

LION

The magazine of Lions Clubs British Isles

Summer special 2022

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LION MAGAZINE – SUMMER SPECIAL

Welcome to this Summer special LION magazine, published by Lions Clubs British Isles.

This is the time of year when Lions get involved with hundreds of events and activities taking place outside, regardless of what weather the Summer months bring.

Lions are out and about in towns, cities, and villages. We're at the heart of local communities throughout the countryside and around the coast.

This is the magic that this special issue captures. After all the hard work behind the scenes, there's the buzz of excitement on the big day. Knowing that people – young and old – are relying on Lions to make things happen. Be that a favourite event that's run for years, something new, or a simple activity that means something to everyone involved.

As you'll see over the pages, Lions have been busy over the past months – and there's plenty more to come before the end of Summer. Planning and preparing. Sorting all the paperwork. Organising equipment. Loading and unloading. Rotas and checklists. Marquees and microphones. Using all the talent and skills of members, volunteers, and partner organisations.

Getting the word out. Designing posters and flyers. Media releases and interviews. Photography, video, and social media posts. Banners and pop-ups.

This is who Lions are and a big part of what we do.

Events and activities help raise vital funds for good causes. They build friendships, create memories and are great fun. They are a chance to talk about Lions and invite others to join us.

If you're reading this, and not already a member, you can find out more via our website – <https://lionsclubs.co/Public/volunteer/> - or by calling 0121 441 4544.

Please pass this copy of the Summer special LION magazine on to someone else to read and enjoy, when you've finished with it.

If you know someone who'd love to listen to a talking version of this Summer special LION magazine, or read a digital version, these are available at: <https://lionsclubs.co/Public/lion-magazine/>

The LION podcast, Step Forward and Volunteer is published on the second Wednesday each month. All issues can be downloaded, played via the website, or found on podcast platforms and smart devices, such as Alexa. To learn more visit: <https://lionsclubs.co/Public/lion-podcast/>

Thank you.



Photo by Jeremy Bezanger

LION Magazine
Summer 2022

#JoinUs
#LionsGetInvolved
#StepForward



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Please pass this copy on to someone else to read
and enjoy. Even better would be if you are able to
leave it somewhere in your local community where
others will be able to learn more about who Lions
are and what they do. Thank you.

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The theme of this LION Summer special celebrates the events and activities that Lions clubs across the British Isles include in their annual calendar. One example is the Great Knaresborough Bed Race which brings the town alive with decorated beds and a 2.4 mile racing challenge. On a smaller scale is the great idea by Westbury Lions encouraging young people to put down your tech and do something different. Then, be inspired by the Glastonbury talent showcase. Naturally, the Platinum Jubilee saw Lions celebrate with their local communities - read more about the festivities and participation in the Queen's 'Plant a Tree for the Jubilee'.

Don't miss more stories on the popular LION podcast, Step Forward and Volunteer, issued on the second Wednesday each month. To listen or download the podcast - and a talking/audio version of this LION Summer special - visit: <https://lionsclubs.co/Public/lion-podcast/>

Safety is an important aspect of the Great Knaresborough Bed Race - and something the Lions organising team takes very seriously.

With 30,000 people lining the 2.4 mile course, 80 teams of competitors - and a final 30-yard swim through the River Nidd's icy waters, every element of the day is checked and double checked.





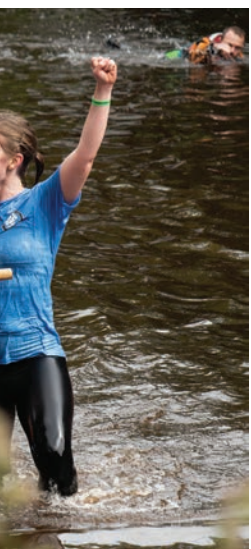
Great Knaresborough Bed Race • • • • •

The streets throbbed with noise as the 2022 Knaresborough Lions Parade and Bed Race thrilled the crowds. This year's theme for parade entries was: The Environment: Reduce, Reuse, Recycle - and the best dressed bed award went to a group of Knaresborough dads called The Rocketmen. Their steampunk inspired bed, The Magnificent Recycled Flying Machine, was quirky, fun and inspired their retro recycled outfits.

Then the race began. Teams from across the UK were ready. They raced down and up the hills of Knaresborough, through the town and on the main roads. The rumble of wheels on the beds, shouts and whistles from the crowds and the thumping feet of the runners chasing the win all added to an exciting atmosphere.



Photographs reproduced with kind permission of Andrew Hawkes and Upper Wharfedale Fell Rescue Association.



The wet and wild end to the Great Knaresborough Bed Race tests the endurance of the teams. Runners become swimmers and the rider on the bed holds tight and hopes the bed will float. Spectators line the river banks to clap and cheer the teams, including every straggler.

The 55th Great Knaresborough Bed Race was won for the 2nd time by GH Brooks coming in at 12.59 minutes (81 seconds quicker than before). Fastest all female team was Welly Wheelies.

Knaresborough Lions have fantastic support for this event. As well Lions clubs from across Yorkshire who help with the organisation, Harrogate Borough Council and the local community are thanked by Kevin Lloyd, chair of the Knaresborough Lions Bed Race. "It was an amazing day and took a real team effort."

CHANGE THE FUTURE

To mark Her Majesty's Platinum Jubilee, Lions clubs are invited to take part in The Queen's Green Canopy, a special tree planting initiative to create a legacy to benefit future generations.

Read more about how to get involved at: <https://queensgreencanopy.org/get-involved/>



Children and teachers were helped to plant trees at Chiltern Primary School, by Lennie the Basingstoke Lions mascot. One year 4 pupil told Lennie: "Planting a tree changes the future. This wild cherry will grow and provide food for the birds."

Fleet Lions have linked with local schools in Fleet and Church Crookham to plant 1700 trees. Members of Kingswinford and Stourbridge Lions led local planting of 520 whips. They were joined by Stourbridge guides and scout groups, the Three Fields community group, and Friends of the Earth Stourbridge.

Remember, if you've planted trees for the Queen's Green Canopy to pin these on the official website <https://queensgreencanopy.org/map-education-hub/> with a photograph – just like Budleigh Salterton Lions oak tree.





**Rest here awhile, not yet the eve is still the
bees are wandering yet - William Morris**

THREE LITTLE WORDS: LIONS FRIENDSHIP BENCHES

A map of Lions Friendship Benches across the British Isles is being created to help Lions and members of the public find a place to sit, meet new friends and chat to folk they already know.

Thank you to those clubs who have registered their bench after reading the feature in the [LION Spring edition](#). To add a bench to the map, email benches@lionsclubs.co.uk with a photograph and details of the location.

Go to <https://what3words.com/> to find the unique 3-word address – one is available for each 3 square metre space on the planet.

Havant Lions registered their friendship bench in memory of much loved friend and club member, Merv Skidmore. It offers a stunning view overlooking the Prinsted Channel. To visit and rest awhile, go to: <https://what3words.com/grumbling.trails.bikers>.



Westbury Lions do something different

Hundreds of local teenagers and their families came to the high street for Westbury Lions new 'Put down your tech and do something different' event.

The idea was such a success that the club hopes to make it an even bigger and better annual event. It's something other Lions could consider and two of the organisers, Heather Blackley and Geoff Curtis explains how it works:

The aim was to encourage young people to discover what they could get involved with in the town. Over the last couple of years, they've been unable to socialise and lost out on building important life skills at

what should be one of the best times of their lives.

Having the right location was central to how well attended the event would be – and we chose the high street. Next step was getting local authority approval. This can take some time – longer than we expected.

Eventually we were able to get in touch with various local organisations – Guides, Rugby Club, St John's Ambulance, Army Cadets, Youth Club, Martial Arts, Angling Club, Dance Troop and the Leos Club – to ask for their support for the new event.



Each agreed to set up a stand, where some of their young members could demonstrate activities and speak about what they do.

This was pivotal to the day's success. Hearing from their peers and learning about the benefits of getting involved resulted in every organisation signing up new members or getting enquiries about joining.

To create a buzz around the event, the local dance troop gave an opening performance that drew a crowd. Westbury Lions provided free street games and ran a competition to 'Guess the Lion's name'. The prize was a family ticket to two of the club's well-established events.

We also subsidised the cost of an inflatable attraction and ride for children of all ages. As a thank you to the stand holders, we organised a discounted hot roll and a drink with a local café, Aimis.

Next year, we'd like to develop a programme of events, including live group demonstrations through the day. There are so many talented groups in the local community – such as local dance schools, martial arts clubs and cadet forces – who would put on a great show.

It would be fantastic if other clubs want to run a similar event and encourage young people in their communities to join local organisations.



Inspiring tomorrow's Glastonbury headliners

Have you ever imagined yourself headlining the Glastonbury Festival? Performing in front of a hundred thousand adoring fans?

When you think about Glastonbury, do legendary performers such as Diana Ross and Sir Paul McCartney come to mind?

Or the hottest young singers and musicians from around the world getting a break on the Pyramid stage?

Within the distance a sound-check travels, Glastonbury and Street Lions have been

supporting the next generation of headliners with their Mid-Somerset Spectacular at Strode Theatre.

The welcome return of this popular community concert involved 12 schools and groups and a showcase of 25 performances on the professional stage. The line-up included rock bands, school choirs, ukulele groups, brass ensembles, dance groups, Samba and solo performers.

On two consecutive nights, two hundred young people – aged between 4 and 18 years old –



entertained a full house of 350 people. This was the first experience of such a large audience for many of the talented performers.

The Mid-Somerset Spectacular started in the late 1980s. Since then, more than 10,000 young performers have helped raise over £25,000 for good causes.

Glastonbury and Street Lions undertake stage management and front of house duties, with Somerset Music producing and directing the performances. Technical support is provided by the team at Strode Theatre.

You don't need to be a neighbour of Glastonbury Festival to support young talented musicians. David Atkins of

Glastonbury and Street Lions shares the secret to putting on a successful show.

“Most important is to have a desire to give young people the chance to perform on a professional stage. So, establish good contacts with schools, dance and music groups – find a suitable venue and remember to arrange DBS checks for every adult. This year we also benefited from securing a primary sponsor.”

Who doesn't remember the joy of a first standing ovation? We bet Sir Paul recalls joining John Lennon's Quarrymen at the age of fifteen for a gig at the St Peter's Church Hall fête in the Woolton suburb of Liverpool back in 1957.



Found. Tagged. Impressed.

Lions have been busy on social media sharing news of events and activities in smart ways. Here we share some super posts – and why they work.

Found @Facebook

Sandwell Lions Club

🍌 Come and join in the fun for the Platinum Jubilee Celebrations at Langley Park!

🍏🍌🍇 We are here with the Human Fruit Machine kindly loaned to us by

Droitwich Lions club

#sandwellions #WeServe #platinumjubilee

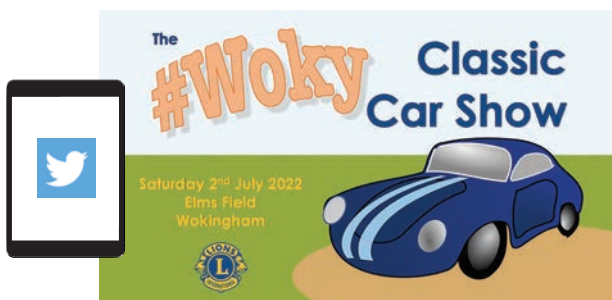


The Human Fruit Machine is a great idea – and was featured by Sandwell Lions on its Facebook page to promote the Platinum Jubilee Celebrations at Langley Park.

A montage of images is attention grabbing. In the text, a row of fruity emojis add a jokey link to the Human Fruit Machine. Add a fun 5-second video clip, hashtags – and this one's a winner.

Amusing and inspiring videos are a popular and powerful way to promote an event. Facebook Reels can be created on a mobile – making it easy to add music, audio, effects and text overlays to short and memorable mini-movies. Look out for trends and experiment.

Unlock your creativity: <https://www.facebook.com/creators/reels-for-facebook>



Tagged #Twitter

Wokingham Lions are excited to bring you Wokingham's first ever Classic Car Show on Elms Field!

If you have a Classic Car or Motorcycle that you would like to exhibit, please register your interest here
tinyurl.com/wokycarapply / fb.me/e/3azwwOoNh

A colourful illustration helped Wokingham Lions to showcase the first-ever Wokingham Classic Car Show on Twitter. A clear call to action for exhibitors, links to an application form and an events page on Facebook. Making everything easy to find and simple for the club to monitor and follow up.

A colourful, uncluttered illustration is great for catching people's interest and sharing headline information about a forthcoming event. There are lots of free ways to create graphics for social media. One example is Canva.

Unlock your creativity: <https://www.canva.com>



Impressed ❤️ Instagram

guildfordlions

Our popular Raft Race is back for 2022 on Saturday 2nd July as part of The Big River Race, with Surrey Care Trust and Zero Carbon Guildford!

If you'd like to enter the race, we want you to make a raft from recycled materials - here's a raft idea - you'll need a lot of pop bottles to make it!

<https://www.youtube.com/watch?v=sy95m1Q6EeE>

#guildfordlionsclub #rafttrace #thebigriverrace #surreycaretrust #zerocarbonguildford #buildaraft #raftbuilding #riverrafterace #surrey #guildford #loveguildford #weloveguildford #guildfordboroughcouncil #riverwey #fundraisingevent #charityevent #summeringuildford #guildfordsurrey #communitygroup

Instagram is known for its photo led posts and use of hashtags that others use to search on the platform. Guildford Lions chose an intriguing image, with a challenge. The link to a YouTube video shows an easy – and environmentally sensitive – way to take part in the Club's raft race.

The key to using hashtags is to follow the # with phrases that could draw attention to your post. On Instagram, a hashtag is clickable taking you to its own page. Some long and funny hashtags can be created. There's no need for spaces as Instagram users know how to read a hashtag. Come up with your own hashtag for an event – there's no cost, just type # and the keyword(s) you want to use. Use it on promotional materials and related posts will appear on the hashtag's page.

Unlock your creativity: <https://www.all-hashtag.com/>



#ICYMI

IN CASE YOU MISSED IT



Peace competition: The 2022-2023 Lions Peace poster and essay competition is open. Annually, over 600,000 young people express their vision of peace to inspire the world through their creative talents. The competition invites young people aged 11, 12 or 13 years old (at 15 November) to design a poster, and those who are visually impaired to submit an essay (no longer than 500 words), on the theme: Lead with Compassion. **Entry packs with full terms and conditions can be ordered at £14.00 (plus P&P) from Lions National Headquarters on 0121 441 4544.**



There is both a digital and talking version of the **LION Magazine (British Isles edition)** available. Click on <https://lionsclubs.co/Public/lion-magazine/> to download to read or listen to the audio wav file.



Kindness Matters award: When a South Staffordshire refuge became overwhelmed by the impact of COVID in 2020, welfare officers approached Lichfield Lions. By partnering with [Lichfield Talking News](#) and local community group [Helping Each Other](#), funds were raised to provide food, clothing, white goods and furniture for 97 families in need. This outstanding humanitarian service project was given the prestigious Lions Clubs International [Kindness Matters Service Award](#) for 2020-2021.

For more information on the 2022-2023 nomination process, see: <https://lionsclubs.co/MemberArea/knowledge/kindness-matters-award/>



Environmental photography contest: If you were inspired by the winning photographs in the Spring issue of LION magazine, now is the time to start shooting with your camera or mobile phone. The contest begins at club level and offers an opportunity to capture a variety of views within the local community. Original photo entries should portray pride and commitment to improve, protect and preserve the environment.

Further details can be found at: <https://lionsclubs.co/MemberArea/knowledge/lions-environmental-photograph-contest/>



Ways to listen to LION podcast

There are several easy ways for you to listen to Step Forward and Volunteer the monthly podcast from Lions Clubs British Isles. In each edition of the podcast, we feature stories, activities and events that make a positive difference in their communities across the British Isles and beyond.

You can listen:

On your phone

Download an app or visit one of the following platforms: Spotify, Apple Podcasts, Google Podcasts, Podbean. You can search for 'Step Forward and Volunteer' to listen and subscribe.

On your computer or tablet

You can listen to 'Step Forward and Volunteer' through any of the platforms listed above or by visiting: <https://lionsclubs.co/Public/lion-podcast/>

On your Smart Speaker

Smart speakers such as Alexa, Google Assistant and Amazon Echo are a great way to listen to podcasts. You can ask your speaker to play the latest episode e.g. "Alexa, stream the Step Forward and Volunteer podcast".

In your car

You can listen to all episodes of the podcast by linking your smartphone to your car's infotainment system (this is usually a touchscreen or display mounted on the dashboard). This can be done wirelessly through a Bluetooth connection or by connecting your phone with a charging cable.

Remember to let others know about Step Forward and Volunteer. If they haven't listened to podcasts before, please tell them about the format, why they might enjoy it and the many ways they can listen.



Scan me with your
phone camera

Jubilee Celebrations

Lions celebrated the Platinum Jubilee across the British Isles with their local communities, in style. There were parades, parties, music, entertainment and much more for all ages.

Watford Lions organisers of the Abbots Langley carnival and procession with a royal themed day





Ashford Lions stained glass decal for the train station



Bexhill Lions photo competition to be a Queen or a King



Oban and Lorn Lions own Queen Nicola at the charities day



Swanwick Lion Marian crafted a postbox topper



Lion winner at the Bourne Lions street fair



Filey Lions beacon lighting



Conningsby and Tattershall Lions afternoon tea and entertainment



Thanet Lions cream tea and show



Rugeley Lions concert



Littlehampton Lions right royal quiz





Budleigh Lions pebble art competition winner



Castleford and Pontefract Lions lantern festival trail featured on the arch



Eastleigh Lion mascot meets the Mayor



Wetherby Lions pudding fit for a Queen with Wetherby High School



Highworth Lion mascot joins in the fun



THANK YOU

A close-up photograph of a person's hand, wearing a grey knitted sweater, holding a light blue heart-shaped card. The card has the words "Thank you" written on it in a bold, black, sans-serif font. The background is a dark, textured wooden surface.

Thank you

Photo credit: jcomp@freepik.com

With gratitude to Lions and your local communities

Thanks to your generosity, the Lions Brain Tumour Appeal has secured a matching grant from LCIF to cover the cost of a £58,000 machine for the Brain Tumour Research Centre of Excellence, at Queen Mary University, London. Your support will improve speed and accuracy in identifying different types of brain tumours and help offer more positive patient outcomes.

Thanks go to all Lions who contributed towards the 2022 Marie Curie Great Daffodil appeal. Over the last 10 years, you have collected over £1 million. Your commitment has funded 50,841 hours of individual nursing care for terminally ill people in their homes and in Marie Curie hospices.

Thank you for helping the Lions International Blood Research Appeal (LIBRA) raise £150,000 for the 'Going for Gold' campaign. Your kindness enables LIBRA to support development of treatments for blood disorders and cancers at Kings College Hospital, London.

Donations towards these fantastic causes can be made through your district treasurer for LCI MD105 Brain Tumour and Paediatric Cancer Foundation and Lions International Blood Research Appeal (LIBRA).

To get involved with the Marie Curie Great Daffodil Appeal, please contact your local community fundraiser or email: cga@mariecurie.org.uk.

Community stories

Lions support local organisations and benefit from the support of many in their local communities. Thanks are due to everyone involved in the wonderful initiatives featured in these stories.

Fun and Games



The 10th anniversary tournament of Visually Impaired Bowls England (VIBE) took place at Clarence Park in Somerset. Support for competitors was provided by Lions from Worle, Weston-super-Mare and Clevedon clubs, including Clive Robinson, VIBE's honorary president.



Reepham Lions presented the Sunshine Memory Café with a boccia set. Similar to boules or pétanque, boccia is an indoor target sport using coloured soft balls. This tactical Paralympic sport is popular in the disabled community. The volunteer-run Café enables people living with dementia and their carers to enjoy social activities.



Crowds at the Holy Fair and Armed Forces Day in Ayr had fun with the games on Ayr and Prestwick Lions' stall. Challenges included finding the right key for a door and bashing a Malteser. The skill is to hit the chocolate sweet with a hammer when it emerges from a bendy tube.



Reproduced with kind permission

Mud, sweat and tears is the name of one of three courses at the Mud Master fundraiser co-hosted by Weston-super-Mare Lions and Puxton Park. The fun event encourages participants to get down and dirty when tackling obstacles, water and mud on their choice of 5K, 10K and 20K courses.

Fun and Games



Entertainment at the May Day celebrations organised by Whitstable and Herne Bay Lions included the Broomdashers and Creekside Cloggers. Over 260 children entered a poster contest, with Jazmine Newell of Joy Lane Primary School, winning a selection of art materials.



The annual East Meon Country Fair is a cherished event in the picturesque rural Hampshire village. Among the food stalls, beer tent, craft marquee and 'not very serious dog show', Meon Valley Lions were busy encouraging visitors to shout higher and lower with their cash prize Play Your Cards Right game.



Over 500 partygoers enjoyed live entertainment and a large selection of drinks at Party on the Pitch. The two-day festival, organised by Uttoxeter Lions, raised funds for prostate screening. Alongside popular local bands, a highlight was the Bruce Springsteen and E Street Band tribute band, Glory Days.



Kidderminster and District Lions sold 963 ducks in just over an hour for a sell-out race raising £2,900. Bewdley's Mayor and Mayoress fired the starting gun, signalling the moment for competitors to launch their ducks over the bridge into the River Severn. Winning duck #660 belonged to three-year old Joshua Kelley from Stourport.

Lions Health Service

In the last three years, over 1,500 knitted trauma teddies have been donated to the Southwest Ambulance Service, Devon and Cornwall Police, Devon and Somerset Fire and Rescue Service, and Dementia Care units. This remarkable achievement has involved Torpoint and Rame Lions, Launceston Lions, and South West Lions. These clubs have also donated 3,000 knitted hats to Special Care Baby units in Cornwall, Devon and Somerset.



Harrow and Pinner Lions have donated an End of Treatment bell to Jacks Place, a children's ward in Northwick Park Hospital. When members of the club met with staff, they heard the great news that four children had rung the bell the day they visited. Staff shared heart-warming comments from the children who were excited to go home at the end of their treatment.



When Baby Beat at Preston Royal Hospital issued a plea for support to fund two state-of-the-art neo natal cots, Kirkham and Fylde Lions responded. Nicola Entwistle, Children's Matron at Lancashire Teaching Hospitals said: "These Tom 2 cots will help enhance the care provided to babies and their families, allowing for a greater ease of access for clinical staff to reach the baby, and offering a more interactive experience for parents."





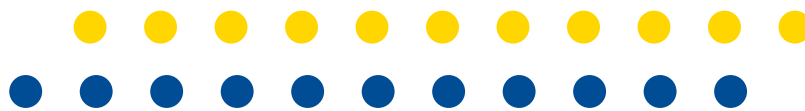
After a neighbour's death from a brain tumour, Deepings Lion Nicki Waldie, persuaded her husband to do a tandem skydive in his memory. Recalling the experience, Nicki said "We fell 8000 feet in about 40 seconds at a maximum speed of 120 mph before the instructor opened the parachute and we gently floated down. It was absolutely amazing, and raised £2,025 for Lions Brain Tumour Appeal."



Ellesmere Port Lions agreed to help a local organisation addressing period poverty when club member, Sarah, heard about the problem. Giving Against Period Poverty supports local schools and young mums. With the help of their local Tesco's Community Champion, the club was able to donate a supply of sanitary products.



The latest project by Dursley Lions at Vale Hospital is a dementia garden. Ann's Garden has been included in 'The Garden Pathway' <https://thegardenpathway.org/>. The newly completed garden is named after the late wife of club member John Tofi, who took the lead on the project. As well as donating a patio set and a water butt, Lions will continue to provide many hours of work in the hospital gardens.



Community support



A rare opportunity for a private tour, with a cream tea, at the William Medcalf Vintage Bentley works was enjoyed by 50 lucky individuals. The sell out initiative enabled Petersfield Lions to raise £1,000 to support humanitarian aid in Ukraine.



The Witney Lions Dream Scheme awarded a share of £4,000 to 11 local organisations. These included the 1st Aston Brownies, Witney Vikings youth football, Aston and Cote Day Centre, North Leigh seniors luncheon club, The Witney Shed, Got2B and Broadhill Preschool.



Boroughbridge 98 Lions have started environmental projects in local schools, after donating Wild Tribe Heroes books. Every pupil will decorate a name tag for 1,000+ native British trees being planted on Sally Farm, managed by a club member.



When collecting items from stores for a local community centre, Warwick Lions realised flowers beyond their sell-by date were thrown away. The stores recognised their potential to do good, and have given the blooms to Lions to re-distribute.

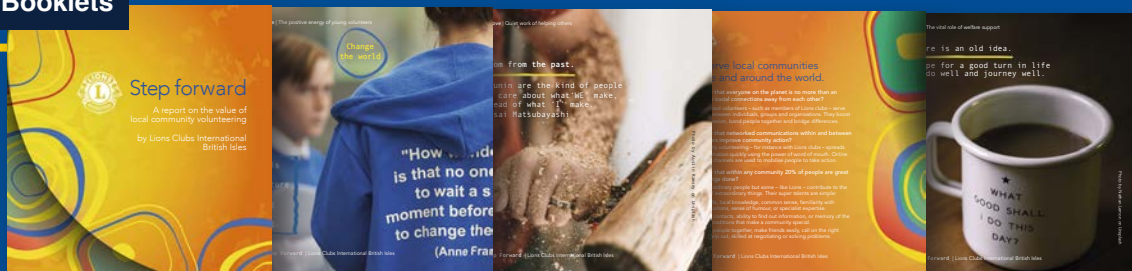


Lions Step Forward resources

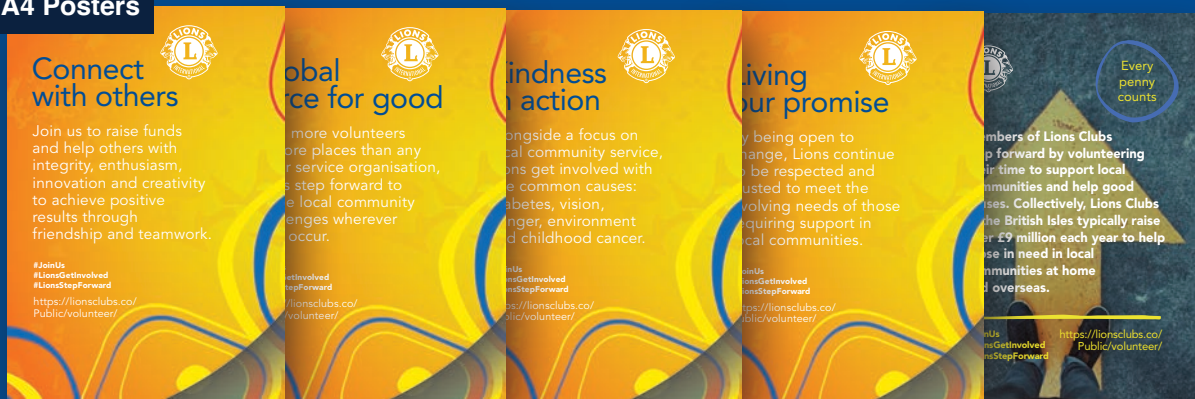
Following the successful launch of the Step Forward community report, new marketing resources have been published.

Together these eye-catching materials help Lions to share their passion for local community volunteering, talk about how their club makes a difference, and encourage people to #JoinUs.

Booklets



A4 Posters



Postcards and Leaflets



NEW: Copies of a Step Forward mini-leaflet, as well as sets of postcards and posters (in various sizes), are available to purchase.

FREE: A box of 50 copies of Step Forward reports can be requested, with only the cost of postage to pay (one box per club allocation, while stocks last).

ORDER: Please get in touch with Lions National Headquarters on **0121 441 4544**.

CONGRATULATIONS

Thanks to the efforts of millions of Lions around the world, the Lions Clubs International Foundation has exceeded the target of Campaign 100: LCIF Empowering Service. The final figure was an incredible \$324,687,263.

The generosity of members of Lions Clubs British Isles towards this goal has been amazing. Your fund-raising, collections and pledges will support so many humanitarian causes. Congratulations – together we make a difference.





#StandWithUkraine

As the humanitarian crisis in Ukraine continues, Lions across the British Isles are working with a range of partners to offer help and support.

Around 900 babies are being born every day in Ukraine, according to Baby Lifeline, an organisation helping pregnant women as well as mothers and babies. The charity has worked with medical experts to develop out-of-hospital birth bags to help those faced with delivering babies in evacuating hospitals, train stations and bomb shelters.

Balsall Common, Marston Green and Great Yarmouth Lions have provided financial support to supply birth bags that are manufactured in the UK. The birth bags contain essential equipment and translated emergency information enabling health professionals to give care in the most appalling conditions.

To find out more visit
www.babylifeline.org.uk/



Isle of Axholme Lions, their twin club d'Bernisse in Holland, and Lions of Calisia in Poland, have partnered with the healthcare specialist proHIGENIA to supply a range of medical aid to Zaporizhzhia in Ukraine.

The purchased equipment includes: intravenous cannulas, cannula patches, infusion fluid transfusion apparatus, emergency bandage trauma dressings, nitrile gloves, syringes, and tactical stasis. To learn more about this partnership follow [AxholmeLions](#) on Facebook.



Mission possible to Ukraine

Showing a real can-do spirit, Chipping Sodbury Lions decided to provide direct support for Lions of Kyiv and Ukrainian refugees displaced by the conflict. The idea was to take a coach filled with aid from the UK to Poland and return with families registered under the Homes for Ukraine scheme.

Sounds impossible? Not for the intrepid team gathered by club member, Ian Gott, to complete the mission. The first challenge was to organise transport. With amazing generosity, Kevyn Jones, managing director of Turners Coachways based in Bristol, offered a fuel filled coach, with drivers Piotr and Owain volunteering their time.

Neighbouring Lions of the Wotton-under-Edge club became a partner for the venture and member Jessica Eastland volunteered to take part. Food, trauma bags and a range of medical supplies were generously donated by local communities to Turners and the Yate Shopping Centre, as well as from Lions clubs.

After weeks of planning and preparation, everything came together, and the 'impossible' mission became a reality. Lions Ian Gott and Jessica Eastland were on board and ready for the 1,200 mile journey to Poland. Andrea Brown and Sophie Abbott came aboard from 'Coventry supporting Ukraine' to deliver children's backpacks to displaced families in Poland.

Two long days later the coach reached the warehouse in Krakow. On arrival, Kyiv Lion, Stuart McKenzie and colleagues were ready to unload the coach, so the aid could be transported to Ukraine for distribution to those in need.

Mission Possible Part 1 complete. Next stop was the centre of Krakow for much needed local refreshments. Cheers!

Part 2, the return journey, was made possible thanks to incredible support from volunteers through several Facebook sites. A special thanks goes to Sally who travelled from Warsaw to Krakow with a mini-bus. She made two separate journeys through the night to bring Ukrainian families to the hotel.

The following morning, Jessica Eastland and Ian Gott assisted 41 Ukrainian passengers and a returning volunteer aid worker onto the coach with their luggage. Passport and visas checked – ready to depart.

At the overnight stop in Dortmund, Germany, they were met by the UK hosts of one of the passengers. Being heavily pregnant and accompanied by two children, they were travelling the rest of the way by car, for fear of an early labour.

A custom's stop in Germany caused a lengthy delay meaning it was after midnight when the coach arrived at the hotel. A quick detour to McDonald's was unanimously agreed as a welcome treat.

Mission Possible Day 4. Calais in sight. Despite slow progress through customs, everyone boarded the ferry with a sigh of relief.

Back in England, some families were met at Dover train station by volunteer Alex for onward travel. Finally, the coach arrived back at Yate at 11pm, where sponsors and members of Wootton under Edge provided overnight accommodation for Ukrainian families who the next morning took the train to Edinburgh.

Ian Gott said "Seeing how happy everyone was to be safely in the UK makes all the effort worthwhile."

Messages received from the Ukrainian families:

"We didn't want to say goodbye. The bus became a home for us, it was so good and safe, thanks to you. We thank you all the time for your great work!"

"Aw, thank you for helping me. You are our guardian angels. Thank you for your kind hearts."

Photographs with kind permission of RichMcD Photography

LION

Autumn/Winter Issue focuses on Welfare and Wellbeing

The theme of the next issue of the LION Magazine will cover the vital role Lions Clubs play in welfare support, and the health and wellbeing of their local communities. Responding to requests for help locally, in partnership, and overseas through the provision of humanitarian aid.

LION Magazine – British Isles
can be downloaded as a pdf, read online or listened to
www.lionsclubs.co/Public/lion-magazine



LION Magazine wants to hear from you!

LION Magazine welcomes club stories and photographs. The editorial team reviews all contributions when planning each issue, developing the themed features, and writing articles. Stories need to be of interest to most of the magazine's readers – both Lions and members of the public – to stand a chance of being included.

What makes a good story?

A good story is one that stands out and is memorable. It might involve an original or unusual activity, project, or fundraiser. Or maybe it adds a twist or new approach to an old classic, that will inspire other clubs.

Consider how you'd tell the story to a friend – and not lose their interest. Include a quote – in their own words – from someone who took part in an event. Show how money raised helped people in the local community. Share the effect on real lives. Were problems overcome, tears dried, or funny bones tickled?

Don't sweat over the wording. Our editorial team will craft the piece if you provide the main facts and relevant supporting details. Please check spelling of names for people and places.

NOTE: The LION doesn't report club social activities, anniversaries, or charter events.

What makes a good photograph?

A good photograph enhances a story. A great shot is the story. Event, project, and fundraiser photographs should feature people – and their expressions. Help people relax. Be informal, frame tightly and capture those magic moments.

Show the story. That means how donations are used, not a cheque presentation. Photograph people doing interesting things, in interesting places, in interesting ways. Take a variety of images (including portrait and landscape) to offer options to the LION editorial team. Ensure all photos you submit are hi-resolution and sharp (not blurry).

NOTE: You need to get written agreement from everyone visible in a photograph before sending it to the LION.

How to submit your stories and photographs.

Please send your text as an attachment in an email, with accompanying photographs, to:
lion.editorial@lionsclubs.co

In the email, include club name and contact details: email address, name, and phone number of the person submitting the story. A member of the editorial team may need to get in touch to obtain further information.

NOTE: Contributions may be sent at any time as they will be held for consideration in the next issue of the LION.

CONTACT DETAILS

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by authority of the board of directors:

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Digital editions and app downloads of issues of
LION Magazine can be found at:

<https://lionsclubs.org/en/footer/lion-magazine>



We Serve

MISSION STATEMENT OF LIONS CLUBS INTERNATIONAL:

To empower volunteers to serve their communities, meet
humanitarian needs, encourage peace and promote
international understanding through Lions clubs.

Patron of the Lions Clubs of the British Isles
Her Royal Highness The Countess of Wessex

THE LION MAGAZINE [British Isles Edition]

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Submission guidelines for the next edition

Feature ideas, articles and photographs proposed for future
issues should be of interest to the majority of readers,
who include Lions and members of the public. Please
provide information about the story and who is involved,
as well as relevant details such as location and dates.
Include a contact name and phone number. Remember
that any photographs need to be eye-catching and of a
high standard. Confirm you have permission for these to be
published. Thank you.

EDITORIAL CONTACT: email: lion.editorial@lionsclubs.co

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Join Us

Welcome to the hundreds of new members who have joined Lions in recent months.



Wear your Lions pin with pride. It is a symbol of the amazing service undertaken by millions of ordinary Lions working together since 1917. You're among friends and like-minded individuals when you wear your pin. Show others what it means to be a loyal Lion – someone who can be trusted to do their best to help those in need. Share your pride by speaking about the good work Lions do to support local communities at home and overseas.

New members bring fresh ideas and a shared commitment to help others. They get involved in activities and events in local communities across the British Isles.

We asked some new members three questions:

- What's the best event you've ever been to in your local community?
- Do you prefer to get involved 'behind the scenes' or 'front of house'?
- Have you any ideas for events or activities that Lions could do in their local communities?

Here's what they had to say.



"I prefer to get involved delivering activities. The recent Jubilee big lunch held in my street brought the whole close together with a minimum of pre-planning and formal organisation. It showed that one meeting to agree a common purpose, a WhatsApp group, and a positive attitude can create a memorable event without anyone feeling stressed or unduly put upon."

Neil Hoose, Banbury Lions Club





“Dudley Lions bingo night was really good fun. When it ended, strangers felt like friends and wanted to know when the next one would be. I’m an ideas person. The club is supporting my suggestion of trialling a ‘Heat tin’. It helps people save spare change to be donated to those facing a choice of eating or heating. We’re working with Warmer Homes, West Midlands, who will distribute the money raised.”

Michele Preece, Dudley Lions Club



“I enjoy working behind the scenes – especially when someone tells me what to do. We have a fundraising committee to discuss ideas. These unravel, grow, details are added, practicalities put in place – and before you know it, another event is born. There are fun quizzes with delicious ploughman suppers which embrace adults out to have a fun evening with family and friends. And fairy trails, Easter, Halloween that bring everyone together. Each is memorable for different reasons.”

Julie Rhatigan, Bexhill Lions

“A recent event, FunFest, was brilliant. There were so many families having a good time, and it didn’t matter how long it took for the amazing kids to take part in the activities. It was great to work with other Lions Clubs to make this happen. I’m also happy behind the scenes – and something I’d like to see us do is teach the community about online security as that can catch out anyone – young or old.”

Tim Clark, Yateley Lions



If you would like to make a difference, don’t wait to be asked. **Get involved.**

Tel: 0121 441 4544 | **Email:** enquiries@lionsclubs.co

Web: www.lionsclubs.co/Public/volunteer/

Facebook: LionsClubsBI



Welcome new Lions members and new clubs

All members of Lions Clubs of the British Isles share a commitment to serve their local communities.



#JoinUs
#LionsGetInvolved
#StepForward
#OpentoChange

Abertillery Lions Club

Barrie Page

Abingdon Lions Club

Kerenza Begley
Luke McSweeney

Accrington Lions Club

Nichola Jones

Allendale Lions Club

Mandy Charlton
Shelly Scholes

Alnwick Lions Club

Mike James
Phil Ingram

Alton Lions Club

Colin March
Lisa March

Ashford Lions Club

Andrew Watson
Michelle Hawkes
Shane Collier

Aylesbury Lions Club

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Babbacombe and St Marychurch Lions Club

Janet Squires

Balsall Common Lions Club

Gary Hall
Gary Hover
Ian Hedley

Banbury Lions Club

Neil Hoose

Bexhill on Sea Lions Club

Andy Holter

Biggleswade-Sandy Lions Club

Karen Bird

Billingshurst and District Lions Club

Anne Holmes
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Deborah Layfield

Birmingham Chinatown Lions Club

Adam Cooksley

Birmingham Moseley and Kings Heath Lions Club

Chandrash Ajayakumar
Kim Beverley

Blackmore Vale Lions Club

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Julie Otter
Simon Cullum
Timothy Otter

Bletchley Milton Keynes Lions Club

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Linda Gosnell

Boroughbridge 98 Lions Club

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Stephen Brown

Bradford on Avon Lions Club

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Isles 2020 Virtual
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Harbhajan Rooprai

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Anthony Gurney
Christopher Braysher
Nicholas Gibson
Robert Norton

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Melksham Lions Club
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Ajoy Pandit
Ratilal Vadher

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Newquay Towan Blystra Lions Club
Rhys Morris

Norwich West Lions Club
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Margaret Drake
Marion Langdon
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Stuart Walton

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Petersfield Lions Club
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Plymouth Lions Club
Dawn Hill
Pamela Greenwood
Wendy Constable

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Jaswinder Singh Sandhu
Kulwant Sandhu
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Watford Lions Club
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Stephanie Gow

**Woolwich and Greenwich
Lions Club**
Ramesh Talwar

Wymondham Lions Club
Nigel Evans

Yarm District Lions Club
Firas Soudani

A LION'S TALE: National Memorial Arboretum A place to remember



The National Memorial Arboretum in Staffordshire is a place to remember – visit any time of the year to be inspired by the stunning landscape.

Learn the incredible stories of service and sacrifice behind some of the 400 memorials at the site through a programme of activities. These include guided walks, daily talks, buggy tours and a land train providing an easy way to enjoy 150-acres of memorials, gardens, grounds and woodlands.

Coinciding with the Birmingham 2022 Commonwealth Games this summer, the Arboretum has a programme of exhibitions, events and activities exploring 'Sports, Service and the Commonwealth'.

The Queen's Commonwealth exhibition in the Millennium Shelter, explores the monarch's role, celebrates countries where a third of the world's population live, and examines how the Commonwealth fosters collaboration and friendship through a shared spirit of service.

The all-new augmented reality experience, Commonwealth Outdoor Escape Challenge, and a collaborative art installation highlight the camaraderie of communities across the Commonwealth who have served together as well as the role of sport in the Armed Forces.

Toilets, food and drink facilities, a gift shop and galleries featuring the latest exhibitions are located in the state-of-the-art Remembrance Centre.

The Arboretum is free to visit, but online booking is recommended to guarantee entry.

See: www.thenma.org.uk

In Memoriam

Lions Clubs of the British Isles remember the Lions members who made a commitment to serve their local communities, we honour their memory.



Lions Clubs International

MD105 British Isles

Obituaries: A Celebration of Life

ADAM: Lion Christine
Henley on Thames Lions Club

ADAMS: Lion Kenneth
Roche Lions Club

ALLEN: Lion Ian Peter
Gillingham Lions Club

ARCHER: Lion Tom
Barnstaple Lions Club

ARORA: Lion Joginder Kaur
London Action Lions Club

ASHWORTH: Lion Josh
Vale of Belvoir Lions Club

BADIANI: Lion Dhiren
Moor Park Lions Club

BASSON: Lion Robert
Shakespeare Lions Club

BAYNES: Lion Nigel
Allendale Lions Club

BECK: Lion Christopher Charles
Wetherby Lions Club

BRIGNELL: Lion Peter
Sevenoaks Lions Club

BROOKINGS: Lion Ronald Owen
Guildford Lions Club

BROWNING: Lion Leslie
Blackburn Lions Club

BUDDHDEV: Lion Manilal
Enfield Lions Club

CAUGHLIN: Lion Francis
Littlehampton District Lions Club

CHADWICK: Lion Frederick Neville
Oadby and Wigston Lions Club

CRANK: Lion Harold BEM
Birchwood Lions Club

DAGWELL: Lion Jacqueline
Gower and Llŷchwyr Estuary Lions Club

DENNETT: Lion Jeff
Thorne Rural Lions Club

DIGGLE: Lion Joan
Wisbech Lions Club

ELAND: Lion Brian
Droitwich Lions Club

FLAHERTY: Lion Ted
Holsworthy Lions Club

FOSTER: Lion Ian James
Hereford Lions Club

FOWLER: Lion David
Loddon Valley Lions Club

GEORGIU: Lion Peter
Rayleigh Lions Club

GILBERT: Lion Suzzan
Accrington Lions Club

GRATRIX: Lion John Stuart
Fleetwood and Cleveleys Lions Club

GRIMWADE: Lion Michael
Eastwood Lions Club

GUBBIN: Lion David John
Exeter West Lions Club

HALE: Lion Eric
Solihull Lions Club

HANNON: Lion Iris
Maltby Rother Valley Lions Club

HAYES: Lion Steve
Anglesey Central Lions Club

HOBBS: Lion Stanley Peter Joseph
Woking Lions Club

HOWE: Lion Phillip
Tetbury Lions Club

HUGILL: Lion Colin
Bridlington Lions Club

HURST: Lion Kenneth Arthur
Wallasey Lions Club

ILETT: Lion Tom Edward
Harrogate Lions Club

JONES: Lion Michael
Roche Lions Club

KEETCH: Lion Pam
Seaton Lions Club

MARTIN: Lion Charles
Wisbech Lions Club

MASKELL: Lion Terry
Rottingdean and Saltdean Lions Club

MATTHEWS: Lion Albert (Joe)
Brighton Lions Club

MCLEAVY: Lion Martin
Woodbridge and District Lions Club

MCMILLAN-COX: Lion Graham
Ashby-De-La-Zouch & Coalville Lions Club

MEHTA: Lion Minesh
London Hendon Lions Club

MORGAN: Lion Jill Patricia
Bletchley Milton Keynes Lions Club

MORRISS: Lion Brian
Rayleigh Lions Club

NEWSON: Lion Colin
Clacton on Sea Lions Club

NICHOLLS: Lion Fred
Banbury Lions Club

NICHOLSON: Lion Brian William
Lytham St Annes Lions Club

OWEN: Lion Iorwerth
Prestatyn and Rhyl Lions Club

PARSON: Lion Walter Cyril
Plymouth Lions Club

PATEL: Lion Ghanshuam (Gunner)
Hemel Hempstead Lions Club

PATEL: Lion Sumant
Hemel Hempstead Lions Club

PEARSON: Lion Dennis
Llandudno Lions Club

POWELL: Lion Colin
Truro Lions Club

PRESCOTT: Lion Colin
Swale Lions Club

RETZLER: Lion Willi
Long Stratton Lions Club

ROWSE: Lion Dereck Charles
Crewkerne Lions Club

SALTER: Lion John Richard
Woking Lions Club

SCORER: Lion David
Utttoxeter Lions Club

SHORTLAND: Lion Peter
Keswick Lions Club

SMITH: Lion Stella Kate
Birmingham Exhibition Lions Club

SOUTHAM: Lion Alan
Wareham Lions Club

STRATFORD: Lion Eric
Midhurst Lions Club

SWAYNE: Lion Christopher
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THORNHILL: Lion Roger
Hethersett District Lions Club

VICKERS: Lion Ronnie
Corby and District Lions Club

WALLUM: Lion Peter
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WANT: Lion Anthony
Knutsford and District Lions Club

WILLMOTT: Lion Graham
Newquay Lions Club

YOGEN: Lion Joshi
Greenford Willow Tree Lions Club

"The toilet we had before was always dirty because we never had water to clean it. But now WaterAid has made water and toilets available for our school and we have enough water."

Habtuma, 17, Amhara region, Ethiopia

Building foundations for the future



How can children thrive at school if they don't have clean water and toilets? In sub-Saharan Africa, over half of all schools do not have a basic water service or decent toilets. It means children spend their days thirsty, dehydrated and struggling to concentrate. It means that girls have nowhere hygienic and private to manage their periods, so often miss classes, or even drop out of school.

But we're determined to change this. By the end of March 2024, under the umbrella of the Sustainable WASH programme and in collaboration with the Millennium Water Alliance, we're planning to reach 11,000 students with access to water, sanitation and hygiene in schools in the Amhara region of Ethiopia.

Habtamu's school has already seen the benefit of clean water and decent toilets, and Habtamu is proud to have also received training from WaterAid in hygiene awareness. He's now the Sanitation Minister of his school's WASH club, and trains other students on good hygiene practices.

Can your club help us reach even more schools like Habtamu's? Pledge to raise £1,000 or more towards our Ethiopia - Elevating Impact project, and we'll send your club detailed biannual reports on how your support is transforming lives. **Together, we can spark lasting change with access to clean water, decent toilets and good hygiene. Together, we can ensure children like Habtamu realise their potential.**

Call 0207 793 4594 or email us at supportercare@wateraid.org to find out more.