Silverstone Experience.



Penzance Lions helped ensure full life saving cover of Public Access Defibrillators (PADs) is accessible within 200m. The club has bought nine PADs and contributed to the purchase of others. The final PAD was installed at the RAOB institute.

Helping Young People

Forest school is a great form of learning that engages children in outdoor activities. Here they can discover more about nature and the environment, develop skills, and take part in creative play. Boroughbridge Lions have co-funded one at Great Ouseburn Primary School to offer an enhanced curriculum in action and a lot of fun.

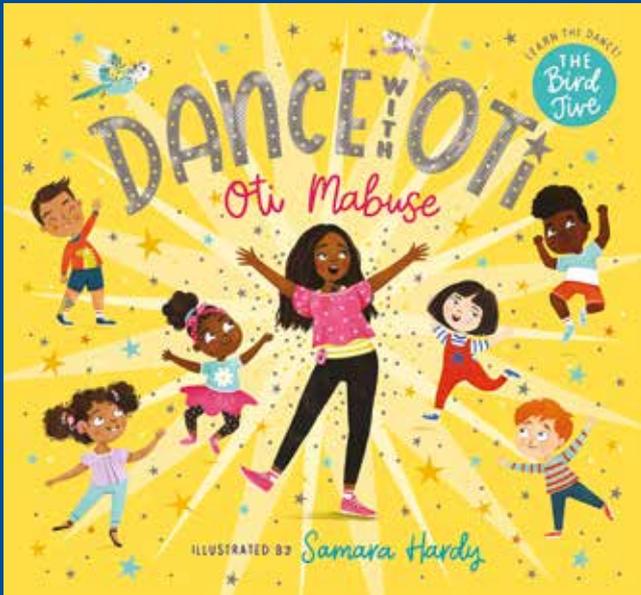


Founded in 2018, Harry's Hydrocephalus Awareness Trust helps children and their families affected by this life threatening, yet treatable condition, often termed water on the brain. Yateley and District Lions are supporting the Harry's HAT 'Get-a-head' campaign by sponsoring production of 10,000 NHS type approved paper tape measures. These are perfect for measuring an infant's head circumference and help professionals and parents understand why this is so important. To learn more, listen to the October 2022 Lions Step Forward and Volunteer podcast at: <https://lionsclubs.co/Public/lion-podcast/>



Forty young people aged 8-11 years old were presented with Young Leaders in Service certificates by Fairlop Lions Club. The children provide on average over 300 hours of support each year for parents, siblings or other family members. They meet every week at their own unit at Valence Primary school to relax, talk, play, and share their experiences and advice on coping with what can be demanding situations as young carers. Fairlop Lions also donated £250 towards craft items and toys, plus £500 worth of books to the school's library.





Dance with Oti, the debut picture book by dancer and television presenter, Oti Mabuse, for 3-9 year olds celebrates dance, movement, and expression of feelings. Now thanks to sponsorship by Chichester Lions, a Touch & See edition is being developed for the free-to-join Living Paintings Library. It includes braille pages, tactile images with audio descriptions, music and sound effects in CD or USB format to be enjoyed by blind and partially sighted children. The club raised the funds from its long-standing spectacle recycling project. It also sponsored an earlier Living Paintings book, The Lions Who Wanted to Love. See: <https://livingpaintings.org/>



Budleigh Salterton Lions have donated £950 raised from sale of raffle tickets, a jumble sale and profit from one of the club's monthly Bingo evenings to the PTA at St Peter's primary school. This helps to fund equipment, school trips and other experiences for the children.



Babbacombe & St Marychurch Lions ran two 4-day cookery courses for youngsters from the Torbay Young Carers group. Aged 6-16 years, they routinely help care for a relative with disabilities, including cooking meals. The first 3 days were hosted at South Devon College led by chief lecturer, Dave Wells during his summer holidays. Day 4 involved a visit to Brixham, a tour of the commercial fish market, and lunch of fish and chips. The successful courses are going to be repeated.

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Looking for something different? Travel Organisers have access to a wide range of hotels in Boston and all over the US, as well as cruises, Amtrak, car hire, excursions and private transfers.

Official Convention Package with Flexibility

Travel Organisers have put together a programme to maximise your convention experience incorporating additional TO/JTA/MD105 exclusive events and benefits. This suggested package is "totally flexible", allowing you to travel on any date from various local airports and even extend your stay or reduce your stay in Boston or amend your accommodation.

Includes:

- Flexible daily departures (Price is based on recommended date of 6th July 2023)
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- Interested in transfers? Private transfers are available from £95 return per car.



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2022-2023 International President
Brian E. Sheehan



We Serve

Together We Can

It's so simple, so fundamental, and so true.

Together We Can.

President Sheehan believes it. He sees it in his work, in his service and in his wonderful marriage to Lori—teamwork makes it all work. That's why Together We Can is his message to Lions, and the world.

We see it in our clubs every day. People uniting to build up our communities, to be the helping hand, to change lives. Together.

We see it in the work we do with Lions Clubs International Foundation (LCIF). We take on big life-changing projects that make our communities healthier, more vital and more sustainable. And we do it together.

Lions know we can't do it alone. To accomplish big things, we all have to pull together, roll up our sleeves and put in the work to make the impossible possible. And we do it with a smile because this is how we live, this is how we serve, and this is who we are as Lions.

Every day, we live out the simplicity, the necessity and the absolute beauty of Together We Can.

Achieving Great Things Together

When we carry that spirit of togetherness out into the world, great things happen. Here are some priorities that can help us strengthen our communities and Lions.

Share the Joy of Being a Lion

When our clubs grow, so does the kindness we bring. It takes healthy clubs to keep our service going, our members happy and our communities strong. When we invite family, friends and neighbours to join us, we increase what we can do together. And the fun we have together.

Keep our Foundation Strong

Our service is powered by our foundation, LCIF. Together, we take on bigger projects that lead to bigger impact and bigger change, where we live and around the world. Let's celebrate the success of Campaign 100, and let's continue to support our foundation and the future of service so we can magnify our impact.

Think Big When We Serve

Let's think about how we can make the projects we love even better, and let's look for new ways to support our global causes because real change starts with big ideas. Don't shy away from taking on a big, daring project, and be prepared to be amazed at what we can do together.

Be a Local Advocate

Lions are leaders in their communities, and our service and our voices matter. So be a champion for a local cause. Create awareness, education and change. Become a local leader—and a vocal leader—for your club, your causes and your community.



Kindness is contagious

More than 11,000 screened for diabetes in Jakarta, Indonesia

In Indonesia, more than 19 million people between the ages of 20 to 70 live with diabetes, according to the International Diabetes Federation. More than 70 percent of those people are undiagnosed.

Some of the consequences for living with undiagnosed and unmanaged diabetes include blindness, kidney failure, amputations, nerve damage, and heart disease.

Lions across District 307-A1 Indonesia decided to prevent these life-threatening consequences by screening more than 11,000 people in their community for diabetes and raising awareness about the chronic health condition.

With support from a US\$23,248 Lions Clubs International Foundation (LCIF) Diabetes grant, Lions of District 307-A1 were able to expand, and equip the Siti Mariam Health Facility. This has helped to combat the numbers of people living with undiagnosed diabetes, as well as those living with diabetes to manage their condition.

“If diabetes is not treated, it can ruin your life. And if it impacts the head of household, then you are talking about the lives of an entire family,” says Lion Jessie Budiman, grant administrator of the project.

For example, Budiman says, if a father can’t work anymore because he lost his eyesight or his leg was amputated because of undiagnosed diabetes, then the whole family is affected.

More than a decade ago, Budiman’s parents, Henie and Anwar Budiman, both physicians, helped establish the Siti Mariam Health Facility with the support of Lions in West Jakarta. And now, 13 years later, Lions expanded the facility to include diabetes management and prevention.

“I feel diabetes is one of the strongest causes of LCIF because it is something that you can actually manage. You don’t have to live with the complications of diabetes. You can manage it,” Budiman says “It’s about catching it on time, before it’s too late. And that is what we hope our centre can provide.”

Funds from the grant enabled Lions to purchase HbA1c test strips, blood glucose test strips, lancets, latex gloves, and stipends for medical personnel. Lions involved in the project, many who are medical professionals, screened more than 11,000 residents with the paper-based risk assessment, almost 9,000 people with the blood glucose test—all at no charge.



“I didn’t know I had a blood glucose level that is very high,” says one beneficiary. But thanks to Lions, the doctor explained to me what I can do to lower it.”

Originally, the Lions only planned to screen 5,000 people, but with the help of more than 700 Lions in the district, they doubled their goal by the end of the project.



“That is the thing that I love most about Lions,” she says. “Kindness is contagious in Lions. When we have a good project, everyone wants to take part in it.”

**Learn more about LCIF diabetes grants:
lionsclubs.org/DiabetesGrants**



When war came, Lions followed

Getting aid to those who need it

LCI author: Annemarie Mannion

When news hit in late February that Russia had attacked Ukraine, Lions in surrounding countries knew they had to act.

“Lions can’t stand by without taking action,” says Marina Sabini, a member of Lions Club Asti, storici, artisti e presepisti in Italy. “This is what we thought,” she says. “But we waited a few days to understand how to best intervene and help where there was real need.” They also waited for Lions in Romania, who they had partnered with to bring back information. “We wanted to know how and where to best help,” says Sabini.

Lions Club Emeritus Brasov in Romania had rented and was managing a facility to house a group of refugees made up of 62 women and children and four men who are fathers of children with serious health problems.

The refugees, who had left with only what they could carry and with no idea of when or if they would be able to return home, were in desperate need of all sorts of resources for daily living, from spectacles to clothing to medicine and food.

The 30-member Asti club, along with the help of several other Italian clubs, began

collecting the needed items including 2,400 pairs of spectacles and sunglasses for adults and children, 1284 kilograms (nearly 3,000 pounds) of humanitarian aid consisting of medicine, personal hygiene products, winter clothing, blankets, toys, canned food, and cash donations.

Lions packed a van with the donated items and travelled 3,780 kilometers (about 2,350 miles) to deliver the resources to Lions in Romania.

“The volunteers stopped there for two days to get to know and talk to the refugees and





to buy food vouchers that will be used for the next months,” Sabini says.

The centre provides ensuite rooms for four people, a shared kitchen, a computer room for online classes, a games room, living room, and dining room. Romanian Lions are also assisting with providing medical care, psychological support, and recreational and sports activities for the children.

The visiting Lions from Asti soon learned that the centre needed a refrigerator and two food processors, which they purchased and donated on the spot.

“Every day it is necessary to feed around 70 people, including refugees and volunteers, which implies the need for a large and functional kitchen,” Sabini says.

The Lions also took time to meet the refugees and to play with the little ones.

“We brought some toys for the children who welcomed us with big hugs and affection,” she says. “We played with them for a long time, hoping to distract them for a few hours from their problems and the distance from their country and their fathers.”

Sabini described meeting the refugees as a “strong and wonderful experience.”

She says everyone, whether they prepared packages, loaded the van, or travelled to deliver the donations and meet refugees in person, did so with the hope that they would be able to provide meaningful help to the refugees.

“We also realised how important and rewarding it is to help others,” she says, “and how much this fills your heart with joy.”



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Feature ideas, articles and photographs proposed for future issues should be of interest to the majority of readers, who include Lions and members of the public. Please provide information about the story and who is involved, as well as relevant details such as location and dates. Include a contact name and phone number. Remember that any photographs need to be eye-catching and of a high standard. Confirm you have permission for these to be published. Thank you.

Editorial contact:

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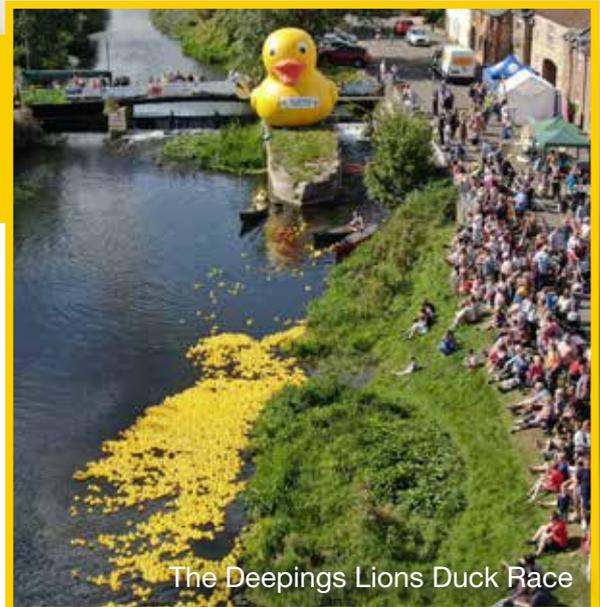
LION Spring Issue

What's on

Showcase what's going on in your local community

The What's On theme of the next issue of the LION Magazine will showcase how Lions spring into action in local communities across the British Isles with popular events and activities on and around the Easter and May Bank Holiday weekends.

- **Featuring established favourites and new ideas.**
- **Sharing hints, advice and inside planning stories.**
- **Creating viral online promotional content.**
- **Having fun and helping others.**



The Deepings Lions Duck Race



LION Magazine wants to hear from you.

Send club stories and photographs for the editorial team to review when planning themed features and writing articles.

Remember - stories need to be of interest to most readers - both Lions and members of the public. What makes your story stand out? How has it made a difference in the local community?

Submit your text as an attachment in an email, with accompanying photographs to: lion.editorial@lionsclubs.co

For further details about contributing to the LION, see: <https://lionsclubs.co/Public/lion-magazine>

CIRCLE OF LIONS

Over the next pages we welcome 370 new members who join more than 1.4 million Lions around the world helping in local communities and responding to global challenges.

New members enrich and expand the circle of Lions, enabling clubs to do more activities, enhance the reach of welfare programmes (including our global causes), and have more fun.

Becoming a Lion means stepping forward as a volunteer to make a difference. It's an opportunity to get involved, share ideas, make friends, learn new skills, and serve others with kindness.

As the circle of Lions welcomes new members, it becomes open to change. Fresh thinking, passion and enthusiasm adds to the value of volunteering as Lions in our local communities and beyond.

In turn, this helps to attract more members, increase the public profile of Lions, and energise our organisation. Members are also encouraged to participate in the wider circle of Lions. For instance:

- Leading a club project,
- Taking on an officer role,
- Supporting district events and initiatives,
- Volunteering across the multiple district.

The circle of Lions is a community of ordinary people at different points in their lives who serve in various ways but with a common purpose. For many, this service – and the friendships it forms – becomes a lifelong venture. On page 47, we remember those Lions who have passed to higher service in recent months.

Often the legacy of members is marked through club commemorations. Vale of Belvoir Lions added a memorial plaque to a bench in remembrance of member, Joshua Ashworth, tragically killed in April. A posthumous Melvin Jones Fellowship was presented to Josh's sister Rhianna at a recent ceremony attended by family members.

The bench – added to the Lions Friendship Bench register – is located in the peaceful Bottesford Friendly Garden, next to the East Midlands Railway Poacher Line station [What3Words: [///coasters.wacky.upstarts](https://www.what3words.com/#!/coasters.wacky.upstarts)].

Club members helped construct the community garden (developed from derelict waste ground) and donated the bench ahead of its official opening by the Duchess of Rutland in 2019.



NOT SO NEW MEMBERS

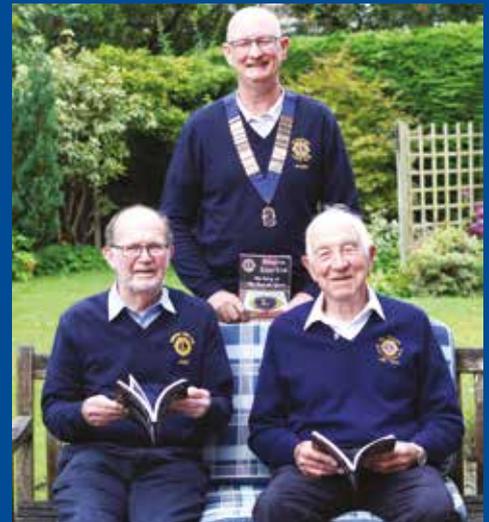
On St Andrew's Day in 1981, the Dumfries Lions Club was formed and is still going strong 40 years later.

The story of Dumfries Lions Club has been published in a book, written by member Bill Walker. With 100 photographs and 23,000 words, the 135 pages explain the club's formation, work done to set up local new clubs, and other achievements.

Lots of iconic fund-raising activities are covered from Christmas tree sales to curling bonspiels plus races both raft and duck are featured. Stories are told of local events and support for good causes and welfare, with over half a million pounds in total contributed to local charities and Lions initiatives.

The Dumfries Lions Club Bowl for Academic Achievement is presented at the annual graduation at the University of Glasgow. This year's recipient was Edwina Nisha Dominic from Malaysia.

To buy a copy of the book (cost £16), please email: dumfrieslionsclubsco@gmail.com



Thanks to our Scottish born Queen

It was thanks to the support of Canadian Lions – and the intervention of Her Late Majesty Queen Elizabeth, the Queen Mother, that the first Lions club in London was founded in 1950.

Canadian Lions provided invaluable support for children orphaned in the Second World War. To thank them, the then Queen sent her equerry Colonel Edward Wyndham (later Lord Leconfield) to Canada. He was so impressed that Windsor

(Ontario) Lions Club agreed to sponsor the first London club, with Lord Leconfield as its founding Charter President.

Today, HRH The Countess of Wessex is a member of the Wokingham Lions Club and Royal Patron of the Lions Clubs of the British Isles. The support of the Countess has included carrying out the opening ceremony for the Lions shelter at the National Memorial Arboretum.

Welcome new Lions members

All members of Lions Clubs of the British Isles share a commitment to serve their local communities.



#JoinUs

#LionsGetInvolved

#StepForward

#OpentoChange

Aberdeen Bon Accord Lions Club

Caroline Mullen
Liam Wallis

Acle and Brundall Lions Club

Gavin Watson

Alnwick Lions Club

Mandy Hardy
Mike James

Ammanford Lions Club

Gareth Evans
Alun Hughes

Ashby-De-La-Zouch and Coalville Lions Club

Sue Phillips
Tony Phillips

Barnstaple Lions Club

Rob Lennox

Basingstoke Lions Club

Tracey Gauntlett

Bert Mason Internet Lions Club

John May
Pauline May

Bexhill on Sea Lions Club

Susan Briant
Margaret Field

Bexley Sidcup Lions Club

Gundeep Kaur
Kavita Singh

Biggleswade Sandy Lions Club

Jacqueline Robson

Birmingham Chinatown Lions Club

Matthew Dalwood
Anastasia Fox
Angela Huang
Rahim Uddin

Birmingham Moseley and Kings Heath Lions Club

Kelly Kaur
Martina Osborne

Blackmore Vale Lions Club

Gil Marston-Haynes

Blandford and District Lions Club

Colin Young

Bolton Lions Club

Sandra Crompton

Bradford Central Lions Club

Marilou Armada

Brecon Lions Club

Andrew Bird
Andrea Richards

Bridgnorth Lions Club

David Hampson

Bridlington Lions Club

John Ayscough
Sarah Topliss
Carlo Verda

Bristol Brunel Lions Club

Xi-Ying Contenot
Christopher Wells

Bromyard Lions Club

Peter Lane

Bromley Lions Club

Linda Hopkins

Budleigh Salterton Lions Club

Ann Bartlett
Elizabeth Harrison
Benedict McGuigan
Sandy Moreton
Michelle Watts

Burnham on Sea and District Lions Club

Len Lawton

Bury Lions Club

Sheila Mercer

Callington Lions Club

Kevin George
Darren Tait

Calne Lions Club

Alison Owens

Caterham, Oxted and Godstone Lions Club

Julia Knowles
Robert Knowles

Central West British Isles 2020 Virtual Lions Club

Mark Pittman

Ceredigion Invictus Lions Club

Sahil Ahoja

Cheltenham Lions Club

Isabella Edmondson

Chester Lions Club

Elizabeth Sumpter
Ian Sumpter

Chorley and Leyland Lions Club

Igeola Nojeem

City of Liverpool Lions Club

Pauline Calvert

Clacton On Sea Lions Club

Lorraine Evans

Coningsby and Tattershall Lions Club

Hayley Burr
Simon Burr

Coventry Godiva Lions Club

Yash Garg
Dharmendra Ladva

Coventry Mercia Lions Club

Khushwant Chauli
Missy D
Raj Dharmi
Omkar Galla
Hakan Gokberk
Jashvinder Kalsi
Sanprit Kalsi
Asha Masih
Snehal Pandya
Davine Partridge
Carl Saunders
Inderpal Sharma
Uma Sharma

Cranleigh and District Lions Club

Keith Holman
George
Rozwadowski

Credition and District Lions Club

Joanne Byford
Dorothy Wigggett

Crewkerne Lions Club

Simon Nixon

Crofton Lions Club

Anne Dunford

Dalbeattie and District Lions Club

Terence Craig

Darlington Lions Club

Wendy Mitten
Hilary Stewart

Dartford Lions Club

Val Fletcher

Devizes Lions Club

Carol Rendell

Doncaster Went Valley Lions Club

Liam Cusack
Dean Hope
Christopher Wild
Judith Wild

Dumfries Lions Club

Robert Copland
Colin Coupland

Dundee City Lions Club

Win Arscott
Brian Campbell

Droitwich Lions Club

Dean Key

Ealing Lions Club

Manvinder Bedi

East Anglia Centennial 100 Champions Lions Club

Eleanor Jackson
Ian Jackson
Paul Richardson
Elias Mastoras

East Anglia New Century Lions Club

Justin Heslin

East Grinstead Lions Club

Kayley Stevens

Eastleigh Lions Club

Debbie Blunn
Peter Blunn

Elmet Lions Club

Peter Giles
Ken Hudson

Exeter West Lions Club

Stephen Bates
Nickolas Davis
Annette Gubbin

Fairlop Lions Club

Sonia Lard
Jugdiph Singh

Fareham Lions Club

Abilash Kalepalli

Farnborough Lions Club

Michael Davis

Farnham Lions Club

Jane Langton
Carol Chappell
Rosemary Morris
James Vincent

Felixstowe Lions Club

Helen Bloomfield
Mark Chapman

Filey Lions Club

Claire Browning
Matthew Browning
Ian Tordoff

Fleet Lions Club

Peter Dobson
Hannah McGonnell
Darren Painter

Folkestone Lions Club

Teresa Paintin

Friern Barnet Centennial Lions Club

Ravi Pandya
Natalia Moldovan
Asit Shah

Frome Lions Club

Richard Gould

Furness Lions Club

Gwen Attwood

Garforth and District Lions Club

Suzanne Ellis

Gillingham Mere and Shaftesbury Lions Club

Susan Watson

Glantawe Swansea Valley

Christine Rees

Greenford Willow Tree Lions Club

Surendra Panchal
David Stranack

Grimsby Cleethorpes Lions Club

Joy Hollingsworth
Stephen McGrath

Harborough Twenty 12 Lions Club

Gabrielle Belford
Keith Nixon
Margaret Shuter

Harpenden Lions Club

Roger Fox

Harrogate Lions Club

David Reason
Helen Reason

Harrow and Pinner Lions Club

Arif Asgaraly
Lamya Asgaraly

Hart Lions Club

Beverley Kirke

Hatch End Lions Centennial Lions Club

Radhika Verma

Havant Lions Club

Nicola Ward
Jerry Granger-Holcombe

Hayes and Harlington Lions Club

Prem Abbi
Inderjit Kalyana
Manjeet Parmar
Randhir Sahota
Sukhvinder Sahota

Hayling Island Lions Club

Laura Keen

Hemel Hempstead Lions Club

Barry Noble

Heston Lions Club

El Hassan Rachdi
El Yacoubi
Jyoti Walia
Luz Mery Gomez

Hinckley Burbage Lions Club

Betty Masters
Claire Parratt

Holsworthy Lions Club

Amy Lethbridge
Jordan Martin

Hook-Odiham Lions Club

Ann Fryer
Guy Gilbert
John Sandford

Horncastle and District Lions Club

Simon Rawdon
Alan Utley

Ironbridge-Severn Gorge Lions Club

Jennifer Foley
David Liddle
Andrew Pilsbury

Keighley Lions Club

Luke Maunsell
Julie Walters
John Wray

Kendal And District Lions Club

John Wilkinson

Kenilworth Lions Club

Marlene Cox
Anthony Evans
Susan Huckerby
Lawrence Meads

Keswick Lions Club

Carole Hirst
Tony Hirst

King's Lynn Lions Club

Margaret Groom

Knowle and Dorridge Lions Club

Peter Robinson

Lancing and Sompting Lions Club

Vivienne Coulson

Leicester Charnwood Lions Club

Nish Bathia

Leicester Host Lions Club

Andrew Norris

Leigh Lions Club

Susan Dykes

Leigh on Sea Lions Club

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Olayinka Towoju
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Shirley Hudson**Lincoln Lions Club**Anne Dunkin
Stephen Currie**Llandudno Lions Club**

Leslie Smith

Llantwit Major and Cowbridge Lions Club

John Sullivan

London Belmont Lions Club

Irfan Nadeem

London Kingsbury Lions ClubGita Bipin Bhatt
Bharti Mahendra
Ghumra**London Seven Kings Lions Club**Bela Chauhan
Sandip Madhvani**Looe Lions Club**Elizabeth Butler
Guy Quint
Janice Quint**Louth District Lions Club**Florence Firth
Julie Markham
James Parsons
Karen Parsons
Amanda Ryder**Lyn Lions Club**

Christopher Allam

Luton Lions Club

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Barry Marnar
Gerard Tekerian**Maltby Rother Valley Lions Club**Keith Liddelow
Pamela Simmonite**Market Rasen Lions Club**

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John Pound

Morpeth Lions Club

Malcolm Bowden

Nailsea Lions Club

Karen Zold

Nantwich Lions Club

Sharne Everett

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Derek MacGarvie

Newmarket Lions ClubPaul Rowe
Kyle Gammon
Kenneth Matthews
Teresa Matthews**New Milton Lions Club**

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Newquay Towan Blystra Lions Club

Joanne Rowland

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Ramin Saleh

Norwich West Lions Club

Eve Parsons

Nottingham West Lions ClubGurcharan Singh
Viridi**Oadby & Wigston Lions Club**Nick Cassidy
David Sansom**Otley Lions Club**Ian Walton
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Margaret McCulloch**Penrith Lions Club**

Peter Devine

Petersfield Lions Club

Hazel Nestor

Plymouth Tamar Lions ClubClare Lamb
Phil Lamb**Porthcawl Lions Club**Rhian Davies
Sue Lewis
Louise Roberts**Rayleigh Lions Club**

Medlyn Martin

Reepham Lions ClubShane Hall
Annette Keeley**Retford Lions Club**Robert Crampton
Suzanne Crampton
Geoff Lodge
Martin McKean
Wendy McKean
Sandra Tuson**Roche Lions Club**

Jean Crowle

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Lyn Jones
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Jacqueline Mountney
Kenneth Mountney

Southall Lions Club

Charandip Singh Bhatheja
Amar Singh Dhani
Isher Singh Raikmo

South East British Isles Virtual Lions Club

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Maureen Saunders
Glyn Upjohn

South Manchester Lions Club

Glenys Wright

Southwell and District Lions Club

Neil Parrott

Southwold Sole Bay Lions Club

Carol Southam

Stafford Lions Club

David Barker
Margaret Barker
Patsy Hibbs
Michael Houghton

Stamford and District Lions Club

Alasdair MacInnes

Stoke On Trent Lions Club

Peter Martin

Stonehaven and District Lions Club

Charlotte Anglim

Sudbury Lions Club

Bobby Das
Aurora Ghita
Rajendra Patel
Surendra Patel
Vipul Shah

Swaffham and District Lions Club

Sarah Bloomfield
Sheila Lewis

Swindon Lions Club

Andi Hunte
Kim Hunte

Taverham and District Lions Club

Melvyn Lumb

Tavistock Lions Club

Mark Faulkner
Gary Lynch

Tetbury Lions Club

Antony Buchan
Madeleine Dakin

Tiverton Lions Club

Elizabeth Fitzpatrick

Thanet Lions Club

Janice East

The Deepings Lions Club

Stephen Robertson

The Palace of Westminster Lions Club

Kevin Hollinrake MP
Nigel Knapton

Thorne Rural Lions Club

Geoff Burgess

Tickhill and District Lions Club

David Cantrill
Steve Hattersley
Keith Lawrence

Tonbridge Lions Club

Patricia Jordan

Trowbridge Wilts Lions Club

Denise Bates
Sheryl Jotcham
Clive Saunders

Tynedale Lions Club

Ian Johnson

Vale of Belvoir Lions Club

Iain Murray
Emma Owen
Janet Renshaw

Wanstead and Woodford Lions Club

Devinder Bahra
Kilvir Bahra
Parminder Degun
Pawan Kumar
Ashish Obhrai
Mukesh Kumar Sharma

Wareham Lions Club

Richard Newbury
Matthew Southam

Wellesbourne Lions Club

Steve Guice

Wells Somerset Lions Club

Asma Asif

Westbury Lions Club

Sarah Hiscocks

Wetherby District Lions Club

Patricia Wadsworth

Whalley and District Lions Club

Carole Powers
John Threlfall

Whitstable and Herne Bay Lions Club

Susan Turner

Windermere and Ambleside Lions Club

Marina Lord
Wendy Royall

Winslow Lions Club

Giles Loch

Winterton-No Lincolnshire Lions Club

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Wisbech Lions Club

Linda Gathercole
Victoria Norton

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Sean Clarkson
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John Christopher
Julie Daw
Paul Green
Pieter Robinson
Mary Spinks

Worthing Lions Club

Jodi Lilley

Wotton Under Edge Lions Club

Michael Badrick
Jane Mason
Jane Weston

Wroxham and Hoveton Lions Club

Janina Schiebler

Yateley and District Lions Club

Denise Deacon
Pratul Pasarkar
Tanya Deacon

Yeo Valley Lions Club

Valerie Dickens
James Stevens

The LION'S TALE: Remembrance in 2022



Lions across the British Isles were honoured to be invited to commemorate military and civilian service.

The bright red Flanders poppy symbolises resilience in the midst of chaos and hope for a peaceful world.

Each November, as Lions lay wreaths of poppies in local communities, we pause to reflect on the sacrifices made by members of the Armed Forces, their families, and civilians affected by conflict and acts of terrorism around the world.

This year, we also remembered the late Queen and the 70 years of loyal service she gave during her reign.

The Lions name stands for:

- Loyalty to a friend
- Loyalty to a principle
- Loyalty to a duty
- Loyalty to a trust
- We serve.



Bilston and Willenhall Lions

In Memoriam

Lions Clubs of the British Isles remember the Lions members who made a commitment to serve their local communities, we honour their memory.



Lions Clubs International
MD105 British Isles

Obituaries: A Celebration of Life

ACASTER: Lion Gordon
Amersham and Chesham Lions Club

AGAR: Lion Peter
Chichester Lions Club

ALBERT: Lion Lynne
Crosby Lions Club

ATKINS: Lion Tony
Warwick Lions Club

AUSTIN: Lion Jon
Sevenoaks Lions Club

BEERE: Lion Jacqueline
Teesdale Lions Club

BOORMAN: Lion Peter
Crowborough and District Lions Club

BOORMAN: Lion Susan
Crowborough and District Lions Club

BRANCH, Lion Nicholas Michael
Alton Lions Club

BROWN: Lion Victor Arthur
Dereham Lions Club

BURDETT: Lion Barrington
New Milton Lions Club

BYRNE: Lion Patrick
Cheltenham Lions Club

CARR: Lion Christine
Scarborough Lions Club

CARTWRIGHT: Lion Bill
Douglas Valley Lions Club

CARVEY, Lion John
Uckfield Lions Club

CHAMPION: Lion Roger Frank
Tenterden Lions Club

CLARKE: Lion Ronald
Black Mountains Lions Club

CRAWFORD: Lion Jack
Lowestoft Lions Club

CRIPPS: Lion Peter John
Credition Lions Club

DELVE: Lion Margaret
Gower and Llŵchwr Estuary Lions Club

DOUGHTY: Lion Peter
Beverly Lions Club

DRURY: Lion Dennis
Thorne Rural Lions Club

FARRELL: Lion Mark
Bristol Brunel Lions Club

FORD: Lion James
Northampton Eighty Lions Club

FOSTER: Lion George
Brigg District Lions Club

GOSLING: Lion Robert
Bridgend Lions Club

GREENWOOD: Lion Richard
King's Lynn Lions Club

HARRIS: Lion Audrey Alice
Northfleet and Ebbsfleet Lions Club

HITCHINS: Lion David
Reading Lions Club

HOLMAN: Lion Jennie
Knutsford and District Lions Club

HUMPHREYS: Lion Reginald
Bletchley Lions Club

KOHLI: Lion Anita
Coventry Godiva Lions Club

LAWRENCE: Lion Mike
Balsall Common Lions Club

LEA: Lion Jeff
Tavistock Lions Club

LITTLE: Lion John
Aberdeen Lions Club

LOMAX: Lion Tony
Woodley and Earley Lions Club

LONGLEY: Lion Graham Edwin
Eastwood Lions Club

LYNN: Lion Wendy
Glastonbury and Street Lions Club

MALHOTRA: Lion Vijay Kumar
Hayes and Harlington Lions Club

MERRIN: Lion Duncan
Keswick Lions Club

MILLER: Lion Jim
East Grinstead Lions Club

MOULTON: Lion Geoffrey
Beccles and District Lions Club

MYERS: Lion Reginald
Thorne Rural Lions Club

PATEFIELD: Lion Jim
Furness Lions Club

PATEL: Lion Rashmikant
London Finchley Lions Club

PEARCE: Lion Horace James
Sandwell Lions Club

PEMBERTON: Lion Ann Marina
Balsall Common Lions Club

PENNY: Lion Christian
Bradford on Avon Lions Club

PHILLIPS: Lion David
Hinckley Burbage Lions Club

QUANT: Lion Dennis Alan
King's Lynn Lions Club

RAGG: Lion Lynda
Harborough Twenty 12 Lions Club

REES: Lion Vance
Porthcawl Lions Club

RENALS: Lion Paul
Wadebridge Lions Club

RICKETTS: Lion Nigel
Westbury Lions Club

SAMPSON: Lion Phil
Guildford Lions Club

SHANTON: Lion Brian
Southend on Sea Lions Club

SHAW: Lion Dennis
Kendal Lions Club

SPENSLEY: Lion David
Hornsea District Lions Club

STIDEFORD: Lion Colin John
Plymouth Lions Club

TONG: Lion Bernard
Winterton-No Lincolnshire Lions Club

VANSON: Lion Raymond
Littlehampton District Lions Club

WALLIS: Lion Brian
Leatherhead and District Lions Club

WEBB: Lion David
Felixstowe Lions Club

WHITE: Lion Derek
Brecon Lions Club

WRIGHT: Lion Nigel
Morpeth Lions Club

YOGEN: Lion Joshi
Greenford Willowtree Lions Club



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